Down and Up Lace Socks

Not sure how much yarn you have and prefer to knit your socks top-down from heel and toe? Here are socks just for you in a pretty lace that caresses the feet in all the right places. Start your knitting at the ankle and work down to the toe, then work up from the ankle to the top of the cuff.

Note the attractive pattern details on heel and instep. I designed the placement of the lace panels and ribbed columns for both the aesthetics (to give a slimming look to the leg and foot) and the functional (providing good fit).

Down and Up Lace Socks is first in the series "It's an Upside-Down World: directional stitches in lace".

Sizing

Instructions for size Small-Medium are followed by Medium-Large in [] brackets with finished measurements as follows —

sock foot circumference: 7½ [8]" (allows for moderately snug fit to show off the lace)

top of heel flap to cuff edge: 6½"

sock foot length: 9 [10]"

If nothing is given in brackets, the instruction applies to both sizes.

Heel flap depth and foot of sock can be knitted to length desired.



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Yarn and Needles

300 [340] yards of fingering weight yarn

Size 1 us / 2.25 mm knitting needles, or size needed to obtain planned gauge; your choice of double point or circular needle(s)

Gauge: 8 stitches per inch over stockinette stitch

For provisional cast on: 2 - 3 yards smooth waste thread (e.g. size 5 or 10 crochet thread) and crochet hook size E or F

Skill level: For the experienced or confident sock knitter who likes something a bit challenging or different

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I strive to make your pattern accurate and complete. If I have overlooked something, or if you have problems or suggestions, please let me know at: HeartStrings, 53 Parlange Dr, Destrehan, LA 70047, (985) 764-8094, Jackie@HeartStringsFiberArts.com