



Basic Toe-to-Cuff Sock ...

... knit socks with the same popular shaping and fit as those begun at the cuff! Worksheet and general instructions allow you to use any yarn and knit socks in any size.

← Baby-sized sock in worsted weight yarn. You can use any yarn weight and make any size with these pattern instructions

Yarn, needles and supplies

Select your yarn and appropriate sized knitting needles to make a firm, yet supple, gauge. The following chart will give you some guidance.

Remember — these are guidelines only. Use this as a starting point, and keep a record of your own experiences.

You will need a measuring tape marked in metric units, i.e. cm (centimeters), and mm (millimeters - these are the 10th's divisions marked between the cms).

For starting the toe of the sock, you will also need

- ◆ a crochet hook that is a little larger size than your chosen knitting needles
- ◆ a short piece of smooth firmly twisted string

	For My Yarn		
Knitting Yarn Type	worsted weight	sport weight	fingering weight
Wraps per inch (wpi)	11 - 12	13 - 15	16 - 18
Average yardage (wool)	65 yds/ oz (110 m/ 50g)	100 yds/ oz (175 m/ 50g)	125 yds/ oz (220 m/ 50g)
Amount for adult sock*	6 - 8 oz (150-200g)	4 - 6 oz (100-150g)	3 - 4 oz (75-100g)
Double point knitting needles**	4 US (3.5 mm)	2 US (2.75 - 3.0 mm)	0 - 1 US (2.0 - 2.25 mm)
Gauge sts per 1" (10 cm)	5½ (22)	6½ (26)	8 (32)

* These amounts are guidelines for an average adult size basic crew-style sock. You may need more yarn for longer than average socks (either foot length and/or leg length) or for dense yarn (low yardage to weight, e.g. cotton or blend). Smaller socks likewise can take less yarn. If concerned you may be a little short, divide your available yarn in ½ and knit each sock to leg length possible!

** A set of 4 or 5 needles can be used

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Basic Toe-to-Cuff Worksheet

Measurements

G - Gauge: ____ sts per 10 cm
on needle size ____ us / ____ mm
with yarn _____

FC - Foot Circumference (measure around at widest part): _____ mm

FL - Foot Length (measure bottom of foot from longest toe to back of heel):
_____ mm

Calculations

SC - Sock Circumference:

$$(FC) ___ \times 0.90 = ___ \text{ mm (looser)}$$

OR

$$(FC) ___ \times 0.85 = ___ \text{ mm (snugger)}$$

GS - Length to start of instep Gusset Shaping:

$$(FL) ___ - (\frac{1}{2}SC) ___ = ___ \text{ mm}$$

BN - Base Number of sock stitches:

$$(SC) ___ \times (G) ___ \div 100 = ___ \text{}$$

Round this number to the next higher whole number that is a multiple of 4:

$$BN = ___ \text{ sts}$$

B3 - Approximately $\frac{1}{3}$ BN = ____ sts

B9 - Approximately $\frac{1}{9}$ BN = ____ sts

(Fill in above two numbers from the following table)

BN	40	44	48	52	56	60	64	68	72	76	80
B3	13	15	17	17	19	19	21	23	23	25	25
B9	4	6	8	6	8	6	8	10	8	10	8