

## Simple Beaded Wristlets and Sock-Not Cuffs



Four easy styles of beaded-garter cuffs that give you the freedom to explore a myriad of color and bead placement combinations. These cuffs can be worn on your wrists as mitts, pulse warmers or bracelets; and on ankles as a dress-up over plain socks. A single cuff also makes a chic holder around your water bottle, serves as an eye-catching coffee cup cozy, or as a dress-up to any other place that begs to be cuddled by yarn and glint of beads. The basic knit stitch and an easy beading technique make these simple and fun for anyone to make.

### Sizing

The garter stitch fabric in these beaded cuffs is stretchy and can accommodate a range of sizes.

All cuff styles are planned for approximately 7" circumference unstretched. Length of Style 1: 3¾"; Style 2: 5½"; Style 3: 5½"; Style 4: 5¼".

These beaded cuffs can also be easily adjusted for other circumferences and lengths. If making larger, consider additional yarn and beads.

**Pictured models** were knitted in Lorna's Laces Shepherd Sock superwash wool/nylon yarn and Miyuki beads.

Shown left to right around base of hand mannequin —

Style 1: (also shown below worn as a sock-not cuff) #12ns Lilac yarn and Lavender Bliss Mix beads

Style 2: (also shown worn on hand as a mitt) #18 Watercolor yarn and Metallic Rain Mix beads

Style 3: #56 Mt Creek yarn and #264 Lined Magenta AB beads

Style 4: #42 Cool yarn and Teal Tones Mix beads

### Yarn, Beads and Needles

Smooth fingering weight yarn and size 8/0 seed beads. I like to use high quality beads that can be washed without fear of fading or losing their finish.

Approximate yarn and bead amounts for a pair of cuffs —

Styles 1 - 3: 100 yards (1 oz/28g) and 30g beads

Style 4: 75 yards and 20g beads

Size US 1 (2.25 mm) or US 2 (2.75 mm) knitting needles, or whatever size needed to obtain a gauge of 7½ stitches per inch over garter stitch. These cuffs are knitted flat, so you may use your choice of any type of needles for knitting back and forth.

A needle two sizes larger than the needle size used to obtain gauge. This needle is used for binding off only, so any type knitting needle you have handy will do.

Bead stringing needle - Your choice of any small-eyed needle or collapsing eye needle that can pass through the hole in your beads. Examples are a small tapestry needle, a nylon dental floss threader, or a regular sewing needle.

