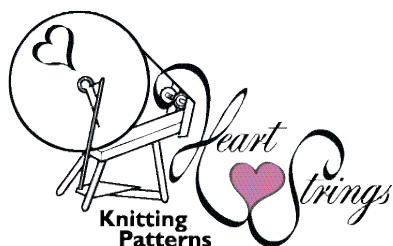


HeartStrings Knitting Patterns

for today's modern knitter take knitting beyond
the ordinary with clear comprehensive instructions



4-up Sample Page Catalog

HeartStrings FiberArts is dedicated to advancing
the art of knitting through innovative designs
based on tradition in updated techniques

Excellent pattern support for the yarns and fibers you already stock

Distinctive patterns for every level

Skill-building instructions to inspire and advance

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#A87
The Skinny
on Lace Sash

HeartStrings FiberArts

Distinctive knitting patterns for every level

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Skill-building, comprehensive instructions

Excellent pattern support • Yarn-brand independent

Patterns to take knitting beyond the ordinary ...

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Since 1995, Jackie Erickson-Schweitzer (Jackie E-S) at HeartStrings FiberArts has been professionally designing and publishing skill-building, comprehensive, knitter-friendly pattern instructions. HeartStrings yarn-brand independent patterns are an excellent way to extend the pattern support for yarns you already stock and inspire knitters in making their own heartfelt creations.

The HeartStrings Knitting Pattern Collections

The **Jackie E-S Design Collections**, **The Sock Calendar Series**, and **Comfort Collection** include patterns for designs ranging from the classic to the uniquely appealing. There is something for everyone: garments, shawls, scarves, socks, mitts, hats and other fashion accessories, as well as home decor and whimsies.

HeartStrings quality publications are ready for you to display and sell as is, or kit with yarns you stock for a value-add unique product offering.

HeartStrings patterns also make a good basis for classes in your shop. Each pattern spotlights skill-building techniques — learning new things makes knitting even more fun!



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June 2012 Catalog HeartStrings Knitting Patterns

From the classic to the uniquely appealing – Skill-building comprehensive instructions – Yarn-brand independent patterns for creative freedom

HeartStrings Pattern: H01 - 6081

Easy Asymmetry Wrap

Create a one-of-kind designer look with your choice of yarns in this easy-to-knit, easy-to-wear knitted wrap.

Easy Asymmetry Wrap is an ideal pattern for creating your own shawl design with a mix of fancy and classic yarns. Shaping is done with a super-easy one-row lace pattern that knits naturally on the diagonal.

Easy Asymmetry can be arranged to be worn in a variety of ways. So have fun with this adaptable wrap in creating the flattering look you want to match your mood of the day!

Sizing

Small-Medium, with changes for [Large-Extra Large] in brackets: 25 [29½]" by 63 [77]" diagonal measurement

Yarn and Needles

Approximately 350[500] yards of each of three different yarns in fingering to light worsted weight thickness, and in a variety of textures. For example,

- a smooth shiny yarn or ribbon (yarn A)
- a textured or fuzzy yarn (yarn B)
- a smooth matte yarn (yarn C)



Choose yarns in harmonizing colors and any combination of textures you like. Each of the three yarns will be knit for one row, then the sequence repeated, thus giving lots of color and textural interaction.

Size 8 US (5 mm) knitting needles suggested.

Gauge: 4½ sts and 7 rows per inch over stitch pattern after washing and drying.

See the Design Notes for making your Easy Asymmetry Wrap shorter or longer, narrower or wider, and with whatever yarn you want. Remember that the amount of yarn you need will vary as you make these types of adjustments.

Skill: Easy enough for a beginner with basic knitting skills.

Shawl pictured was knitted in Heritage Yarns: (A) Fringe Benefits 100% rayon chainette color Plum, (B) Clout 9 50% cotton/50% rayon textured yarn color Atlantic Moon glow, (C) Premier 5/2 100% cotton color Atlantic Moon glow.

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HeartStrings Pattern: H02 - 8270

Playing in the Leaves



Here's a trio of lace leaf designs to delight anyone and everyone. I chose autumn colors in memory of the piles of leaves I loved to jump into.

Maybe you and I don't jump into piles of leaves now, but undoubtedly you'll enjoy making a whole pile of these knitted leaves to play in!

Included are an Aspen Leaf in trellis lace with serrated edging, a 5-pointed maple leaf, and an Oak Leaf with an interesting lace edging construction built around the I-cord stem.

Finished Sizes (excluding stem)

Aspen Leaf: 3¾" high by 4" wide
Maple Leaf: 4¾" high by 5" wide
Oak Leaf: 4" high by 3" wide

Yarn/Thread and Needles

Lace or light fingering weight yarn/thread —

Aspen Leaf: 10 yards

Maple Leaf: 14 yards

Oak Leaf: 12 yards

Size 2 US (2.75 mm) knitting needles suggested or size needed to get equivalent gauge of approximately 8 stitches per inch over stockinette stitch

Pictured in Planet Earth Fibers 100% Silk with Beads by Tibi Tomas
Aspen Leaf (top) in color Sandstorm; Maple Leaf (middle) in color Redhot; Oak Leaf (bottom) in color Sun-kissed

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HeartStrings Pattern: H03 - 8230

Lace Doily Beret

This beret is constructed in the style of a lace doily with a center start and repeating medallions. The beret is flattering and lightweight for fashionable wear without flattening your hairdo.

Detailed instructions are included for a type of circular center start that can help you practice for actual doilies you might want to make later in lighter weight threads and smaller needles.



Pictured in SpinningBunny Hand Dyed Yarn, color Blueberry Pie

Finished Size

10 - 11" diameter crown.

Yarn, Needles and Blocking Notions

125 yards of fingering weight yarn

A variety of needles are used to shape and size this beret —

For the center start, use a pair of non-slippery needles in size 3 US (3.25 mm).

For the doily crown, use a set of 4 double point needles and a 16" circular knitting needles in size 6 US (4.0 mm).

For the underside, use 16" circular knitting needles in sizes 5 and 4 US (3.75 and 3.5 mm).

For the band, use 16" circular knitting needles in size 3 US (3.25 mm).

For blocking, you will need —

10 - 11" diameter dinner plate or similar.

Waste string approximately 1½ yard long.

Using size 6 US (4.0 mm) needles, finished gauge is approximately 4½ stitches per inch over lace doily pattern after blocking (or approximately 5 stitches per inch over stockinette).

Charted and written stitch instructions are included for the lace doily crown.

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"I love your patterns; each one is more beautiful than the last."

— Cheryl B.

Jackie E-S Design Collections – Comfort Collection – The Sock Calendar Series

HeartStrings Pattern: H10 - 2157

No Two Alike Snowflakes

Just as real snowflakes are each different and unique, each stylized snowflake in this delightful mitten and hat set is a different design motif.

Design features:

- * Fair Isle stranded knitting in 4 colors against a snowy white background
- * Corrugated ribbing
- * Contrast picot trim
- * Worked in the round; no seams to sew
- * Pattern includes full color charts



Finished Measurements

Sized for child S [child M, teen/adult S, adult M, adult L, adult XL].
 Hat circumference: 18[18.5, 19.25, 20, 20.75, 21.5]" to fit approximate head circumference
 20[20.5, 21.25, 22, 22.75, 23.5]" Mittens hand circumference above thumb: 6[6.5, 7, 7.5, 8, 8.5]"
 Hand and thumb lengths are easily adjusted.

Yarn DK or worsted weight

Color	Yardage for Hat	Yardage for Mittens
(W) White	111[117, 122, 128, 134, 139]	152[161, 170, 180, 189, 198]
(B) Blue	35[37, 38, 40, 42, 43]	17[18, 19, 20, 21, 23]
(G) Green	20[21, 22, 23, 24, 25]	9[10, 10, 11, 11, 12]
(Y) gray	29[31, 32, 33, 34, 36]	16[17, 18, 19, 20, 22]
(R) Red	40[42, 44, 46, 48, 49]	20[21, 24, 25, 25, 27]

Knitting Needles

Size US 6 (4 mm) double point and/or circular needles as preferred for knitting in the round
 Gauge 20 sts and 28 rnds = 4" in stockinette

Notions

8 stitch markers
 Stitch holder
 Tapestry needle

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HeartStrings Pattern: H15 - 6161

POLO DICKEY

The Polo Dickey is a versatile sweaterette suitable for wearing under V-neck sweaters, open-necked shirts, etc. A dickey is just right for occasions when an entire shirt under a sweater would be too much. Yet you need a little bit of extra warmth, or you want the look of layered fashion without the extra layers. Directions are included for both men's and women's styles of button plackets.



Sample model of Polo Dickey in the women's style, knitted in Lorna's Laces Swift 85% merino / 15% silk, Vera (main color) and Berry (contrast color)

Sizing

Instructions for two sizes: Smaller size to fit up to a 15½" neck [larger to fit up to a 18½" neck]

Materials

DK weight yarn — 153[185] yards main color for yoke; 70[85] yards contrast color for collar and plackets
 Size US 5 / 3.75 mm circular knitting needle or size to give gauge of 5½ stitches per inch over stockinette stitch, 29" length or longer

Note: Polo Dickey is worked back and forth in rows across the shoulders, front and back yokes at the same time for seamless top-down construction; a circular needle is used to comfortably hold the growing number of stitches in each row as the knitting progresses.

Knitting needles in both one size larger and in one size smaller than those used to obtain gauge; your choice of straight in needles 14" length or circular needles in 16" length or longer (used for collar and plackets)

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HeartStrings Pattern: H16 - 9279

Hug-Me-Tight Fan Lace Jacket Wrap

The concept for this cover-up was based on a vintage garment style. However, this design is updated with a modern-day relaxed fit and easy-knitting circular construction.

This clever wrap begins simply as a large tube. The magic is in the unique way of binding off to create a semi-fitted short jacket with rounded hemline. The result is similar to a bolero, except with a more feminine look, a softer shape and short sleeves.

The design features a lovely fan-shaped lace and twisted stitch pattern, self-trimmed edging and a touch of beads to complete the understated look of this gracious garment.

Sizing

Sized for petite/small (medium/large extra-large).
 72 (80, 88)" circumference.
 To choose size, hold your arms closely at sides and measure around at chest level. Multiply this number by 2.
 Assembles to back center length of 19 (22, 25)".



Shown in Jade Sapphire Silk Cashmere, colorway #35 Sterling; Miyuki seed beads, color 6-264 Lined Magenta AB

Yarn, Beads and Needles

605 (785, 985) yards lace or light fingering weight yarn.
 US 5 (3.75 mm) circular knitting needle or size needed to obtain gauge, 32 - 40" length.

An extra knitting needle in each of sizes US 4 (3.5 mm) and US 5 (3.75 mm) for binding off sleeves and joining the back seam.

200 (242, 288) size 6/0 (4 mm diameter) glass seed beads, approximately 17 (20, 24) g.

US 8 / 1.25 mm steel crochet hook or size that is small enough to fit through holes in the beads.

Split eye or flexible eye needle to string beads.

Gauge One lace pattern stitch multiple measures 4" wide; 32 rnds in lace pattern stICH give 4" in length.
 Note: The lace pattern stitch multiple varies between 20 and 26 stitches.

Skill Level Intermediate. Both charted and line-by-line written stitch instructions are provided in the pattern.

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HeartStrings Pattern: H18 - 1364

Beaded Stress Ball

Squish and roll this beaded ball around in your hands to provide relaxation and quick relief to stress, aching or stiff finger joints. Tiny pressure points of beads have a meditative quality. These balls make a quick, low-cost and much-appreciated gift. Make them bright and colorful for a cheerful uplift, or in subtle colors to fit your most reflective mood.



Shown in Lorna's Laces Shepherd Sock, color 1ml Pond Blue, Miyuki beads, Blue Lagoon mix.

Finished Size Approximately 2½" to 3" (7 cm to 7.6 cm) diameter depending on degree of stuffing

Yarn 25 yards (23 m) fingering weight

Beads 792 size 8/0 (3 mm diameter) glass seed beads, approximately 20 g

Gauge 7 stitches per inch (2.5 cm) over beaded garter stitch before stuffing

Knitting Needles Size US 1 (2.25 mm) suggested

Notions

Bead stringing needle or bead spinner

Tapestry needle

Polyester fiberfill or other choice of stuffing

Skill Level Easy

Stitch Instructions Written and charted

Skills Needed Knit, slip, simple short rows, stringing beads, long tail cast on, bind off, sewing a seam

Overview of Construction Beads are strung on the yarn before knitting begins. The ball is shaped with 6 short-row sections that are knitted flat in one piece. While knitting, the beads are pushed into place between stitches on alternate rows. Ball is stuffed and seamed to close.

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Patterns #H01 - N37, page 2

June 2012 Catalog HeartStrings Knitting Patterns

From the classic to the uniquely appealing – Skill-building comprehensive instructions – Yarn-brand independent patterns for creative freedom

Lacyflakes

Knitted lace snowflakes! I have always been intrigued by the fact that in God's handiwork, no two snowflakes are alike. This pattern includes two types of construction, each quite different from the other, plus variations for knitting snowflake medallions.

This is the next installment in the seasonal series which began with "Playing in the Leaves".

I hope you have as much fun knitting these designs as I have had in creating them. My imagination runs wild in anticipating many variations on these basic designs to make "each one different".

Finished Diameters
 Outside-In Snowflakes – 7" (larger); 6½" (smaller)
 Center-Out Snowflakes – 8" (larger); 7" (smaller)



HeartStrings Pattern: H22 - 8352



Outside-In and Center-Out Snowflakes

Yarn/Thread and Needles
 Lace or light fingering weight yarn/thread
 For Outside-In Snowflakes –
 Larger: 25 yards (or 20 yards of white and 5 yards of light blue if doing 2-color version as shown in the pictured sample model to left)
 Smaller: 22 yards
 16" – 21" circular knitting needle, size 4 US (3.5 mm) suggested or size needed to get equivalent gauge of approximately 7 stitches per inch over stockinette stitch
 Extra needle in same size to use when there are too few sts to go around the circular needle during the bind off

For Center-Out Snowflakes –
 Larger: 40 yards (or 21 yards of light gray and 19 yards of light blue if doing 2-color version as shown in the pictured sample model to right)
 Smaller: 24 yards

Double point knitting needles, size 2 US (2.75 mm) suggested or size needed to get equivalent gauge of approximately 8 stitches per inch over stockinette stitch

Sample models were knitted in Beaded Lace and Planet Earth Fibers by Tilly Tomass, 100% Silk with Beads and 100% Silk with Sequins.



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Coronet Collaret

This stunning little accessory can be used as both a detached collar and a fancy coronet headband or ear warmer. Knit it up quickly using just 50 yards of worsted weight yarn. Ours is made in silky mohair from Australian Angora Goats.



Shown in Colinton Australian Angoras, 100% Adult Fine Mohair Yarn, 800 yards per pound

Size
 Ribbed band – 18" circumference (unstretched).
 4" overall length.



Yarn and Needles
 50 yards of worsted weight yarn.
 US 8 (5 mm) circular needle or size you need to obtain gauge, 16" length.
Gauge 5½" per lace pattern stitch multiple, or approximately 5 stitches per inch over stockinette.
 Note: The lace pattern stitch multiple varies between 20 and 26 stitches.
Skill Level Advanced beginner.
 Pattern includes both charted and line-by-line written stitch instructions.

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Silk Smoke

Silk Smoke is a versatile accessory you can wear laid on your shoulders as a dressy cowl neckline, or pulled over your head as a wimple.

The inherent elasticity and drape of the semi-ribbed lace stitch pattern combined with luxurious silk makes this article a decorative yet functional addition to any outfit.

This smoke ring is knitted circularly to make a seamless tube. Although the lace pattern looks complicated, the spectacular results are accomplished with a stitch sequence that is repetitive and relatively easy.

There are no special knitting techniques needed to make the fluted scallop edge — the shaping occurs naturally as a result of the bias structure of the lace pattern stitch.

Sample model was knitted with Tweenway Silks 8/2 merino Bontex silk yarn in color #12 Pomgranate. Although smoke rings seem to be more traditionally made in subdued natural or grayed-down colors, I chose a fiery red for this model. After all, where there is smoke there is fire!

Sizing
 Instructions are written for finished circumference of 22½", with changes for 24" and 25½" written in brackets. Finished length is 17½", 18", 19".

Yarn and Needles
 Although smoke rings are often made in exotic animal fibers such as qiviut and cashmere, silk is also a good choice because of its warmth and softness. Reeled silk is made from the long filaments of silk to produce a high quality shiny silk yarn. The sheen of the silk compliments and enhances the texture in the undulating design of this twisted rib lace pattern. If using reeled silk as in the pictured model, it is prudent to hand-wash skeins into a ball rather than using a mechanical ball winder. An alternative would be to wind the skein onto a large cardboard spool.

525 (600, 680) yards lace or fingering weight yarn.
 Size 3.5 mm / US 4 circular needle or size required to obtain gauge, 16 inch length. If using silk or another slippery yarn, you may want to choose a knitting needle that has a non-slippery surface such as wood, bamboo or coated metal.

Gauge: 7 sts and 8 rounds per inch over lace stitch pattern.
 Note: Measurements are taken after thoroughly wetting, laying flat and gently blocking with fingers to open up the lace pattern nicely.

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 First published in KnitFib Summer 2008

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HeartStrings Pattern: H28 - 6338

HeartStrings Pattern: H34 - 8134

Dolly Faroese Shawl

This small shawl is designed to learn and practice neck-down construction and basic techniques for making a Faroese-style shawl. The size is suitable for 18" dolls and teddy bears, making it a delightful gift for a lucky doll or teddy bear lover!



The distinctive "butterfly" shaping of the Faroese shawl makes an exceptionally wearable garment because of the shaped shoulders and elongated ends for optionally tying around the waist.

The Faroese shawls in the HeartStrings collection are all worked from the neckband down. You start with just a few stitches so that you can become familiar with your yarn and the stitch patterns.

The Dolly Faroese Shawl pattern is a great way to have fun learning on a small shawl before putting the time into a larger shawl. This basic pattern uses simple yarn over increases to achieve the traditional center back panel, side panels, front bands, and shaped shoulders.

Instructions for three variations are included.



Pictured in Heritage Yarns Serenity cotton/nylon in colorway Jewels Are A Girls Best Friend

Sizing
 Approximately 8" long as measured from center back neck
Tools and Supplies
 Approximately 100 yards of any fingering weight or light sport weight yarn
 Size 8 US (5 mm) needles of your choice
 4 markers, 1 of which is a different color
Gauge
 Approximately 4 stitches and 6 rows per inch in garter stitch OR 5 stitches and 7 rows per inch in stockinette stitch

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Jackie E-S Design Collections – Comfort Collection – The Sock Calendar Series

HeartStrings Pattern: H35 - 7066

Scotch Thistle Lace Stole

A flowing sequence of leaf and flower motifs symbolic of the regal Scotch thistle combine into this beautiful lace stole.

As with the stately thistle where taller leaf stalks form at base of the plant and dainty flower heads adorn tips of the stalks, the lace leaf and flower motifs in this knitted stole transition from taller to shorter.

Select a yarn as soft as thistle down in colors of Scotch thistle as shown, or anything that delights your knitterly senses.

The stole is knitted in two pieces, then joined at the middle by an easy method that does not require grafting. The resulting seam is nearly invisible to all but the most discerning eye.



Sample model was knitted with Schaefer Yarns Anne 60% merino wool superwash / 25% mohair / 15% nylon

Sizing
Finished size: 15" x 60"

Yarn and Needles
550 yards fingering weight yarn

Size 6 us / 4 mm needles suggested for blocked gauge of 5 1/2 stitches per inch over stitch pattern

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HeartStrings Pattern: H36 - 7087

Ivy Trellis Lace Stole

Ivy Trellis is a magnificent lace stole featuring ivy motifs trailing along a trellis background. The stole is generously sized to wrap up in for a cuddly warm hug.



Pictured in Leila from Lissu Yarns, 75% mohair, 25% superwash merino, color "From Jackie's Garden".

Sizing, Yarn and Needles
1100 yards of fingering weight yarn for blocked measurements of 24" by 76".
Size 5 us (3.75 mm) needles suggested.
Gauge: 17 stitches per 4 inches over main lace pattern after blocking under tension.
Pattern includes charted stitch instructions.



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HeartStrings Pattern: H37 - 6161

Bobble Lace Flowers Triangle Shawl

A garden of delicate knitted lace is enhanced with bobbles, texture and clustered stitches in this delicate triangle shawl.

My model pictured here used a yarn with colors that overlay the lace with the soft pastels of earth and sky. I can envision many other color palettes that would be lovely in this design.

I encourage you to choose your own favorite colors and paint a field of flowers knitted into your heart-felt shawl creation using this pattern.



Shawl pictured was made in Schaefer Yarns Andrea 100% silk, color Empress Wu Zhao.

Sizing
36" length from neck to point of shawl; 74" width across top

Yarn and Needles
1050 yards lace weight yarn
Size 3 mm knitting needles suggested or size to give average gauge of 7 1/4 stitches per inch over blocked lace
Size 3 steel crochet hook (used for the crochet bind off)

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HeartStrings Pattern: H38 - 9195

Lace Leaves Scarves

Knit one or both of these companion scarves featuring interlinked lace leaves.

The narrow Lace Leaves Scarf is knitted from end to end in one piece. It makes up quickly and will be a nice treat for those on your gift list, or even yourself.

The longer wider version of Lace Leaves Scarf has shaped ends and is knitted in two pieces, then joined at the middle by an easy method that does not require grafting. The resulting seam is invisible to all but the most discerning eye.

Scarves pictured were made in Schaefer Yarns Anne 60% merino wool superwash / 25% mohair / 15% nylon. Make both scarves with a total of just one of their 4 oz - 550 yard skeins; keep one scarf and give the other as a gift!



Sizing, Yarn and Needles
Instructions for two scarf designs included

- (1) Narrow rectangular scarf (shown left)
Finished size 44" by 6"
150 yards fingering weight yarn
- (2) Scarf with shaped ends (shown above)
Finished size 72" by 10"
400 yards fingering weight yarn

Size 5 US (3.75 mm) needles suggested for average gauge of 5 stitches per inch over blocked lace patterns

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Patterns #H01 - N37, page 4

June 2012 Catalog HeartStrings Knitting Patterns

From the classic to the uniquely appealing – Skill-building comprehensive instructions – Yarn-brand independent patterns for creative freedom

HeartStrings Pattern: H39 - 8094

Easy Elegance Ensemble

Indulge yourself! A stylish hat and fingerless mitts that are so easy to make in luxury yarn already plied with crystals.

Sizing

Adult small-medium, with changes for size [large-extra large] in brackets

Finished measurements —

Hat: 20 [22" circumference to fit head

approximately 21 - 22 [22½ - 23½]"

Fingerless mitts: 8 [9]" hand circumference,

9 [10]" overall length



Shown in Tili Tomas 100% spun silk, Marie's Crystals and Simply Heaven, color 180.



Yarn and Needles

Main yarn (M), worsted weight —

80 [100] yards (for hat)

100 [125] yards (for a pair of mitts)

Accent yarn (A) in similar gauge to main yarn and with crystals or beads already pre-strung and plied onto the yarn —

15 [18] yards (for hat)

8 [9] yards (for a pair of mitts)

Knitting needles, your choice of double point needles or circulars —

Size 10 US / 6 mm or size needed to give gauge of 4 stitches per inch over stockinette stitch using main yarn

Size 7 US / 4.5 mm or three sizes smaller than used to obtain gauge

Crochet hook size D / 3 mm (for making the chain stitch loops)

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Model photos for Tili Tomas © Lisa Brown Photography

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HeartStrings Pattern: H40 - 7315

Thinking of You

Say "I'm thinking of you" with a hand knit scarf of lace hearts. Simple and quick to knit on just 29 stitches.

The scarf begins with a wavy eyelet rib stitch symbolizing the twists and turns of life, and ends with a band of interlocking hearts to express the bonds of loving friendship.



Pictured in Tili Tomas Pure and Simple 100% spun silk, color Ruby Wine

Sizing

Planned for finished measurements of 5½" by 58".

Scarf can easily be adjusted for length, allowing of course for additional yarn if making longer.

Yarn and Needles

225 yards of DK or light worsted weight yarn

Size 7 us (4.5 mm) needles suggested

Gauge: 4½ stitches per inch over stockinette stitch

Skill: Easy enough for an experienced beginner with advancing knitting skills.

Both charted and written line-by-line instructions for the Interlocking Hearts panel are included.

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HeartStrings Pattern: H41 - 6226

Colorful Splendor Lace Scarf

Show off your favorite bright palette of colors in this simple yet effective lace pattern.

Dramatic colors in hand painted yarn enhance the angular movement of the stockinette-based lace in the main stitch area of the scarf.

A dainty scalloped edging begins and ends the scarf. The outer border is knit as-you-go in a textured garter-based lace that sets off the main area with a visual mixing of colors.



Pictured in Schaefer Yarns Andrea hand painted 100% silk laceweight. This bright palette of gold, red, brown and luchsia celebrates an autumn splendor of color.

Sizing, Yarn and Needles

325 yards of laceweight yarn for blocked measurements of 8" by 58". Length and width can easily be adjusted if desired. If widening or lengthening, remember to allow additional yarn.

Size 5 us (3.75 mm) needles suggested.

Gauge: Average of 7 stitches per inch over combination of border and main patterns after blocking under tension.

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HeartStrings Pattern: H42 - 7273

FACETED GEMS LACE WRAP

The stunning sculpted lace of this rectangular wrap will take your breath away.

The knitting of Faceted Gems is done lengthwise from one long edge to the other. Shimmering colors of softly variegated yarn arrange themselves in strokes, playing off the open and solid areas of this lace pattern like beautifully cut sparkling gems.



Pictured in Loma's Lace Helen's Lace yarn, 50% silk/50% wool, color #107 Red Rover.

Sizing, Yarn and Needles

950 yards of laceweight yarn for blocked measurements of 18" by 82".

Size 4 us (3.5 mm) needles suggested.

One knitting needle 3 or 4 sizes larger for binding off.

23 stitch markers.

Gauge: 4½ stitches per inch over lace pattern after blocking under tension.

Pattern includes charted and written stitch instructions.

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HeartStrings Pattern: H43 - 8031

Peggy's Shawl

An easier-than-it-looks triangle shawl featuring feathered radiating columns of subtly textured lace. You'll start with just a few stitches at the center neckline and increase in pattern to create the triangle shape. The lacy lines of this shawl create a slimming silhouette when worn.



Pictured in Brown Sheep Wildlife Luxury Sock Yarn, 75% washable wool, 25% nylon, color #SY200 Symphony.

Sizing
Finished size 82" top width by 41" length at point.

Yarn and Needles
1000 yards fingering weight yarn.
Size 7 US (4.5 mm) knitting needles or size needed to obtain planned gauge of 7 sts per 2 inches over lace patterns.
4 markers.
Pattern includes charted and written stitch instructions.

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HeartStrings Pattern: H44 - 7006

Wisps of Smoke Ring

Wisps of Smoke combines the heavy drape of silk, the lightness and fluidity of lace, and the sparkle of beads. The stitch patterning imparts the feeling of softly wafting smoke in a light breeze intermingled with fleeting touches of flames.

The style of this smoke ring features a wide scallop-edged yoke that decreases gradually into a tube. This makes a versatile accessory that can be worn as a draped neckline, or with the tube pulled over the head as an elegant hood-type head covering.

Shown in size medium knitted with Titi Tomas Pile 100% Natural Piled Silk (50g/140 yds - 2 skeins) and Titi Tomas Rock Star 100% Natural Spin Silk with Glass Beads (100g/150 yds - 1 skein), both in color 3033 Atmosphere.



Sizing
Instructions for 3 sizes: adult small/medium, large/ finished measurements: yoke edge circumference 34/36, 38"; upper tube circumference 22/24, 26"; length 18".

Yarn and Needles
Made in coordinating yarns with similar DK/worsted weight gauges: main yarn (M) - 230/250, 280) yds. and accent yarn (B) that is pre-stringed and piled with beads - 80/90, 110) yds.
16 - 21" length circular needle in size US 7 / 4.5 mm needles suggested for gauge of 18 stitches per 4 inches over finger-blocked stitch pattern.

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HeartStrings Pattern: H45 - 7041

RING OF LACE WRAP

Ring of Lace is an airy, lightweight circular wrap that can be worn in a variety of ways. This design is an example of how a project in hand-dyed yarn can be planned according to the length of color repeat to create 'faux ikat' effects.



Pictured in Schaefer Yarns Andrea 100% silk, color Elena Piscopia

Sizing
63" circumference by 10"

Yarn and Needles
450 yards hand-dyed lace weight yarn with a color repeat of 54"
Size 2½ US (3 mm) circular knitting needle suggested or size to give gauge of 19 stitches per 4 inches over blocked lace pattern, 24" - 36" length
Size 10 US (6 mm) circular knitting needle, 24" - 36" length
Size H (5mm) crochet hook (optionally used for cast on and bind off)

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HeartStrings Pattern: H46 - 9037

Beaded Offset Chevrons

Hand Warmers and Socks



So delicate and exquisite, the beauty of lace is further embellished with sparkling beads in these eye-catching match-ups for hands and feet.

Sample models shown in Lorna's Laces Shepherd Sock, color #34 Tahoe; Miyuki beads color #18 Silver-lined Light Blue

Yarn, Beads and Needles
Smooth firmly twisted fingering weight yarn and size 8/0 (3 mm diameter) glass seed beads as follows —

For a pair of Hand Warmers: 125 yards yarn and 554 beads (approximately 20 g).
For a pair of Socks: 300 yards yarn and 554 beads (approximately 20 g).

US 1 (2.25 mm) knitting needles or size needed to obtain planned gauge. Your choice of double point or circular needles.
Dental floss threader, split eye beading needle or similar for stringing beads onto yarn.

Gauge
30.5 stitches and 48 rounds = 4" over Beaded Offset Chevrons Pattern Stitch; 32 stitches and 48 rounds = 4" over stockinette stitch

Sizing for Hand Warmers — To fit women's medium with finished circumference around scalloped cuff edge: 8"; around ribbed wrist (not stretched): 5½"
Sizing for Socks — To fit women's medium with finished circumference around scalloped cuff edge: 8"; leg length from top of heel to edge of cuff: 5½"; foot circumference: 7½"; foot length: 9½"

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HeartStrings Pattern: H47 - 8073

My Beading Heart Scarf

This lightweight, sparkly fashion scarf is a double treat for lovers of lace and beaded knitting. The design features laceweight yarn in closely-toned hues that is doubled to achieve added richness and depth, not to mention the bonus of quicker knitting.

Another double feature is the beading at each end of the scarf in different, yet coordinated designs to double your pleasure in the knitting and stylish wearing.

The area between the pointed ends of the scarf transitions into a simpler bias lace with beads along the edges only, thus minimizing bulk and allowing the scarf to nicely pleat when wrapped about the neck.

Yarn, Beads, and Needles
400 yards laceweight yarn; this will be used doubled for an equivalent yardage of 200 yards fingering weight.

Size 8/0 (3 mm) glass seed beads, approximately 25 g.

Knitting needles in size US 7 (4.5 mm) suggested, or size to obtain planned gauge.

Bead stringing needle; your choice of any small-eyed needle or collapsing eye needle that can pass through the hole in your beads.

Gauge
6 stitches/inch over beaded lace pattern stitch with laceweight yarn doubled.

Finished Size
36" long by 5" wide.



Shown in Helen's Lace from Loma's Laces in color #27 Black Purrl and Myuki size 8/0 glass seed beads in color #264 Lined Magenta AB.

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HeartStrings Pattern: H48 - 7030

Palette of Colors Shrug

Create a masterpiece in color and texture to wrap your body in style and comfort. Palette of Colors Shrug features an interplay of tonal harmony across coordinated colorways of heavier textured yarn and smooth fine yarn.



Pictured in Half Crepe from Mountain Colors in color Chook and Helen's Lace from Loma's Laces in color Sand Ridge

Sizing Petite (Small, Medium, Large, Extra-Large)

Cuff edge to cuff edge: 53½, 61, 64, 68"

Center back neckline length to lower edge: 23¼, 25, 26¼, 26¼"

Wrist band circumference (unstretched): 8½, 8, 9, 9½"

Yarn and Needles

Choose two yarns, each in a different color variegation — one yarn in a slightly heavier crepe-like texture (C), and the other in a lighter weight smooth yarn (L). For the planned measurements, you will need approximately 400 (450, 475, 525, 550) yards of C and 350 (600, 650, 700, 750) yards of L.

Size 8 US (5 mm) needles in your choice of straight or circulars for working Body of Shrug back and forth in rows

17 stitches and 30 rows per 4 inches measured over Main Pattern Stitch for Body of Shrug after blocking as for final project

Size 6 US (4 mm) needles in your choice of double points or circulars for working Wrist Bands in the round

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HeartStrings Pattern: H51P-0101

Technique Teddy Bear

Let Teddy help teach you knitting techniques used in shaping 3-dimensional forms.

Techniques used and described in making this small adorable teddy bear include:

- Double Knitting (makes a tube, or two-sided fabric, on straight needles for the legs, body, and arms)
- Your choice of Kitchener Stitch or Double Knit Bind Off (for joining along top of arms and shoulders)
- Knitting in the round (for beginning and ending the head)
- Circular short rows (for shaping the face)



Have fun going through your yarn stash to find a smooth, textured or fuzzy yarn as you prefer for your teddy bear. Of course, you might not be able to decide and will end up with a family as we did here!

Materials and Supplies for One Teddy Bear

Approximately 1½ - 2 ounces worsted or bulky weight yarn in desired bear color.

Double point knitting needles, set of 4 or 5 in whatever size is needed to knit a fabric that is tight enough to minimize the stuffing from showing through, but is still flexible and stretchy; gauge is not important otherwise.

Guidelines to determine needle size. Knit a small stockinette stitch swatch of 20 stitches. Try first with needles 3 sizes smaller than you would normally use to knit your yarn for a sweater. For example, if you have a bulky yarn that you would normally use with a US size 10, try your swatch on size US 7. Or, for worsted weight yarn, try your swatch on size US 4. Now feel and look at your knitted swatch. Is it flimsy? — try again with a smaller needle size. Is it like a board? — use a larger needle.

Fleece or fiberfill for stuffing, preferably in color similar to your yarn. You will need approximately 1 to 2 ounces, depending on size of bear and desired firmness.

Tapestry needle.

Features (optional): contrasting thread or light weight yarn for embroidering eyes, snout, and mouth.

Also, needle point protectors or rubber bands can be handy to keep stitches from falling off the ends of your double point needles when working the body and arm rows.

Size
Each teddy has it's own personality, and the overall size will depend on the yarn and size needles you use, as well as the degree of stuffing. The overall height is usually in the range of 8" to 10".

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HeartStrings Pattern: H53 - 8335

Elemental Changes Shetland Stole

The elements of design in this lovely masterpiece are merely three traditional Shetland lace motifs.

It is the simple change in sequencing the order amongst the repeated motifs that produces the seemingly complex designs of negative and positive space.

Instructions are included for a small delicate scarf and for stoles in 3 widths. All are made in one piece from end to end with edging knitted as you go.



Small scarf pictured in Classic Elite Yarns Silky Alpaca Lace, 70% alpaca/30% silk, color 2910

Skill level: Recommended for experienced lace knitters and confident intermediates only. The small scarf can be used as a practice piece before attempting the larger projects. Stitch instructions are presented in both charted and text formats.

Sizing

Small scarf [narrow stole, medium-width stole, wide-stole]:
7 [14, 19½, 25] wide by 42 [78, 78, 78] long

Yarn and Needles

185 [600, 850, 1125] yards lace weight yarn

US 5 / 3.75 mm knitting needles suggested

Gauge: 20 stitches and 25 rows per 4 inches over Center Section stitch patterns after blocking

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Medium-width stole pictured in Kraemer Yarns Sarah, 60% Suri alpaca/40% Merino wool, color natural



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FILIGREE LACE-EDGED BABY BLANKET

HeartStrings Pattern: H55 - 9200



Shown in Loma's Laces Shepherd Sport, color Layette

Here is a special blanket for a special baby that is impressive, yet practical. It combines a pleasingly reversible lace stitch around the edges with a cushiony garter stitch center for cuddly warmth.

This predominantly solid-fabric blanket is great for those who want a bit of impressive lace, yet are concerned about holes in which baby could get their fingers caught.

Size 34" square. With adjustment in planned yardage, the size can easily be increased or reduced by adding or subtracting multiples of 12 stitches.

Yarn and Needles
Sportweight yarn: 1000 yards.
Size 6 US (4 mm) circular knitting needle 40" length.
Gauge: 5 1/4 stitches/inch over lace stitch pattern.
Depending upon your preferred technique for circular knitting, you may also need double point needles or an additional circular needle for when there become too few stitches to comfortably knit in the round.

Start with just a bit of lace pattern knitted circularly to dress up the outer edges of this utilitarian beauty. Then the center is knitted back and forth in garter stitch on the diagonal, forming a square to fill in the center while attaching itself to the edging at the same time. No seams to sew!

The sample model is shown in a softly variegated yarn to play up the zigzag movement in the bias lace pattern along the edges, offset by the diagonally-knitted center. The blanket would be equally lovely in a solid color if you prefer a more classic, less casual look.

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WRAPPED UP IN BOWS

HeartStrings Pattern: H56 - 8362

A delightful lattice of lace eyelets is embraced by a diamond lace border. The corner design of F-cord tied into bows gives this wrap its name.

You'll enjoy knitting this wrap with its seamless construction — instructions for each step are given in detail with a schematic to guide you. Also, all lace stitch patterns are presented in both charted and text formats.



Sizing Instructions are given for wraps in three sizes with guidance for alterations in length. Instructions for largest wrap (a full-size stole as pictured on this page) are listed first, with changes for smaller sizes in brackets for medium and narrow width wraps.

Finished measurements: 24 [18, 12 1/2] by 62" or length desired by working fewer or more repeats of the main body of the wrap.

Yarn and Needles 1000 [750, 525] yards of lace weight yarn. If adjusting length, allow 36 [27, 19] yards for each 2 1/2" [16-row repeat change in finished length. US 4 / 3.5 mm knitting needles suggested.
Gauge: 23 stitches and 28 rows per 4 inches over Main Arca stitch pattern after blocking.

Sample model shown in Mountain Colors Winter Lace, 50% wool/50% silk, color Red Willow

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Shallow Tri Shawl

HeartStrings Pattern: H57 - 9055

The wide-angle construction of this lace-bordered wrap results in a flattering cross between triangle shawl and long stole. The plain garter stitch center area allows the colors of hand-dyed yarns to be highlighted in a lacy garment in a simple, yet effective way.

The beaded lace border is worked at the same time as the body of the shawl, and frames the shallow triangular garter stitch area on all three sides. Beads are placed on stitch loops with a small crochet hook and knitted in as needed.



To left and right: examples of the Shallow Tri worn in a non-traditional "upside-down" style with center point of shawl layered as a collar.



To left and below: examples of the Shallow Tri worn in a traditional triangle shawl style either with front ends left hanging or tied.

Sizing 20" long by 62" wide. Shawl is begun at the point. Length and width can easily be adjusted proportionately by working more or fewer rows before completing the shawl with the upper lace border.

Yarn, Beads and Needles
500 yards of lace weight yarn.
US 2 / 2.75 mm knitting needles suggested.
Gauge: 24 stitches and 33 rows per 4 inches over garter stitch.
280 size 6/0 (4 mm diameter) glass seed beads, approximately 25 g.
US 8 / 1.25 mm steel crochet hook.
If planning to increase size of shawl, please allow for additional yarn and beads as necessary.



Models shown were knitted in Claudia Hand Painted Yarns Silk Lace, color Passion Fruit, Miyuki beads color #992 Ivory Crayon

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Beaded Lux Shoulder Shawl

HeartStrings Pattern: H58 - 9280

Beaded Lux is truly a splendid shawl featuring luxury yarn, textured lace and all-over beaded accents.

Make as we did with yarn in a yummy blend of bison down, cashmere, silk and Fencels, or choose your own favorite blend of luxury fibers.

This shawl begins at the tip with just 17 stitches and widens as it lengthens in an easily established beaded lace stitch pattern.

Even though the stitch pattern is repetitive, the knitting remains interesting because of the knit-purl texture and beaded accent rows.



Shown in Buffalo Gold #12 Lux color Lupin; Miyuki seed beads 6-278 Aqua-lined Crystal AB

Sizing Finished blocked measurements are 32" long by 34" wide.

Yarn, Beads and Needles
650 yards lace weight or light fingering weight yarn.
US 4 (3.5 mm) knitting needle or size needed to obtain gauge.
483 size 6/0 (4 mm diameter) glass seed beads, approximately 40 g.
US 8 (1.25 mm) steel crochet hook, or size that is small enough to fit through holes in beads.
Note: if changing finished size, please adjust amount of yarn and beads accordingly.
Gauge 19 stitches and 30 rows per 4" over beaded lace stitch pattern.

Skill Level Intermediate. Pattern includes both charted and line-by-line written stitch instructions.

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HeartStrings Pattern: H60 - 9253

Put on the Glitz Shrug



This lusciously flowing shrug in delicate cabled lace speaks for itself. It is knitted cuff to cuff with no seams to sew.

Our model is appropriately made in a soft metallic-enhanced yarn plied with tiny glass seed beads to really "put on the glitz".

Sizing Petite to Extra-Large
Cuff edge to cuff edge (length of knitting) —

55 (58, 61, 64, 67)"

Center back distance (width of knitting) —

26 1/2 (28, 28, 29 1/2, 29 1/2)"

Cuff circumference:

8 (8 1/2, 8 1/2, 9, 9)"

Skill Level Intermediate. Both charted and line-by-line written stitch instructions are provided.

Shown in Symphony Kid Lace with Beads & Glitter by Tili Tomas, color Surf

Yarn and Needles

Lace weight or light fingering weight yarn — 725 (850, 925, 1000, 1075) yards. If changing planned measurements, adjust amount of yarn needed accordingly.

Straight or circular knitting needles for main body of shrug (knitted flat) — US 8 (5 mm) or size to achieve gauge. Also, double points or circulars in same size for transition from cuff to main body.

Your choice of double points or circular needles for knitting the cuffs circularly and for transition to flat knitting — US 3 (3.25 mm) or comparably smaller needle size to that for which you get gauge.

2 cable needles.

Gauge 21 stitches and 24 rows per 4 inches over cabled lace stitch pattern used in main body of shrug.

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HeartStrings Pattern: H61 - 9276

Lace and Cables Scarf



Here is a nicely reversible scarf in a beautiful organically flowing design.

An easy trellis lace stitch combines with interwoven lattice of textured knit-purl spot cables that appear to be floating.

To add to the ethereal appeal of this pattern design, our model is made in a soft metallic-enhanced yarn plied with tiny glass seed beads.

Size Planned measurements are 7" by 56" after finishing with light blocking.

Width can be adjusted in increments of the 16-st multiple (approximately 2 1/2").

Number of row repeats can be worked to length desired.

Skill Level Advanced beginner. Both charted and line-by-line written stitch instructions are provided in the pattern.

Shown in Symphony Kid Lace with Beads & Glitter by Tili Tomas, color Hope

Yarn and Needles

Lace weight or light fingering weight yarn — 325 yards for planned measurements. If changing width and/or length, adjust amount of yarn needed accordingly.

Knitting needles — size US 5 (3.75 mm) suggested.

Cable needle.

Gauge 25 stitches per 4 inches over finger-blocked stitch pattern.

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HeartStrings Pattern: H64 - 9271

Lace Starlight Stole



Lace Starlight is a luscious stole knitted in an interesting and lovely dropped stitch lace pattern.

The radiating strands of yarn remind us of rays of starlight. For added starlight sparkle, our model is made in a soft metallic-enhanced yarn plied with tiny glass seed beads.

This self-edged stole is worked in one piece. So when it is done, it is done except for a simple blocking to open up the lace pattern.

If you are familiar with hairpin lace, you might have thought this stole was crocheted. But actually it is knitted!

Shown in Symphony Kid Lace with Beads & Glitter by Tili Tomas, color Black Cherry

Size Planned finished measurements are 16" by 72". Width can be adjusted in increments of the 15-st multiple (approximately 2 1/2"). Number of row repeats can be worked to length desired.

Yarn and Needles

Lace weight or light fingering weight yarn — 690 yards for planned measurements. If changing width and/or length, adjust amount of yarn needed accordingly.

Knitting needles — size US 6 (4 mm) suggested.

Gauge 6 stitches and 7 rows per inch over lace stitch pattern.

Skill Level Intermediate. Both charted and line-by-line written stitch instructions are provided.

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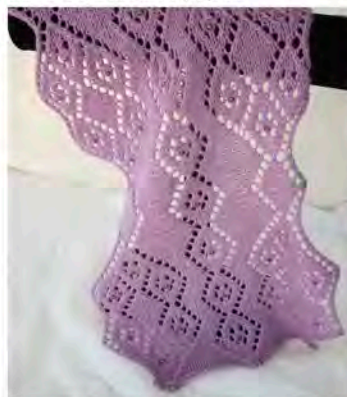
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HeartStrings Pattern: H66 - 9342

Links of Diamonds Scarf

This scarf has a beautiful shaped edge, undulating in and out around hexagonal clusters like Spanish medallions linked together. For added glamor, incorporate glass beads as I did, or omit them if you prefer.



Links of Diamonds is the latest design in the series "It's an Upside-Down World: directional stitches in lace". Lovers of scarves where both ends match will delight in the attention to design and technical details of this scarf.

"Fool the eye" horizontal symmetry allows this scarf to be knit from end to end in one piece. Particular attention is also given to the cast on, bind off, and treatment of edge stitches to achieve the look of a continuous chain edging all around.

Shown in Windy Valley Melro, color # 7006, Miyuki seed beads, color 6-257 Dark Transparent AB

Size Planned measurements after light blocking are an overall length of 62" and a width varying between 9" and 12".

Yarn, Beads and Needles

425 yards lace weight or light weight fingering yarn.

US 5 (3.75 mm) circular needle or size you need to obtain gauge.

Gauge 21 stitches and 28 rows = 4 inches in lace stitch pattern after light blocking.

Optional —

111 size 6/0 (4 mm diameter) glass seed beads, approximately 10g.

Crochet hook that is small enough to go through holes in beads.

Skill Level Intermediate. Both charted and line-by-line written stitch instructions are provided in the pattern.

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I strive to make your pattern accurate and complete. If I have overlooked something, or if you have problems or suggestions, please let me know at: HeartStrings, 53 Parlange Dr. Destrehan, LA 70047, (985) 764-8094, Jackie@HeartStringsFiberArts.com



Jackie E-S Design Collections – Comfort Collection – The Sock Calendar Series

HeartStrings Pattern: H67 - 0006

White Lotus Stole

White Lotus features lovely scintillating organic forms enhanced by beaded nupps. The lotus flowers are framed by the bobble-like texture of the nupps, and the beads appear as dew drops on the flowers.



Shown in Colton Australian Angoras Ultrafine Laceweight Kid Mohair, Miyuki seed beads, color 6-1315 Silver-lined Crystal

The scallops along the edges naturally form from the heavily-biasing nature of the stitch pattern.

The shape of this stole is a cross between a rectangle and a triangle, thus providing both an interesting project to knit as well as to wear.

Size Finished blocked measurements: 72" (183 cm) width at top edge and 30" (76 cm) width at bottom edge; length of 22" (56 cm)

Yarn, Beads and Needles
Needles: US 4 (suggested circular needle as there will be many sts)

1000 yards (914 m) lace weight or light weight fingering yarn.

Knitting needles US 4 (3.5 mm) or size you need to obtain gauge; a circular needle is suggested as there will be many stitches in a row.

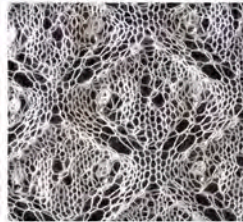
Gauge 24 stitches and 32 rows = 4" (10 cm) in lace stitch pattern after blocking.

US 8 (5 mm) knitting needle; only one needed for binding off.

404 size 6/0 (4 mm diameter) glass seed beads, approximately 35 g.
Crochet hook that is small enough to insert into holes in the beads.

Skill Level Experienced or adventures intermediate. Good control over tension is required for making uniform nupps. The pattern stitch is heavily biased and requires confident skills in severe blocking. A test sample is suggested to assure your completed project will be the look you want. Both charted and line-by-line written instructions are provided.

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I strive to make your pattern accurate and complete. If I have overlooked something or if you have problems or suggestions, please let me know at: HeartStrings, 53 Parlange Dr, Destrehan, LA 70047, (985) 764-8094. Jackie@HeartStringsFiberArts.com



HeartStrings Pattern: H69 - 2160

TERZETTO LACE MITTS

Envision these fingerless gloves in the perfect setting of an afternoon tea on the lawn, or just gracing the hands of the mistress of the manor as she makes her rounds of the mansion grounds.

Terzetto Lace Mitts are named for the threesome of lace stitch patterns used in their design. The name is borrowed from the musical term *terzetto*, meaning a trio for instruments or voices.

Let this trio of lace stitches sing to you while knitting and wearing these elegant near elbow-length Victorian style fingerless gloves.

Shown in Crystal Palace Panda Silk color K0300 Sand Dollar



Finished Sizes In selecting your size, allow for 0 - 1 1/2" / 0 - 3.8 cm negative ease
Total length: 13 (13 1/4, 13 1/2, 13 3/4, 14, 14 1/4, 14 1/2, 14 3/4, 15, 15 1/4, 15 1/2, 15 3/4, 16, 16 1/4, 16 1/2, 16 3/4, 17, 17 1/4, 17 1/2, 17 3/4, 18, 18 1/4, 18 1/2, 18 3/4, 19, 19 1/4, 19 1/2, 19 3/4, 20, 20 1/4, 20 1/2, 20 3/4, 21, 21 1/4, 21 1/2, 21 3/4, 22, 22 1/4, 22 1/2, 22 3/4, 23, 23 1/4, 23 1/2, 23 3/4, 24, 24 1/4, 24 1/2, 24 3/4, 25, 25 1/4, 25 1/2, 25 3/4, 26, 26 1/4, 26 1/2, 26 3/4, 27, 27 1/4, 27 1/2, 27 3/4, 28, 28 1/4, 28 1/2, 28 3/4, 29, 29 1/4, 29 1/2, 29 3/4, 30, 30 1/4, 30 1/2, 30 3/4, 31, 31 1/4, 31 1/2, 31 3/4, 32, 32 1/4, 32 1/2, 32 3/4, 33, 33 1/4, 33 1/2, 33 3/4, 34, 34 1/4, 34 1/2, 34 3/4, 35, 35 1/4, 35 1/2, 35 3/4, 36, 36 1/4, 36 1/2, 36 3/4, 37, 37 1/4, 37 1/2, 37 3/4, 38, 38 1/4, 38 1/2, 38 3/4, 39, 39 1/4, 39 1/2, 39 3/4, 40, 40 1/4, 40 1/2, 40 3/4, 41, 41 1/4, 41 1/2, 41 3/4, 42, 42 1/4, 42 1/2, 42 3/4, 43, 43 1/4, 43 1/2, 43 3/4, 44, 44 1/4, 44 1/2, 44 3/4, 45, 45 1/4, 45 1/2, 45 3/4, 46, 46 1/4, 46 1/2, 46 3/4, 47, 47 1/4, 47 1/2, 47 3/4, 48, 48 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June 2012 Catalog HeartStrings Knitting Patterns

From the classic to the uniquely appealing – Skill-building comprehensive instructions – Yarn-brand independent patterns for creative freedom

HeartStrings Pattern: H73 - 0148

Bi-directional Lace Strips Stole

This gem of a stole is made in jewel-tone colors of narrow lace strips that are joined as the panels are knitted, thus eliminating the need for any sewing later on. There are three sets of strips, each in a different color. The undulating edges around the stole and between the strips add movement and interest to this eye-catching stole.

An unusual feature is that the panels are worked in the opposite direction of the panel to which they are joined, thus creating vertical symmetry of the tear-drop pendant motifs across the six adjoining panels.

Another feature of the stole is a lengthwise separation to form two narrower sections of three strips each that give variety to the ways this stole can be worn. We especially like to wear this style with the wider section laying on one shoulder and the 'tails' simply flung over the other shoulder.



Shown in Himalaya Duke Silk yarn using one skein each of color A: HSI-013, color B: HSI-008 and color C: HSI-007

Bi-directional Lace Strips Stole pattern is the newest addition to the HeartStrings skill-building series. It's an Upside-Down World: directional stitches in lace.

Size One size fits all. Finished measurements after blocking: 50" by 22".

Yarn 675 yards DK or light worsted weight yarn with 225 yards in each of 3 different colors A (light tone), B (medium) and C (dark).

Gauge 5 stitches per inch over lace stitch pattern.

Suggested Needles A pair of US 7 / 4.5 mm straight knitting needles.

Other Notions Tapestry needle for finishing ends; blocking board and rust-proof blocking wires/pins.

Skill Level Intermediate.

Stitch Instructions Written.

Special Techniques Used and Described Chain stitch selvage; p2tog bind off; joining a lace panel to another panel as you knit.

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I strive to make your pattern accurate and complete. If I have overlooked something, or if you have problems or suggestions, please let me know at: HeartStrings, 53 Parlange Dr. Destrehan, LA 70047, (985) 764-8094. Jackie@HeartStringsFiberArts.com

HeartStrings Pattern: H74 - 1122

Lacy Maizy Wrap

Crisp outlines of cable stitches frame a back-drop of lace. The cables are carried out to each edge of the wrap, preserving the overall flow of the curving lines.



Shown in Maizy by Crystal Palace Yarns. 82% Com Fibre18% elastic Nylon, 204 yds/50g - 3 balls, color 1012 Meadow Mist

Size 12" by 70" including fringe

Yarn 600 yards fingering weight

Gauge 13 stitches = 4 inches over blocked cable lace stitch pattern

Suggested Needles US 7 / 4.5 mm

Other Notions Cable needle (optional)

Tapestry needle for finishing ends

Blocking board and rust-proof blocking wires/pins

For fringe: crochet hook for latching fringe onto the ends of the wrap and sharp scissors or rotary blade cutter for trimming fringe ends.

Skill Level Advanced beginner

Stitch Instructions Charted and written

Special Techniques Used & Described Lace patterning on every row

Cabling without a cable needle

Attaching fringe

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HeartStrings Pattern: H75 - 0155

Shallow Sideways Tri Shawl

Jackie E-S redefines the traditional triangle shawl with a shallower profile worked side-to-side beginning with just four stitches.

The cable-ribbed lace pattern softens the edges in beautifully sculpted outlines.

A bonus is that the pattern is pleasingly reversible, giving you the freedom to wear this shawl in a multitude of ways that take advantage of the long, slender tails for tying or flipping.

Several ideas of ways to wear this garment are included.



Shown in Qiviuk Silk Blend by Jacques Cartier. 50% qiviuk/50% mulberry silk, 217 yds/28g - 2 balls, color maroon



Size 15" at point of triangle by 84"

Yarn 400 yards lace weight yarn

Gauge 22 stitches = 4 inches over blocked cable lace stitch pattern

Suggested Needles US 5 / 3.75 mm

Other Notions Cable needle

Tapestry needle for finishing ends

Blocking board and rust-proof blocking wires/pins

Skill Level Intermediate

Stitch Instructions Fully charted with line-by-line written support for the first part of the shawl in which the pattern is established.

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HeartStrings Pattern: H77 - 1086

Buds in the Breeze

As enjoyable to knit as it is lovely to wear, this light-as-a-breeze stole features a field of flower-like medallions centered with napp "buds".

Even though this stole might appear to have complex shaping, it is knitted in the same number of stitches from end to end. The shaping along the edges is achieved by two things:

1. An illusion created by the varying width of the garter stitch rows along the side edges as they dip into the main stitch area at regular intervals.
2. Accentuating the points during the blocking process (blocking guide photos included in pattern).



Shown in Schaefer Aubrey - 50% Merino Wool 50% Cultured Silk, color Indigo

Size 15" by 72" after tension blocking

Yarn 700 yards light fingering weight

Gauge 18 stitches = 4 inches over blocked lace

Knitting Needles US 6 (4 mm) or size to get gauge

Other Notions Tapestry needle for finishing ends

Blocking board; rust-proof blocking wires/pins

Skill Level Intermediate or adventurous advanced beginner lace knitter; good control over tension is required for making uniform napps

Stitch Instructions Charted and written

Special Techniques Estonian napps

Construction Worked flat in rows from end to end in one piece, no sewing or grafting

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Jackie E-S Design Collections – Comfort Collection – The Sock Calendar Series

HeartStrings Pattern: H76 - 2062

I Heart Filet Lace

Knit this short ascot-like scarf and wear a heart on your heart. The knitted lace mesh simulates the look of filet lace crochet or darned netting, but is actually knitted. A boldly outlined heart motif at each end of the scarf is set against the background of lace mesh.



Pictured in Lorna's Laces Shepherd Sock, color cranberry

Finished Size 7" by 32" after tension blocking (17.78 cm by 81.28 cm); the scarf can easily be knitted longer by planning for more yarn and working additional rows of the filet lace mesh pattern between the two heart motifs

Yarn 125 yards (114 m) fingering weight; choose a yarn that will hold a good blocking as the stitch pattern has a tendency to bias somewhat in its unblocked state

Gauge 20 stitches x 20 rows = 4" (10 cm) after tension blocking

Knitting Needles Size US 6 (4 mm) suggested

Other Notions 3/4 yard (44 cm) ribbon

Tapestry needle for finishing ends

Blocking board; rust-proof blocking wires/pins

Skill Level Easy

Stitch Instructions Written and charted

Skills Needed Knit, purl, yarn over

Special Techniques Knitted filet lace; knit through decrease (explained in pattern)

Overview of Construction Knitted end to end; no seams to sew

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HeartStrings Pattern: H78 - 0179

Fairies and Flowers

Dainty fairy motifs at one end of this scarf transform into flowers at the other end. Bead embellishment defines the fairy heads and flower buds. Taking advantage of the natural bias of the lace stitch patterns, a scalloped edging frames the entire piece.



Shown in Kami Blon by Fibro-Isle International 60% Bamboo/30% Merino/10% Bison, color Rose Petale

Size Planned for 8" by 64" after blocking; width can be adjusted in increments of 10 stitches (slightly less than 2") length can be adjusted in increments of 16 rows (2"); if adjusting size please plan accordingly for more or less yarn and beads

Yarn 375 yards lace weight yarn at approximately 250 yards per ounce

Gauge 23 stitches and 32 rows = 4 inches over blocked lace stitch patterns

Needles US 4 / 3.5 mm or size to get gauge; optional: larger size knitting needle for binding off

Glass Seed Beads 210 size 6/0 (4 mm diameter) - approximately 18g

Other Notions

Small crochet hook or similar for placing beads

Tapestry needle for finishing ends

Blocking board and rust-proof blocking wires/pins

Skill Level Intermediate

Stitch Instructions Charted and written

Special Techniques Used and Described

Placing a bead with a crochet hook

5-stitch cable with center upright stitch

Chain stitch selvage

Bind off with k2togtbl

Construction

End-to-end, one piece, no sewing or grafting



Detail of the fairy motif. A cable twist and eyeslet define the body and wings, while a bead (placed with the crochet hook method) represents the head.

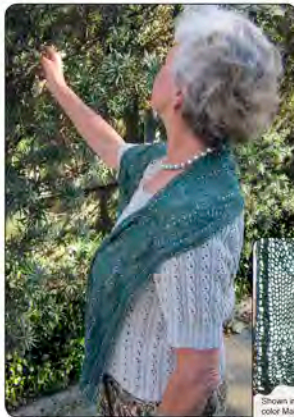
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HeartStrings Pattern: H79 - 1289

Dragonfly Dreams

Dragonflies symbolize the illusion of light, thoughts and dreams in this knitted interpretation featuring lace, beads and Estonian gathered stitches.

This design combines lace eyeslets, beads, decrease stitch outlines, gathered stitches, stockinette and garter stitch to provide the details of the dragonflies against a ground of reverse stockinette. The dreamy reflection of light and shadow is framed with columns of small beads and gathered stitches.



Shown in Buffalo Gold Lux color Malachite. Miyuki beads colors #18 Silver-steel Light Blue (wings) and #234 Metallic Gold-lined Crystal (bodies)

Finished Size 52" by 8 1/2"

Yarn 330 yards lace or light fingering weight

Gauge 6 stitches and 6 rows per inch over lace stitch patterns after blocking (plan for 5 1/2 stitches and 7 rows over unblocked stockinette stitch)

Knitting Needles Size US 4 (3.5 mm) suggested

Glass Seed Beads 168 size 6/0 (4 mm diameter) for dragonfly body and head, approximately 15 g
1240 size 8/0 (3 mm diameter) for dragonfly wings and scarf border, approximately 35 g

Other Notions

Stitch markers (optional, but helpful in checking stitch counts)

Small crochet hook or similar for placing the larger size 6/0 beads

Reading needle, floss threader, or bead spinner for stringing the smaller size 8/0 beads

Tapestry needle for finishing ends

Blocking board; rust-proof blocking wires/pins

Skill Level Advanced or adventurous intermediate

Skills Needed Knit, purl, yarn over, make 1, k2tog, ssk, knitting and purling multiple stitches together, stringing beads, placing beads with a crochet hook

Stitch Instructions Charted and written

Construction Knitted flat in one piece from end to end; the larger beads are placed with a crochet hook; the smaller beads are pre-stringed and pushed into place between purl stitches

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HeartStrings Pattern: H80 - 1289

Bitty Beady Christmas Tree

This tiny Christmas tree has bead "ornaments" that peek in and out of the trellis lace branches.

You can knit a bunch of Bitty Beady Christmas Trees in hardly any time. They are a great use for small amounts of yarn to make low-cost holiday house-warming gifts, ornaments and package decorations.



Finished Size Approximately 5" high by 4 1/4" wide (12.7 by 10.8 cm) after light blocking

Yarn 10 yards Lorna's Laces Shepherd Sock or similar smooth wool-blend fingering weight yarn with a firm twist

Knitting Needles Size 2 US (2.75 mm) suggested

Gauge 5 stitches = 1" (2.5 cm) over trellis lace stitch blocked (gauge is not critical although it could affect size and amount of yarn used)

Beads Approximately 3 g size 8/0 (3 mm diameter) beads; 74 beads are used for the bead "ornaments" and the remainder can be used for the hanging loop

Other Notions bead stringing needle

tapestry needle for finishing ends

Skill Level Intermediate or adventurous advanced beginner lace knitter

Stitch Instructions Written

Construction Knitted flat in one piece from tree trunk to top of tree; beads are strung onto the yarn before knitting begins and pushed into place on each yarn over

Special Techniques Used and Described 1-cord; knitted cable cast on; purlled cable cast on; center double decrease; serrated stepped bind off



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Jackie E-S Design Collections – Comfort Collection – The Sock Calendar Series

HeartStrings Pattern: H88 - 2099

Sunset Wrap



Circle your shoulders in a soft glow of color.

Sunset Wrap is knitted with a slow striping yarn in a textured beaded lace pattern stitch reminiscent of the hues of backlit clouds along the horizon of a beautiful sunset over a glacial lake.

This infinity wrap is knit circularly as a large tube with lace eyelets worked on 5 of the 6 pattern rounds. If you have not knit lace where there is lace patterning every row, the Sunset Wrap is a good introduction. And even if you have, you'll enjoy how relaxing and fun this project is.

Because Sunset Wrap is pleasingly reversible, you can wear it in a variety of ways. Ideas shown here are - (top left) double twist fake Mochius shoulder wrap; (bottom left) generously-sized twisted loop scarf; (below) or simply worn as a large loop to cover your shoulders and back and draped in front to bring focus to the pretty scalloped edges.



Shown in Crystal Palace Mini Mochi, color #321 Ice Strawberry, Miyuki beads color #274 Amethyst Lined Crystal AB

Finished Size 40" circumference by 16" long (101.6 by 40.64 cm) as measured between outer edges of scallops along top and bottom of the tube; guidance for adjusting the size is included in the project instructions; if adjusting circumference or length, plan accordingly for more or less yarn and beads

Yarn 585 yards (535 m) fingering weight

Gauge 24 stitches and 32 rounds = 4" (10 cm) over blocked stitch pattern (approximately 5 stitches per inch over stockinette)

Knitting Needle 24" - 32" (60 - 80 cm) circular size US 6 (4 mm) suggested

Glass Seed Beads 200 size 6/0 (4 mm diameter), approximately 17 g

Other Notions
 Stitch markers (optional, but helpful in checking stitch counts)
 Tiny crochet hook small enough to fit through hole of beads
 Tapestry needle for finishing ends

Skill Level Advanced beginner

Skills Needed Knit, purl, yarn over, cast on, bind off

Stitch Instructions Charted and written

Special Techniques Place bead with crochet hook

Construction Knitted circularly in one piece; no seams to sew

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HeartStrings Pattern: H182 - 1269

V-Start Neck Kerchief Scarf

A flattering neckline and easy-to-knit lace patterns combine to create this appealing neck kerchief scarf using just 150 yards of lace weight yarn.



Shown in Lumie's Laceit Hair's Lace woolen, color Amish

Finished Size 33" span width; 9" center spine length

Yarn 150 yards lace weight

Gauge 20 stitches = 4 inches over blocked lace

Knitting Needles US 4 (3.5 mm) suggested

Other Notions
 2 markers (for indicating end of panel sections)
 Tapestry needle for finishing ends
 Blocking board; rust-proof blocking wires/pins

Skill Level Intermediate or adventurous advanced beginner lace knitter

Stitch Instructions Charted and written

Construction Worked flat in rows starting at neckline and increasing to lower edge in one piece; no sewing or grafting

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June 2012 Catalog HeartStrings Knitting Patterns

From the classic to the uniquely appealing – Skill-building comprehensive instructions – Yarn-brand independent patterns for creative freedom

HeartStrings Pattern KH01 - 6316

Scalloped Juliet Cap

Treat yourself, or someone else you love, to a little bit of extravagance. Soft scallops frame the face in this stylish cap knitted in a modified feather and fan lace stitch. Choose a variegated yarn for zestful color interplay that is enhanced by the wavy pattern. A nice alternate is to use a solid color yarn to emphasize the lace.



Sizing
Medium adult - Finished circumference 21" to fit head approximately 22".
Adjust size or snugness of fit by adjusting gauge/needles used.

Yarn and Needles
Bulky or heavy worsted weight yarn - 85 yards
Pictured models were knitted in
— Heritage hand-painted Cotton Chenille - color Summer Haze (variegated color hat on this page, and to left in picture on next page)
— Heirloom Easycare 12 superwash merino - color #715 (solid color hat to right in picture on next page).

Gauge: 12 stitch repeat of modified feather and fan pattern = 3 1/2 inches

Needles: 1 - 16" circular needle and 1 - set of double pointed needles —
Size 7 US / 4.5 mm needles (suggested for Heritage Cotton Chenille), or
Size 10 US / 6 mm needles (suggested for Heirloom Easycare 12), or
as needed to give gauge.
If adjusting size, modify gauge using larger or smaller needles as necessary.

Note: The Heritage Cotton Chenille is unlike chenille yarns the knitter may have experienced previously which require working very tightly to avoid unsightly looping. With Heritage, just knit with your regular tension.

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HeartStrings Pattern KH02 - 5322

Bella's Beads

This hat is a flapper style, inspired by the movie "Agatha" with Vanessa Redgrave. Women in the 20's and 30's wore these lovely cloche hats. Laura envisioned one with a beaded band ... which started us on the way to creating this hat design. A second inspiration was a biography of Bella Abzug, a politician who did a lot for women's issues. Bella was famous for always wearing a hat; hence Bella's Beads.



The design has a beaded roll brim followed by plain knitting, then a beaded band emphasized in puri stitches. Two versions for the crown are given — one with beaded puri circles, and the other with beaded garter spokes. For the beaded areas, you will be manipulating two strands of yarn, one with and one without beads. This is a simple way to introduce the beads as needed into the knitting.

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HeartStrings Pattern KH03 - 5322

Comfort Socks Set

At-home Comfort ... On-the-go Comfort



Soft comfortable socks designed with the men in your life in mind. Now add the heartfelt touch of hand-knit to fit, and this becomes a special gift from you to a loved one. Even the quietest and least expressive of guys is showing you his appreciation when he wears the socks you made.

The Comfort Socks Set presents coordinated designs for a set of socks — one pair for lounging comfort and one for everyday out-and-about wear. The At-home Comfort socks (shown to left in photo) have a dressy band of Norwegian Braid and Bohus Pearls on the leg. The companion On-the-go Comfort socks (right) have a coordinating single Norwegian Braid. On both socks, the comfy ribbing is carried down the foot, ending with a simple toe closure (no Kitchener stitch).

The main yarn used for At-home Comfort is a luxury fiber. This pair of socks in the set is not intended to be a hard-wearing or "work" sock, but rather a soft comfortable sock for relaxation or to provide warmth for the ailing. The main yarn for On-the-go Comfort is a sturdier practical yarn for enhanced wear. The main yarn in each pair is used as the accent yarn in the other pair.

Sizing
Men's small, with changes for medium, large, and extra-large in the [,] brackets. Planned finished measurements: foot length 10|10 1/2|11 1/2|12 1/2" (approximate men's shoe size 8|10|12|14), sock circumference around foot 8 1/2|9 1/2|9 1/2", leg length above heel flap 8 1/2|9 1/2".
Yarn and Needles
Sport/DK weight yarn as follows —
Luxury yarn (L: 275|115,165,420) yds for main yarn in At-home and 6 yds for accent yarn in On-the-go.
Practical yarn (P: 285|325,375,430) yds for main yarn in On-the-go and 30 yds for accent yarn in At-home.
If altering planned finished measurements, consider if additional yarn may be needed.
In choosing your yarns, consider a nice contrast in colors as well as possibly texture. Both yarns should be of the same general gauge to work together in the stitch patterns.

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Our luxury yarn included linen in the alpaca blend, and our practical yarn was a cable-knit structure, thus naturally providing natural strength. You may wish to use reinforcement thread carried along with main yarn in heels and toes if your yarns are a softer-wearing variety.
US 2 double-pointed needles, or size to obtain planned gauge of 6 1/2 stitches per inch over stockinette stitch.
US 3 double-pointed needles, or 1 size larger than needle size used to obtain gauge.
Tapestry needle and crocheter hook (optional) for finishing.

For socks as pictured (2 pair in the set) use
(L) 2|3|3,3|3 balls of Haneke Booties 20% baby alpaca/35% linen/35% merino wool (50g/147 yds) in #2199 burgundy, and
(P) 3|4,4,5|5 balls of Heirloom Easycare 8 superwash 100% wool of merino/merino cross (50g/165 yds) in #717 silver gray.

HeartStrings Pattern KH05 - 5322

Luxe Hat

Soft and classically elegant ... with that touch of simple sophistication. This hat is designed to feature luxury yarns — ours is knitted in baby alpaca and bombyx silk. A simple roll-brim softly frames the face, then three eye-catching Norwegian Braid Bands encircle the main body of the hat. Puri ridges in the decorative crown shaping both define and mask the decrease lines, giving a subtle finish that adds textural interest.



Sizing
Adult small-medium with changes for large in the [|] brackets. Finished hat circumference 20 1/2|21 1/2" to fit heads to approximately 22|23".

Yarn and Needles
Sport or DK weight yarn:
120|130 yards of main color (M)
12 yards of contrast texture/color (C)

C is used along with M when working the Norwegian Braid Bands. Choose yarns that contrast in texture and/or color. We chose a white-on-white color combo with matte/shiny contrast for a sophisticated classic look.

Size 7 US / 4.5mm or size to obtain planned gauge:

16" circular for main body of hat
Set of double pointed needles for crown shaping

Gauge: 5 stitches per inch over stockinette stitch with main yarn (M)

Note: 2 strands of fingering weight yarn held together as one can also be used as we did in our pictured model for the C yarn — remember to double the yardage amounts if using 2 strands.

Pictured model is shown in size large and was knitted with

(M) Haneke Fancy Exotics thick-and-thin slub yarn 20% baby alpaca/70% merino/10% Tencel lyocell (50g/132 yds) in #10 natural.
(C) Treeway Reeled Bombyx Silk #0 (50g/150 yds) undyed natural (we doubled this yarn, so allow twice the stated yardage in the pattern)



Detail of Norwegian Braid Band

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Jackie E-S Design Collections – Comfort Collection – The Sock Calendar Series

HeartStrings Pattern KH04 - 5322

Norwegian Braid Hat

This roll-brim hat features a decorative Norwegian braid band. Made in luxury yarn, its softness will bring warmth and comfort to body and soul. Coordinates with the #KH03 Comfort Socks Set for a great wardrobe enhancer or gift.



Sizing
Adult small-medium with changes for large-extra large in the [] brackets. Finished hat circumference 20[22]" to fit head approximately 21 - 22[2 1/2 - 2 3/4]".

Yarn and Needles
Worsted weight yarn:
110[125] yards of main color (M)
4 yards of contrast color (C)
Size 9 US / 5.5mm or size to obtain planned gauge:
16" circular for main body of hat
Set of double pointed needles for crown shaping
Gauge: 4 stitches per inch over stockinette stitch with main yarn (M)

Note: 2 strands of light sport weight yarn held together as one can also be used as we did in our pictured model – remember to double the yardage amounts if using 2 strands.

Pictured model is shown in size large-extra large and was knitted with

(M) Haneke Exotics 30% baby alpaca/35% linen/35% merino wool (50g/147 yds) in #2199 burgundy (allow 2 balls, since this is a sport weight yarn and needs to be doubled)

(C) Heirloom Easycare 8 superwash 100% wool of merino/merino cross (50g/105 yds) in #797 silver gray



Detail of Norwegian Braid hat band

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Kuan Yin Knitting / HeartStrings Pattern KH06 - 5168

Warm Hearts Comfortghan

A snugly lap blanket or afghan is a comfort to knit and give to loved ones. Here is a design for a handsome small blanket in a "warm hearts" theme appropriate for anyone. A bonus is that the stitch pattern is different yet pleasing on both sides - it's like getting two blankets for the effort of making one!

Designed by Laura Andersson of Kuan Yin Knitting



Sizing
45" x 52" after washed and dried flat

Yarn and Needles
Machine washable worsted weight yarn: 1250 yds
Size 9 US / 5.5 mm or size needed to obtain planned gauge
Gauge: 4 sts/inch in Warm Hearts stitch pattern after washed and dried

Optional: 15 stitch markers, one of which is a different color

Pictured model was knitted by Rachel Wilson with Brown Sheep Lambs Pride Superwash, 100% wool machine washable, color Serendipity Turquoise, 100g/200 yds per skein, 7 skeins.

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HeartStrings Pattern: M04 - 5332

Ribbed Diamonds Man's Vest



... a handsome man's V-neck pullover vest in a clean-cut textured pattern stitch of ribbed diamonds

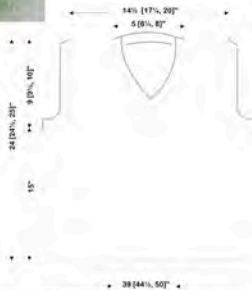
Sizing
Men's size Small, with changes for Medium and Large in the [] brackets. Finished chest measurements: 39" [44 1/2", 50"]

Yarn and Needles
Sportweight yarn 900 [1025, 1150] yards
Size 4 us (3.5 mm) circular needle (for size to obtain planned gauge), 24" length

Size 3 us (3.25 mm) circular needles (for one size smaller than needle to obtain planned gauges), 16" and 24" lengths

Size 4 us (3.5 mm) straight needle (for shoulder bindoff)

GAUGE: 23 stitches and 32 rows per 4 inches over Ribbed Diamonds pattern stitch on the larger size needle



Skill Level: Intermediate knitter

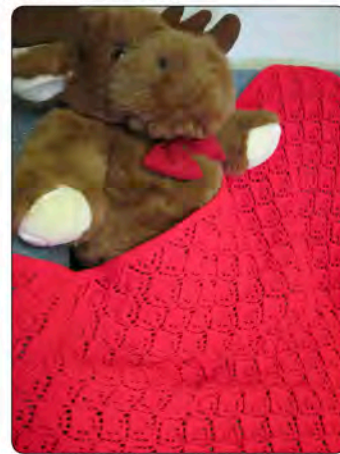
Caution: Yarn requirements are based on the planned dimensions and gauge stated in this pattern. You may need to consider getting additional yarn in same dye lot if you are adjusting these instructions.

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HeartStrings Pattern: N37 - 1302

Moose Lace Afghan

This attractive, practical afghan is an example of "moose lace", i.e. lace knitted in a large gauge in heavier yarn. The lace makes this afghan lighter in weight for its size, yet pleasingly warm and snugly.



Finished Size 40"/102 cm wide by 48"/122 cm long, or size desired (can be adjusted in multiples of 10 stitches and repeats of 16 rows)

Yarn 900 yards / 823 m worsted weight (if resizing from measurements above, consider appropriate adjustment to yarn amount)

Gauge 15.5 stitches and 24.5 rows = 4 inches / 10 cm over lace stitch

Knitting Needles US 8 (5 mm) suggested

Skill Level Advanced beginner

Stitch Instructions Charted and written

Construction Worked flat in rows in one piece; no seams to sew

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Patterns #H01 - N37, page 16

June 2012 Catalog HeartStrings Knitting Patterns

From the classic to the uniquely appealing – Skill-building comprehensive instructions – Yarn-brand independent patterns for creative freedom

Beaded Swirls Socks

HeartStrings Pattern: S01 - 5332

Swirling texture and variegated color, embellished with knitted in beads, make these socks fun to knit and distinctive to wear. The shaped top edge naturally occurs due to the bias effect of the pattern. Choice of decorative heel for wearing with clogs and sandals, or plain heel for wearing with regular shoes.

Sizing

Finished foot circumference is approximately 7½" and allows a moderately snug fit on an adult woman's medium width foot. Planned leg length is approximately 6" above heel flap, and can be adjusted either longer or shorter in increments of 10 rounds by adding or omitting repeats of Chart K. Yardage is estimated for foot length up to woman's shoe size US 12 (11" foot length), and is adjustable to specific measurements of wearer as indicated in the instructions. If you are making adjustments for longer leg length or especially long feet, you may need more beads and yarn than specified below.



Photo showing stitch detail and shaped top edge as viewed from side of leg.



Photo showing pattern detail and decorative heel. Instructions for a plain heel are also included in the pattern.

Yarn, Beads and Needles

Fingering weight sock yarn (16 - 17 wraps per inch) that is smooth enough to allow the beads to slide along it, approximately 375 yards.

Size 1 us (2.5 mm) knitting needles or size needed to obtain planned gauge.
Size 2 US (3.0 mm) knitting needles, or one size larger than those used to achieve gauge.

Instructions are written for a set of 5 double point needles. If you wish to use another method such as 4 double point needles or knitting on circular needles, just use the needle references to refer to the stitches however you have placed them on your needles.

Gauge: 8 stitches per inch over stockinette stitch.

136 size 8/0 glass seed beads (approximately 12g). For stringing the beads on the yarn, you will also need a small needle or similar with eye small enough to go through the beads, yet large enough to be threaded with the yarn. I use either a size 24 tapestry needle, or a collapsing eye nylon floss threader.

Pictured model was knitted in Lorna's Laces Shepherd Sock 80% merino wool/20% nylon yarn in color #204 Yellowstone, and Miyuki beads in color Transparent Gray Iris.

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HeartStrings Pattern: S02 - 9109

Beaded Faux Argyle Socks

Lace, ribbed textures and beads combine for the look of Tartan plaid in these handsome calf-high socks topped with spiffy Scotch garters (optional).



Sizing

Adult medium. Stated yardage allows for planned measurements of 8" leg length above heel flap, 8" sock foot circumference, and 5½" foot length. Foot length is easily adjustable as indicated in the instructions. If making adjustments for longer foot length, please allow more yarn.

Yarn, Beads and Needles

375 yards fingering weight sock yarn

Size 1 US (2.25 mm) knitting needles or size needed to obtain a gauge of 8 stitches per inch over stockinette stitch; your choice of double point or circular needles for knitting in the round

Size 8/0 (3 mm) glass seed beads in your choice of colors:

Main color (M) - 860 beads, approximately 25g

Secondary color (S) - 388, approximately 10g

Bead stringing needle

Optional Scotch garters: 2 twisted cords or narrow trim, each approximately 20" long



For socks as pictured above use Lorna's Laces Shepherd Sock Yarn color #304 Black Watch; Miyuki beads #10 Silver-lined Red (M) and #2 Silver-lined Gold (S).

To make twisted cords as shown for optional garters use Krenik Metallic 1/16" Ribbon in colors #003 Red and #302 Brauliane, Krenik Ombre #1700.

Lorna's Laces Shepherd Sock Yarn color #76 Astin; Miyuki beads #401 Transparent Black and #141 Transparent Red; Krenik 3/8" Trim #110 Black Onyx.

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Anklet Coronets

HeartStrings Pattern: S03 - 7308

Beads enhance the lacy scallops of these dressy socks in a low-cuffed anklet style. I modified a basic feather-and-fan lace structure for ribbed elasticity to hug the ankle and firmness to carry the weight of the beads.

For the model shown to right, I chose a regal looking purple variegated yarn and contrast beads. The anklets look equally elegant in a tone-on-tone combination such as in the pink version below.



Sizing
Finished foot circumference is approximately 7½" and allows a moderately snug fit on an adult woman's medium width foot.

Yarn, Beads and Needles

Fingering weight sock yarn (16 - 17 wraps per inch) that is smooth enough to allow the beads to slide along it, approximately 300 yards

Double point knitting needles in size 1 to 1.5 us (2.25 to 2.5 mm), or size needed to obtain planned gauge. Instructions are written for a set of 5 needles. If you wish to use another method such as 4 needles or knitting on circular needles, just use the needle references to refer to the stitches however you have placed them on your needles.

Gauge: 8 stitches per inch over stockinette stitch

472 size 8/0 glass seed beads (approximately 20g). For stringing the beads on the yarn, you will also need a small needle or similar with eye small enough to go through the beads, yet large enough to be threaded with the yarn. I use either a size 24 tapestry needle, or a collapsing eye nylon floss threader.

Pictured models were knitted in Lorna's Laces Shepherd Sock 80% merino wool/20% nylon yarn and Miyuki beads. For the purple model, the yarn color is Purple Clay; bead color is Pearl Ceylan. For the pink model, yarn is Gray's Corner and beads are Purple-lined Blue Crystal.

Comments on sizing adjustments: For ease in making adjustments to circumference, the sock is based on an initial 60 stitch cuff using a 15-stitch repeat, then reducing to 56 stitches at ankle using a 14-stitch repeat. Planned cuff length is approximately 3", and can be adjusted either longer or shorter in increments of 4 rows. Yardage is estimated for foot length up to woman's shoe size US 12 (11" foot length), and is adjustable to specific measurements of wearer as indicated in the instructions. If you are making adjustments for longer cuff length or especially long feet, you may need more beads and yarn than specified above.

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Beaded Elegance Stockings

HeartStrings Pattern: S04 - 5332



Calf-height dressy socks with bead-embellished lace patterning on the leg. The lacy ribs transition into a decorative padded heel and wide-ribbed foot for comfortable fit.

Sizing

Finished foot circumference is approximately 7½" and allows a moderately snug fit on an adult woman's medium width foot.

Planned leg length is approximately 8½" above heel flap, and can be adjusted either longer or shorter by adding or omitting rows in Chart C and/or the ribbed area just above the heel flap.

Yardage is estimated for foot length up to woman's shoe size US 12 (11" foot length), and is adjustable to specific measurements of wearer as indicated in the instructions. If you are making adjustments for longer leg length or especially long feet, you may need more beads and yarn than specified below.

Yarn, Beads and Needles

Fingering weight sock yarn (16 - 17 wraps per inch) that is smooth enough to allow the beads to slide along it, approximately 400 yards.

Double point knitting needles in size 1 to 1.5 us (2.25 to 2.5 mm), or size needed to obtain planned gauge, set of 4 or 5. Instructions are written for a set of 5 needles.

Gauge: 8 stitches per inch over stockinette stitch.

840 size 8/0 glass seed beads (approximately 30g). For stringing the beads on the yarn, you will also need a small needle or similar with eye small enough to go through the beads, yet large enough to be threaded with the yarn. I use either a size 24 tapestry needle, or a collapsing eye nylon floss threader.

Pictured model was knitted in Lorna's Laces Shepherd Sock 80% merino wool/20% nylon yarn in color #446 Old Rose, and Miyuki beads in color Metallic Purple Iris.



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Jackie E-S Design Collections – Comfort Collection – The Sock Calendar Series

HeartStrings Pattern: S05 - 6277

SHAPELY SANDAL SOCKS

The bold lines of textured diamonds play against tweedy multicolors in these socks featuring a delightful patterned heel. Shapely Sandal Socks provide snugly warmth even on cool days in sandals or open-backed slippers.

The tweedy variation is created by knitting two strands of fingering weight variegated yarn together as one. Select the same variegated colorway for each strand, or even choose two different colorways for variety and fun.

Sizing

Instructions for size Small are followed by Medium and Large in [], brackets with finished measurements as follows –

sock foot circumference: 7½[8½,9]”
cuff edge to top of heel flap: 5¼[5¾,6¼]”
sock foot length: 8¼[9¾,10½]”

Heel flap depth and foot of sock can be knitted to length desired.



Pictured in Lorna's Laces Shepherd Sock #64 Gold #18

Yarn and Needles

2 strands of fingering weight yarn are knitted together as one for an equivalent worsted weight yarn. You will need 175[210,245] yards of fingering weight sock yarn in each of two yarns, i.e. total of 350[420,490] yards. You can either choose two yarns of the same variegated colorway or two different variegated colors with compatible color palettes.

Size 4 us / 3.5 mm knitting needles, or size needed to obtain planned gauge; your choice of double point or circular needles.

Gauge: 5½ stitches per inch over stockinette stitch using two fingering weight yarns held together.



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HeartStrings Pattern S06 - 5332

BEADED WINTER WONDERLAND

Winter-themed socks are reminiscent of a snowy country scene. Beaded stylized Norwegian snowflakes, snow drifts, pine trees, and lightly fallen snow. Cuff is sideways knitted in garter stitch; remainder of sock is knitted in the round.

Sizing

Ladies Medium [Large]. Finished foot circumference is approximately 7½ [9]” and allows a moderately snug fit on an adult woman's medium [wide] width foot.

Yardage given is planned for an overall leg length of 6” above heel flap, and foot length 9½ [11]” to fit up to woman's shoe size US 8 [12]. Leg and foot length are easily adjustable to specific measurements of wearer as indicated in the instructions. If you are making adjustments for longer leg or foot lengths, please allow more of the main yarn than specified below.

Yarn, Beads and Needles

Fingering weight sock yarn - 325 [425] yards
Gauge in sock yarn: 8 stitches per inch over stockinette stitch

Size 1 US/2.5 mm knitting needles or size needed to obtain planned gauge

6 [8] yards of a fine brushed yarn for the “snow” accent yarn e.g. mohair or angora

Instructions are written for a set of 4 or 5 double point needles. If you wish to use another method such as knitting on circular needle(s), just use the needle references to mark the stitches however you have placed them on your needle(s).

Size 8/0 glass seed beads - main color (MC) 912 [1144] approx 30 [40]g, alternate color (AC) used for trees 400 [480] approx 12[15] g

Reading needle - For stringing the beads on the yarn, you will also need a small needle or similar with eye small enough to go through the beads, yet large enough to be threaded with the yarn. I use either a size 24 tapestry needle, or a collapsing eye nylon floss threader.

Waste yarn

Crochet hook

Pictured model was knitted in size medium using Lorna's Laces Shepherd Sock 80% merino wool/20% nylon yarn in color #65. Natural, Henry's Attic Kid Mohair for accent yarn, and Miyuki beads in colors Silver-lined Crystal and Green-lined Crystal AB.

Photo at left - front of sock. Photo at top right - side view of sock.



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HeartStrings Pattern S07 - 5332

Mixed Jelly Beans Socks

Give your feet some sweet fun. Ribbed columns of mixed bead colors with coordinating multi-color feet. A hint of slipped stitches in the arch, instep area bugs foot for a comfortable fit.

This pattern is dedicated to a dear friend Robin Driscoll. She gave me the initial inspiration for using mixed-color beads on sock leg to match the yarn color in foot of sock.

Not yet having a name for the sock design, I happened to come across a bag of jelly beans on my snack shelf — those jelly beans reminded me of the medley of bead colors and the happy feeling of these socks. And Robin is one of the happiest and most out-flowing warm-hearted people I know, so the name stuck. Of course, you can choose other colors and name your socks whatever feeling (or food group) of which they remind you!

Sizing

Ladies Medium [Large]. Finished foot circumference is 7½ [9]” and allows a moderately snug fit on an adult woman's medium [wide] width foot.

Yardage given is planned for a leg length of 3” above heel flap, and foot length 9½ [11]” to fit up to woman's shoe size US 8 [12]. Leg and foot length are easily adjustable to specific measurements of wearer as indicated in the instructions. For longer leg, allow more of the solid color yarn and beads than specified below. For longer foot, allow more multicolor yarn.

Yarn, Beads and Needles

Light sport weight sock yarn (15 wraps per inch) that is smooth enough to allow the beads to slide along it, approximately 125[160] yards each of multicolor and solid color

Size 1 us (2.5 mm) double point needles, or size needed to obtain planned gauge, set of 4 or 5 needles

Size 2 us (3 mm) double point needles, or one size larger than those used to obtain gauge

Gauge: 7½ stitches per inch over stockinette stitch

Size 8/0 glass seed beads 720[840] (approximately 25g.) of mixed colors like those in the multicolor yarn

Reading needle - For stringing the beads on the yarn, you will also need a small needle or similar with eye small enough to go through the beads, yet large enough to be threaded with the yarn. I use either a size 24 tapestry needle, or a collapsing eye nylon floss threader.

Instructions are written for a set of 4 or 5 double point needles. If you wish to use another method such as knitting on circular needle(s), just use the pattern's needle references to mark the stitches however you have placed them on your needle(s).

Pictured model was knitted in Steinbach Walle Strapaaz 80% wool/20% nylon in colors #29 (solid) and #132 (multi). Miyuki beads in mixed colors of red, green, cobalt, sapphire, clearrose, medium-dark amber, and light gold crystal.



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HeartStrings Pattern S08 - 5332

Beaded Shamrocks

Celebrating St. Patrick's day and Springtime - shamrocks and the promise of faith. Legend has it that St. Patrick used the shamrock to communicate the doctrine of the Trinity. The three leaves combine to make a single plant, just as the Father, Son and Holy Ghost combine to make the holy Trinity. Cuff is sideways knitted in garter stitch. To coordinate with the beadwork, a knit-woven spot pattern decorates heel flap and band at toe.

Sizing

Ladies Medium [Large]. Finished foot circumference is approximately 7½ [9]” and allows a moderately snug fit on an adult woman's medium [wide] width foot.

Yardage given is planned for an overall leg length of 6¼” above heel flap, and foot length of 9½ [11]” to fit up to woman's shoe size US 8 [12]. Leg and foot length are easily adjustable to measurements of wearer as indicated in the instructions. If making adjustments for longer leg or foot lengths, please allow more green yarn.



Yarn, Beads and Needles

Fingering weight sock yarn - natural white 115[150] yards, green 170[215] yards

Gauge: 8 stitches per inch over stockinette stitch

Size 1 US/2.5 mm knitting needles or size needed to obtain planned gauge

Instructions are written for a set of 4 or 5 double point needles. If you wish to use another method such as knitting on circular needle(s), just use the needle references to mark the stitches however you have placed them on your needle(s).

Size 8/0 glass seed beads - green 880[990] approx 30g, pearl 352[396] approx 15g

Reading needle - For stringing the beads on the yarn, you will also need a small needle or similar with eye small enough to go through the beads, yet large enough to be threaded with the yarn. I use either a size 24 tapestry needle, or a collapsing eye nylon floss threader.

Waste yarn

Crochet hook

Pictured model was knitted in size medium using Lorna's Laces Shepherd Sock 80% merino wool/20% nylon yarn in colors #105 Natural and #205 Pine, and Miyuki beads in transparent green and pearl Crystal.

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Patterns #S01 - W40, page 2

June 2012 Catalog HeartStrings Knitting Patterns

From the classic to the uniquely appealing – Skill-building comprehensive instructions – Yarn-brand independent patterns for creative freedom

HeartStrings Pattern S01 - 5233

Luxury Lace Socks

These fine gauge socks in exotic laceweight yarns are an extra special treat for your feet. Designed with a simple small-multiple lace motif set within ribbed columns to be pleasantly interesting, yet straight forward enough in case this might be your first adventure on tiny needles. Classic heel flap construction with subtle textural enhancement plus a comfy spiral toe.



While these socks are not a quick-knit, the fine-gauge knitting epitomizes the grandeur of lace in which you can take special pride in creating.

Sizing

Women's Small [Medium, Large] for planned finished measurements of leg length 8", foot length 8 1/2 [9, 11"], and sock foot circumference of 7 1/2 [8, 10"] to fit actual foot circumference of 7-7 1/2 [8-8 1/2, 9-9 1/2"]. (Note: Adjustment points for leg length, foot circumference, and foot length are given in the instructions. If making larger, you may need more yarn.)

Yarn and Needles

450 [500, 600] yards / 1 1/2 [1 1/2, 2] ounces of laceweight yarn at approximately 300 - 325 yards per ounce / 28 - 30 wraps per inch.

Set of 4 or 5 double point needles in each of these sizes –

US 3/0 (1.5 mm) or size required to obtain gauge of 12 sts/inch over stockinette stitch

US 2/0 (1.75 mm) or one size larger than those used to obtain gauge

Size 24 tapestry needle or other small blunt-tipped needle for closing toe and finishing ends.

Pictured model was knitted in Jagerspun Zephyr 50% silk/50% wool yarn in color Vanilla. Zephyr is a worsted-spun yarn known for its strength and durability as a weaving yarn, and thus a good yarn for socks. If you are choosing a less durable yarn, consider knitting nylon reinforcement thread along with your lace yarn in the heel and toe areas.

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First published in Socks! Digest, March 2003 Issue

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HeartStrings Pattern S10 - 5332

Frolicking Shamrocks

Beaded shamrocks dance about your legs in this green-on-green sock to celebrate good luck and laughter in the Irish tradition.

Design features

- Beaded knitting with purl stitch embossing
- Decorative slip stitch heel with garter stitch edging

Sizing

Woman's medium [large] with planned finished measurements of

— foot circumference 7 1/2 [9]"

— leg length above heel 5 1/2 [6]"

— foot length 9 1/2 [11]"

Leg and foot lengths are easily adjusted where indicated in the pattern. If making longer, you may need more yarn.

Yarn, Beads and Needles

275 [375] yards of light green fingering weight sock yarn or your choice of color

Size 1 US / 2.5 mm knitting needles or size needed to obtain planned gauge; your choice of double point needles or circulars

Gauge: 8 stitches per inch over stockinette stitch

576 [624] seed beads size 8/0 (approximately 20g) in emerald green or your choice of color

Your choice of small-eyed or collapsing eye needle for stringing the beads on the yarn before knitting begins. This can be any needle that allows the eye, threaded with your yarn, to go through the holes in the beads. Examples are a size 24 tapestry needle, or a collapsing eye nylon floss threader.



Pictured model was knitted in size medium using Lorna's Laces Shepherd Sock 80% merino wool/20% nylon yarn in colors #43ns Sage and Miyuki beads in #344 Emerald AB.

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First published in Socks! Digest Sock Pattern of the Month Club March, 2003

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HeartStrings Pattern: S11 - 6279

Beaded Fleuron

Matching socks and wristlets feature framed panels of stylistic beaded flowers. Sock cuffs and wrist bands are knitted sideways in beaded garter stitch. Remainder of socks is knitted in the round.

Sizing

Sock instructions are provided in 8 sizes for child small through adult extra large. The smallest size is given first, with each next larger size in the 1, . . . , [brackets].

Finished foot circumference without stretching is 6 1/2 [7, 8, 8 1/2, 9, 9 1/2, 10]". Yardage given is planned for an overall leg length of 4 1/2" above heel flap, and foot length of 8 1/2, 8 1/2, 9 1/2, 10, 10 1/2, 10 1/2, 11 1/2". Leg and foot lengths are easily adjustable as indicated in the instructions. If making adjustments for longer leg or foot lengths, please allow more yarn.

To choose sock size to make, measure around widest point on foot of person who will be wearing the socks. Subtract 10% from this measurement. If this number is between 2 sizes, choose the smaller size for a snugger fit, and the next larger for a looser fit.

Wristlet band is 2 1/2" wide, and is simply knitted to length needed to go around the wrist of the wearer. As a guideline, instructions are provided for 4 sizes with finished circumferences without stretching of 6 [6 1/2, 7 1/2, 8]"



Yarn, Beads and Needles

Fingering weight sock yarn –
for pair of socks: 165 [200, 250, 290, 320, 330, 375, 400] yards
for pair of wristlets: 45 [50, 55, 60] yards

Size 1 US/2.25 mm knitting needles or size needed to obtain a gauge of 8 stitches per inch over stockinette stitch.

Sock cuffs and wristlets are knitted flat, so you may use your choice of any type of needles for knitting back and forth. For the remainder of socks which are knitted in the round, use your choice of double point or circular needles.

A needle two sizes larger than the needle size used to obtain gauge. This needle is used for binding off only, so any type knitting needle you have handy will do.

Size 8/0 glass seed beads –

for pair of socks: 510 [510, 510, 680, 680, 680, 680, 680] beads, or

approximately 131 [15, 20, 20, 20, 20, 20] g

for pair of wristlets: 170 beads, or approximately 5 g

Bead stringing needle - Your choice of any small-eyed needle or collapsing eye needle that can pass through the hole in your beads. Examples are a small tapestry needle, a nylon dental floss threader, or a regular sewing needle.



Pictured models were knitted using Lorna's Laces Shepherd Sock 80% wool/20% nylon yarn in color #46 Jeans and Miyuki beads in #430 Aquiline White Pearl.

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HeartStrings Pattern S12 - 5332

BEADED FAUX CABLE ANKLETS

Be-jewel your feet in elegant bead embellished socks.

Design features

- Textured knit-purl stitch pattern enhanced with beaded knitting
- Decorative fluted cuff edge
- Crossed cable stitches without a cable needle

Sizing

Woman's medium [large] with planned finished measurements of

— foot and ankle circumference 8 [9]"

with ribbing lightly stretched

— leg length above heel 3 1/2"

— foot length 9 1/2 [11]"

Foot length is easily adjusted where indicated in the pattern. If making longer, you may need more yarn.



Yarn, Beads and Needles

275 [350] yards of fingering weight sock yarn

Size 1 US / 2.5 mm knitting needles or size needed to obtain planned gauge; your choice of double point needles or circulars

Gauge: 8 stitches per inch over stockinette stitch

480 [544] seed beads size 8/0 (approximately 15g)

Your choice of small-eyed or collapsing eye needle for stringing the beads on the yarn before knitting begins. This can be any needle that allows the eye, threaded with your yarn, to go through the holes in the beads. Examples are a size 24 tapestry needle, or a collapsing eye nylon floss threader.

Pictured model was knitted in size medium using Lorna's Laces Shepherd Sock 80% merino wool/20% nylon yarn in color #801 Sherbet and Miyuki beads in #254D Transparent Red AB.



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Jackie E-S Design Collections – Comfort Collection – The Sock Calendar Series

HeartStrings Pattern: S14 - 5332

Simple Beaded Wristlets and Sock-Not Cuffs



Four easy styles of beaded-garter cuffs that give you the freedom to explore a myriad of color and bead placement combinations. These cuffs can be worn on your wrists as mitts, pulse warmers or bracelets; and on ankles as a dress-up over plain socks. A single cuff also makes a chic holder around your water bottle, serves as an eye-catching coffee cup cozy, or as a dress-up to any other place that begs to be cuddled by yarn and glint of beads. The basic knit stitch and an easy beading technique make these simple and fun for anyone to make.

Sizing

The garter stitch fabric in these beaded cuffs is stretchy and can accommodate a range of sizes. All cuff styles are planned for approximately 7" circumference unstretched. Length of Style 1: 3N"; Style 2: 5 1/2"; Style 3: 5 1/2"; Style 4: 5 1/2". These beaded cuffs can also be easily adjusted for other circumferences and lengths. If making larger, consider additional yarn and beads.

Pictured models were knitted in Lorna's Lace Shepherd Sock superwash wool/nylon yarn and Miyuki beads. Shown left to right around base of hand mannequin — Style 1: (also shown below worn as a sock-not cuff) #12ns Lilac; yarn and Lavender Bias Mix beads. Style 2: (also shown worn on hand as a mitt) #18 Watercolor yarn and Metallic Flan Mix beads. Style 3: #56 Mt Creek yarn and #264 Lined Magenta AB beads. Style 4: #42 Cool yarn and Teal Tones Mix beads.

Yarn, Beads and Needles

Smooth fingering weight yarn and size 8/0 seed beads. I like to use high quality beads that can be washed without fear of fading or losing their finish. Approximate yarn and bead amounts for a pair of cuffs —

Style 1: 3 100 yards (1 oz/28g) and 30g beads
Style 4: 75 yards and 20g beads

Size US 1 (2.25 mm) or US 2 (2.75 mm) knitting needles, or whatever size needed to obtain a gauge of 7 1/2 stitches per inch over garter stitch. These cuffs are knitted flat, so you may use your choice of any type of needles for knitting back and forth.

A needle two sizes larger than the needle size used to obtain gauge. This needle is used for binding off only, so any type knitting needle you have handy will do.

Bead stringing needle - Your choice of any small-eyed needle or collapsing eye needle that can pass through the hole in your beads. Examples are a small tapestry needle, a nylon dental floss threader, or a regular sewing needle.



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HeartStrings Pattern: S15 - 9056

Topsy Turvy Beaded Hats

Here is a bonanza of ten projects using variations on a heart-themed beaded knitting design. Pattern includes four styles of beaded garter cuff wristlets, sock-not cuffs, headband, stand-alone collar, and three styles of hats. There is also a step by step tutorial for working beads in multi-color designs.



Finished Measurements, Yarn, Needles and Beads

Hats and Headband are sized for adult [MLL], [19 1/2", 22"] circ unstretched; Collar [MLL], [16 1/2", 19 1/4"] circ by 3 1/2". Sock-Not Cuffs 8 1/2" circ by 3 1/2". Use DK or sport weight yarn; straight ndls US 5 (3.75 mm) or size needed for gauge of 5 1/2 sts/inch over garter stitch; size 8/0 (3mm) seed beads. For hats only you will also need 1 1/2" circular ndls in same size and one size larger than ndl size used to obtain gauge.

Beanie Hat: 8 1/2" long, [165, 190] yds yarn; [252, 288] beads in each of 2 colors.
Toboggan Hat: 20" long, [280, 325] yds yarn; [252, 288] beads in each of 2 colors.
Toboggan Hat-Scarf: 50" long, [575, 650] yds yarn; [504, 576] beads in a single color.
Headband: [70, 80] yds yarn; [210, 240] beads in each of 2 colors.

Sock-Not Cuffs (amounts for a pair): 60 yds yarn; 180 beads in each of 2 colors.
Collar: [60, 70] yds yarn; [180, 210] beads in each of 2 colors.

Wristlets are 7" circ unstretched. Use fingering weight yarn; straight ndls US 1 or US 2 (2.25 - 2.75 mm) or size needed for gauge of 7 1/2 sts/inch over garter stitch; size 8/0 (3mm) seed beads. Amounts given are for a pair.
Cuffed Wristlets: 3 1/2" long, 105 yds yarn; 296 beads of color 1, 288 of color 2, 200 of color 3.

Mix-n-match Wristlets: 3 1/2" long, 70 yds yarn; 296 beads of color 1, 288 of color 2, 200 of color 3.

Bracelet Wristlets: 2 1/2" long, 50 yds yarn; 240 beads in each of 2 colors or 480 beads of a single color.

For all projects, you will also need —

Any spare knitting ndl two sizes larger than the ndl size used to obtain gauge.
Bead stringing needle: your choice of any small-eyed ndl or collapsing eye ndl that can pass through the hole in your beads (e.g. a small tapestry ndl, a regular sewing ndl or a nylon dental floss threader).



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HeartStrings Pattern: S16 - 5327

Rainbow Socks

The concept for these colorful tie-dyed looking socks came from a friend who is an avid Afro Guthrie fan. The socks are easily fitted and comfortable wearing because of the simple ribbed stitch pattern that I designed for a good amount of elasticity. The slipped stitches also add a bit of design interest while nicely breaking up the variegated yarn colors.

Sizing

Adult Small [Medium, Large, Extra Large]. Instructions for smallest size are given first, with each next larger size in the [, ,] brackets. Planned finished measurements —

Leg length: 7"
Sock foot circumference: 7 1/2 [8 1/2, 9 1/2, 10]"
Foot length: 9 [10, 11, 12]"

Note: Adjustment points for leg length, foot circumference, and foot length are given in the instructions. If making larger, you may need more yarn.

Yarn and Needles

Worsted weight yarn, approximately 185 [215, 230, 285] yds

Size 4 US / 3.5 mm knitting needles or size needed to obtain planned gauge; your choice of double point needles or circulars

Gauge: 5 1/2 stitches per inch over stockinette stitch



Pictured model was knitted in size Large using Lorna's Lace Butterfiles & Bullfrogs 83w wool/15% mohair (110g/190 yds), 2 skeins Rainbow #601.

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HeartStrings Pattern: S17 - 6159

Concertina Lace Socks

I designed this lace to give the illusion of dimensionality, rather like the bellows on a concertina. This small accordion-like instrument mesmerizes everyone with its happy music and wavelike rhythm as the bellows are pushed in and pulled out.



Sizing

Sock instructions are provided in 5 sizes for adult extra small through extra large. The smallest size is given first, with each next larger size in the [, ,] brackets.

Finished foot circumference without stretching is 7 1/2", 8, 8 1/2, 9". Yardage given is planned for an overall leg length of 5 1/2, 6 1/2, 7 1/2, 8 1/2" above heel flap, and foot length of 7 1/2, 8, 9, 10, 10 1/2". Leg and foot lengths are easily adjustable as indicated in the instructions. If making adjustments for longer leg or foot lengths, please allow more yarn.

To choose size to make, measure around widest point on foot of person who will be wearing the socks. Subtract 10% from this measurement. If this number is between 2 sizes, choose the smaller size for a snugger fit, and the next larger for a looser fit.

Yarn and Needles

225 [275, 325, 375, 425] yards fingering weight yarn

Size 1 US/2.25 mm knitting needles or size needed to obtain planned gauge of 8 sts/inch over stockinette stitch; your choice of double point or circular needles

Pictured model was knitted in the second size using Nature's Palette 100% merino wool in color Medium Indigo.

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HeartStrings Pattern: S18 - 6260

Spooky Beaded Treat



Beaded skull wristlets and matching socks for gals and guys to wear for some spooky fun.

Wristlets and sock cuffs are knitted sideways in beaded garter stitch. Remainder of socks is knitted in the round.

Sizing
8 sizes for child small through adult extra large. The smallest size is given first, with each next larger size in the [, . . . ,] brackets.

Wristlets are 3" wide and circumference without stretching of 5½[6, 6½, 7, 7½, 8, 8½, 9]".

Socks foot circumference without stretching is 4½[4, 7½, 8, 8½, 9, 9½, 10]". Yardage given is planned for an overall leg length of 3½" above heel flap, and foot length of 6½, 8½, 9½, 10, 10½, 10¾, 11½". Leg and foot lengths are easily adjustable as indicated in the instructions. If making adjustments for longer leg or foot lengths, please allow more yarn.

To choose sock size to make, measure around widest point on foot of person who will be wearing the socks. Subtract 1½" from this measurement. If this number is between 2 sizes, choose the smaller size for a snugger fit, and the next larger for a looser fit.

Pictured models were knitted using Loma's Laces Shepherd Sock 40% wool/20% nylon yarn color #18n Charcoal and Miyuki beads in #355 Rose-lined Crystal AB

Yarn, Beads and Needles

Fingering weight sock yarn -

for pair of wristlets: 55[60, 65, 70, 75, 80, 85, 90] yards

for pair of socks: 170[205, 230, 260, 325, 350, 380, 445] yards

Size 1 US/2.25 mm knitting needles or size needed to obtain a gauge of 8 stitches per inch over stockinette stitch. Sock cuffs and wristlets are knitted flat, so you may use your choice of any type of needles for knitting back and forth. For the remainder of socks which are knitted in the round, use your choice of double point or circular needles.

A needle two sizes larger than the needle size used to obtain gauge. This needle is used for binding off only, so any type knitting needle you have handy will do.

Size 8/0 glass seed beads -

for pair of wristlets: 35[43, 72, 388, 404, 420, 436, 452, 468] beads; allow approximately 15 g.

for pair of socks: 75[6780, 992, 1008, 1024, 1040, 1056, 1072] beads; allow approximately 25[25, 30, 30, 30, 30, 30] g.

Bead stringing needle - Your choice of any small-eyed needle or collapsing eye needle that can pass through the hole in your beads. Examples are small tapestry needle, nylon dental floss threader, or a regular sewing needle.

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HeartStrings Pattern: S25 - 7027

Down and Up Lace Socks

Not sure how much yarn you have and prefer to knit your socks top-down from heel and toe? Here are socks just for you in a pretty lace that carries the feet in all the right places. Start your knitting at the ankle and work down to the toes, then work up from the ankle to the top of the cuff.

Note the attractive pattern details on heel and instep. I designed the placement of the lace panels and ribbed columns for both the aesthetics (to give a slimming look to the leg and foot) and the functional (providing good fit).

Down and Up Lace Socks is first in the series "It's an Upside-Down World: directional stitches in lace".

Sizing

Instructions for size Small-Medium are followed by Medium-Large in [] brackets with finished measurements as follows -

sock foot circumference: 7½ [8]" (allows for moderately snug fit to show off the lace)

top of heel flap to cuff edge: 6½"

sock foot length: 9 [10]"

If nothing is given in brackets, the instruction applies to both sizes.

Heel flap depth and foot of sock can be knitted to length desired.



Pictured in Loma's Laces Shepherd Sock 40% Merino

Yarn and Needles

300 [340] yards of fingering weight yarn

Size 1 us / 2.25 mm knitting needles, or size needed to obtain planned gauge; your choice of double point or circular needles)

Gauge: 8 stitches per inch over stockinette stitch

For provisional cast on: 2 - 3 yards smooth waste thread (e.g. size 5 or 10 crochet thread) and crochet hook size E or F

Skill level: For the experienced or confident sock knitter who likes something a bit challenging or different

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HeartStrings Pattern: S26 - 8057

Matchmaker Sport Socks

A home for orphan balls of yarn! These socks are a fun way to use up a single ball of yarn in each of two colors.



Pictured socks were knitted in Herloom Breeze, a cotton blend yarn, one 50g ball each of colors 001 and 019

Sizing

To fit sizes adult small (medium, large, extra large). Stated yardage is for planned measurements of 7½[7, 8, 8½]" sock foot circumference unstretched, and 9[9½, 10, 10½]" foot length. Foot length is easily adjustable to specific measurements of wearer as indicated in the instructions. If you are making adjustments for longer foot length, please allow more yarn than specified below.

Yarn and Needles

Sport or DK weight yarn, 75[85, 95, 105] yards in each of two colors for a total of 150[170, 190, 210] yards. Size 2 US / 2.75 mm knitting needles or size needed to obtain stated gauge; your choice of double point or circular needles for knitting in the round.

Gauge

7 stitches per inch over stockinette stitch.

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HeartStrings Pattern: S27 - 8241

A Feet of Twist



The design of these lace and cable-cious sandal socks was inspired by a twist on the saying "A Twist of Fate". Twisty lace columns alternate with lacy mesh enclosed in non-binding cable crossings. The result is lots of elasticity for a good fit across a range of sizes.

One sock has left-crossing cables with right-spiraling toe; the other sock has right-crossing cables with left-spiraling toe. Instructions are given for making the cables with or without a cable needle.

Pictured models in size adult small were knitted in Loma's Laces Shepherd Sock yarn, color Douglas Fir

Sizing

Instructions for size Adult Small are followed by Medium and Large in [,] parentheses. If nothing is given in parentheses, the instruction applies to all sizes. Planned finished measurements are -

sock foot circumference: 7½ [8½, 10]" ; choose the size that gives you a moderately snug fit to best show off the lace

top of sock cuff to beginning of heel flap: 5½ [6½, 7½]"

sock foot length: 9 [10, 11]"

Leg, heel flap depth and foot of sock can be knitted to length desired. If making adjustments for longer leg or foot lengths, please allow extra yarn than specified below.

Yarn and Needles

265 [340, 425] yards of fingering weight yarn

Size 1 us / 2.25 mm knitting needles, or size needed to obtain planned gauge; your choice of double point or circular needles)

Optional: cable needle (cn)

Gauge

8 stitches per inch over stockinette stitch

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Jackie E-S Design Collections – Comfort Collection – The Sock Calendar Series

HeartStrings Pattern: S28 - 8051

Daylight and Shadows Beaded Cable Socks



Beads in a lighter color (daylight) and darker color (shadows) embellish the twining columns of stitches on these charming cabled socks.

This pattern includes instructions for two styles — one with a playful beaded fringe cuff; the other with the more refined look of a plain cuff.

Have fun choosing beads to coordinate with your yarn. The sock to far left is a tone-on-tone example of beads chosen just a shade lighter and darker compared to the yarn's value. The gray sock is an example of beads chosen for more contrast.

Pictured models were made in Lorna's Laces Shepherd Sock Yarn and Miyuki beads as follows —

Beaded fringe style
Yarn: #8ns Harvest
Beads: #8-527 Opal Beige Ceylon (L) and #8-593 Dark Sage Ceylon (D)
Plain cuff style
Yarn: #9ns Pewter
Beads: #8-260 Crystal AB (L) and #8-401 Black (D)

Sizing

Adult medium. Stated yardage is for planned measurements of 6" leg length above heel flap, 8" sock foot circumference, and 9½" foot length. Foot length is easily adjustable as indicated in the instructions. If making adjustments for longer foot length, please allow more yarn.

Yarn, Beads and Needles

325 yards fingering weight sock yarn

Size 1 US (2.25 mm) knitting needles or size needed to obtain a gauge of 8 stitches per inch over stockinette stitch; your choice of double point or circular needles in the round

Size 8/0 (3 mm) glass seed beads in your choice of coordinating tone-on-tone or contrast colors:
Lighter (L) color — 912 beads for beaded fringe style or 272 beads for plain cuff style
Darker (D) color — 272 beads for either style

Cable needle

Bead stringing needle

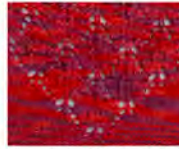
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HeartStrings Pattern: S30-0177

Lace Maple Leaf Socks



For these socks, I interpreted the maple leaf of Canada in a textured lace stitch. Yarn over stitches loosely define the outer edges of the leaves. Twisted knit stitches and decreases define the stem and main veins. Knit-purl texture serves double-duty for further defining the interior of the leaves plus giving some resiliency to the fabric to enhance the elastic fit about the leg.

The socks begin at the cuff with a crown-like pointed bias-ribbed border, symbolizing the ties the self-governing country of Canada still retains to the British crown. The ribbed border then transitions into a field of overall maple leaves encircling the leg. As a nice feature for wearing with open-back sandals, I designed the heel to transition back into the bias-ribbed pattern. If you prefer a plain heel, feel free to substitute. The maple leaves are carried into the instep and taper to a point as the solid fabric of the foot takes over to complete the sock.

Sizes 60-stitch women's medium (72-stitch women's large) with planned finished measurements of —

Sock leg length: 6 (8)"
Sock foot length: 9.5 (11)"
Sock foot circumference: 7.5 (9)"
See Designer Notes for tips on adjusting for other sizes

Yarn 335 (410) yards fingering weight

Suggested Needles

For knitting the sock other than cuff: US 1 / 2.25 mm or size needed to obtain gauge; your choice of double points or circulars
For cuff: US 2 / 2.75 mm needles or one size larger than used to get gauge

Gauge 8 stitches / inch with smaller needles over stockinette stitch

Skill Level Intermediate

Stitch Instructions Charted and written



60-stitch sock in Crystal Palace Panda Cotton, color 0514 Ketchup

72-stitch sock in Crystal Palace Panda Silk, color 4011 Cranberry Jones

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First published as "Canadians" in 50 Socks - 50 States, by Sirius Knitting Publications and Crystal Palace Yarns

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HeartStrings Pattern: S31-1153

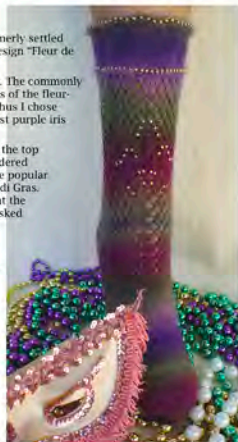
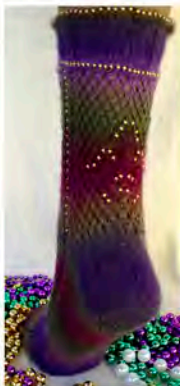
Fleur de Lace Socks

The fleur-de-lis is often associated with areas formerly settled by France, such as Louisiana. I named this sock design "Fleur de Lace" as a play on words.

The French translation of fleur de lis is lily flower. The commonly occurring decorative and symbolic representations of the fleur-de-lis are stylized designs of either a lily or iris. Thus I chose a yarn colorized with purples and greens to suggest purple iris flowers and leaves.

With the addition of the gold beads to accentuate the top of the head, petals, and stamen of the loosely rendered flower amid the lace background, we now have the popular purple, green and gold colors of New Orleans Mardi Gras. The beads encircling the cuff of the sock represent the necklaces thrown to the party-going crowd by masked riders on festive Mardi Gras floats.

The trellis lace background suggests the ornamental ironwork of balconies and courtyard gates of stately Louisiana homes that are lovingly preserved as one of Louisiana's state treasures.



Sizes Women's small (medium, large) with planned finished measurements of —

Sock leg length: 5¾ (5½, 6)"
Sock foot length: 8¾ (9½, 11)"
Sock foot circumference: 5¾ (7¾, 8¾)"

Yarn 2 — 50g balls Crystal Palace Mini Mochi color 103 OR 250 (300, 375) yards fingering weight of your choice

Beads 412 (444, 476) size 8/0 (3 mm) Miyuki glass seed beads, approximately 12 (13, 14) g, color 1053 Galvanized Gold

Suggested Needles Size US 1 / 2.25 mm or size needed to obtain gauge; your choice of double points or circulars

Gauge 8 stitches per inch over stockinette stitch

Skill Level Intermediate

Stitch Instructions Charted and written

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First published as "Louisiana" in 50 Socks - 50 States, by Sirius Knitting Publications and Crystal Palace Yarns

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HeartStrings Pattern: S32-1230

Pulled Salt Water Taffy Socks

A sweet treat to delight your knitting needles and your feet.

The pattern stitch of these socks was designed to mimic the look of taffy being pulled as it is readied for its final stages of candy formation. The ribbed stitch also makes a good-fitting sock across a range of sizes.



Thanks to Haven's Candies for permission in using their taffy pulling photograph that demonstrates the inspiration of this sock design. Visit them in Westboro, Maine or online at HavenCandies.com

Have fun picking yarn colors in your favorite candy flavors. You can use a variegated yarn like the model shown here that resembles a "mixed assortment" of fruit flavors. Or choose a solid color yarn to have the look of just one of your favorites.

Size 36 (64, 72)-stitch sock for adult small (medium, large) to fit 8 (9, 10)" foot circumference slightly stretched; cuff/leg length above heel flap is approximately 7 (8, 9)", heel depth and foot length can be worked to your desired measurements or those suggested in the pattern

Yarn fingering weight approximately 300 (350, 425) yards

Suggested Needles US 1 / 2.25 mm; your choice of double points or circulars for knitting in the round

Other Notions stitch markers, tapestry needle for joining toe stitches and finishing ends

Construction cuff down

Skill Level intermediate

Stitch Instructions charted and written

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HeartStrings Pattern: S33 - 9310

GLITZ AND BEADS SOCKS

The sparkle of metallic thread and shiny beads in Glitz and Beads Socks is sure to make your feet happy and feel like dancing.

The beaded pattern echoes the rhythmic sound waves of pulsing music to which we can imagine ourselves tapping in musical cadence.

And there are plenty of features in these socks to make your feet and knitting needles sing!

Note the nice attention to design details at cuff, ankle and instep where the ribbing flows into and out of the wavelike beaded pattern. "Keyboard" ribbing at cuff and ankle provides a firm, yet flexible fit.

The heel flap flows from the ankle ribbing in a slipped stitch design that gives extra cushion and durability.

Left and right swirl toes fit well on your feet and are easy to make, too (no grafting!).



These socks feature Kreinik Metallic Fashion Twist machine embroidery thread made of 100% polyester with a laminate of silver.

This thread is a perfect complement to socks because it is anti-microbial, making it resistant to fungus. Most metallics can tend to be stiff and scratchy, but this one is absolutely not.

Along with the softness, there is just enough body in the thread to add firmness to the knitted stitches, thereby supporting the weight of the glass beads with ease.

Skill Level Advanced beginner. Pattern stitches are provided in both charted format and written line-by-line instructions.

sizing
Instructions for size Adult Small are followed by Medium and Large in (), parentheses. If nothing is given in parentheses, the instruction applies to all sizes. Planned finished measurements are —

Sock foot circumference: 7 1/2 (8 1/4, 9 1/2); choose the size that gives you a moderately snug fit

Edge of cuff to top of heel flap: 6 (6 1/2, 7 1/2)

Sock foot length: 9 (10, 11 1/2)

Consider more yarn if making adjustments to planned sizes.

Gauge
31 stitches per 4 inches over stockinette stitch with yarn and thread held together and knitted as one

Materials and Supplies
265 (300, 375) yards each of fingering weight yarn and metallic machine embroidery thread or other carry-along thread

Note: yarn and thread are held together and worked as one throughout the sock

Size 1 is / 2.25 mm knitting needles, or size needed to obtain planned gauge; your choice of double point or circular needles)

738 (866, 974) size 8/0 (3 mm diameter) glass seed beads, approximately 20 (22.5, 25) g
Bead stringing needle

Shown in Loma's Laces Shepherd Sock, color #191 Pink Blossom; Miyuki beads, colors 6-257 Dark Transparent AB and 6-2560 Transparent Dark Amber AB

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HeartStrings Pattern: S34-0146

Two Ways About It Beaded Socks

Bejewel your feet in these lovely beaded lace socks. There are many ways to incorporate beads while knitting. These socks use two different ways; thus, they are a good way to experience the two methods side-by-side in the same design and learn the merits of each.

The lace pattern on the leg of the sock has a lot of give, so it conforms nicely to the shapeliest of legs. Slimming columns of beads frame the silhouette of the lace diamonds on the front of the leg, while the column of beads at center back simulates the look of a high-fashion seamed stocking. 1-1 ribbing transitions from cuff into the beaded lace pattern, then is re-introduced as the ankle approaches and continues down the top of the foot as it takes over the instep sts where the lace diamond motif ends. These socks not only are a pleasure to look at, but they will also wear well with their reinforced slip-stitch heels and toes.

Although the knitting is not terribly difficult, there is almost always something interesting going on. So plan to focus some attention while knitting these and enjoy the process.



Shown in Loma's Laces Shepherd Sock, color #191 Pink Blossom; Miyuki beads, colors 6-257 Dark Transparent AB and 6-2560 Transparent Dark Amber AB

Size adult small (medium, large) to fit 8 (9, 10 1/2) foot circumference slightly stretched

Yarn fingering weight 300 (350, 425) yards

Gauge 34 (32, 30) stitches = 4 inches over stockinette stitch

Suggested Needles US 0 (1, 2) / 2 (2.25, 2.75) mm; your choice of double points or circular(s) for knitting in the round

Glass seed beads 280 size 8/0 — 3 mm diameter and 96 size 6/0 — 4 mm diameter (approximately of each)

Other Notions crochet hook or similar that is small enough to insert into holes in the size 6/0 beads, bead stringing needle, markers, tapestry needle for finishing ends

Skill Level intermediate.
Stitch Instructions charted and written
Special Techniques Used and Described placing a bead with a crochet hook; placing a pre-strung bead in front of a slipped stitch; left-leaning double decrease; mirrored right-leaning double decrease

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HeartStrings Pattern: S36-1336

Red Hots Anklets

Fun to knit and sweet to wear.

Red Hots Anklets are named after the small nuggets of the popular cinnamon-flavored candy. The pattern stitch incorporates wrapped stitches to simulate the candy nuggets.



Shown in Loma's Laces Shepherd Sock, color #191 Pink Blossom; Miyuki beads, colors 6-257 Dark Transparent AB and 6-2560 Transparent Dark Amber AB

Size Adult small (medium, large) to fit 8 (9, 10 1/2) foot circumference slightly stretched; finished measurements are — cuff/leg height: 4 1/2" above start of heel flap

foot length: 8 1/2 (9 1/2, 10 1/2) or to desired measurement

Yarn Fingering weight approximately 250 (300, 350) yards

Gauge 8 stitches per inch over stockinette stitch

Suggested Needles Size US 1 / 2.25 mm in your choice of double points or circular(s) for knitting in the round

Other Notions Extra short double point needle in same size as above 2 stitch markers

Construction Cuff down

Skill Level Intermediate

Stitch Instructions Charted and written

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"Thank you for not only offering such fabulous patterns, but for taking the time to include so many details and helpful hints."

– Debi D.



Jackie E-S Design Collections – Comfort Collection – The Sock Calendar Series

HeartStrings Pattern: S111 - 0003

Beaded Shamrock Friendship Bracelet

Celebrate luck and laughter in the Irish tradition by gifting Beaded Shamrock Bracelets to friends and family. The basic knit stitch and an easy beading technique make these quick and fun for anyone to make.



Pictured in Loma's Lace Shepherd Sock Yarn 43ns Sage and Miyuki beads 1456 Celery

Yarn, Beads and Needles

50 yards fingering weight yarn

Size 1 US (2.25 mm) knitting needles suggested or size needed to obtain gauge of 7½ stitches per inch over garter stitch

2-43 size 8/0 (3 mm diameter) glass seed beads (approximately 7 g)

Bead stringing needle or nylon dental floss threader

Finished Measurements

2½ inches wide; 7 inch circumference un-stretched (garner stitch will stretch to fit a wide range of wrist sizes)

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THE SOCK JOURNAL
Knit the Year in Socks

Catherine Wingate
Jackie Erickson-Schweitzer

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HeartStrings Pattern: T301 - 7128

Sock Therapy

A perfect post-holiday project for de-stressing and much-needed self indulgence... make them for friends if you must, but first make a pair for yourself! Catherine Wingate



For socks as pictured use Harleke Exotics, Silk/Merino/Prima (50g/164 yds), 2 balls Natural, Offray ribbon Cappuccino #866

Size Women's medium

Planned finished measurements: foot length 9½", foot circumference 8", leg length 3"

Materials

250 yds of sport weight yarn

2.75 mm/US 2 nlds or size required to obtain gauge of 7½ sts/inch over stockinette

3.25 mm/US 3 nlds or one size larger than those used to obtain gauge

1½ yds of ¼" ribbon

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HeartStrings Pattern: T302 - 7128

Modern Romance

Here's a stitch that curves and meanders but still remains true... not unlike affairs of the heart. Catherine Wingate



For socks as pictured use Garstudio Camella (50g/190 yds), 2 balls Bright Pink #24

Size Women's medium

Planned finished measurements: foot length 9½", foot circumference 8", leg length 7½"

Materials

300 yds of sport weight yarn

3.25 mm/US 3 nlds or size required to obtain gauge of 7 sts/inch over stockinette stitch

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HeartStrings Pattern: T303 - 8056

Vernal Equinox

Here's a classic, tailored, unisex sock using an easy slip-stitch design. We used spring colors for March and the sock is also handsome in other combinations.

Catherine Wingate



For socks as pictured use Garnstudio Angora Tweed (50g/164 yds): 2 skeins Soft Pink #14 (MC), 1 skein Green #05 (AC)

Size Adult medium
Planned finished measurements: foot length 9 1/2", foot circumference 8", leg length 6 1/2"

Materials
Sport weight yarn:
275 yards of Main Color (MC)
50 yards of Alternate Color (AC)
3.5 mm/US 4 nlds or size required to obtain gauge of 6 1/2 sts/inch over stockinette
3.25 mm/US 3 nlds or one size smaller than those used to obtain gauge
Waste yarn

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HeartStrings Pattern: T304 - 7128

Rainy Day

Socks in the perfect mood for rainy day knitting, with stitches reminiscent of falling raindrops.

Catherine Wingate



For socks as pictured use Lorna's Laces Shepherd Sock (2 oz/215 yds), 2 skeins Icehouse #162

Size Women's medium
Planned finished measurements: foot length 9 1/2", foot circumference 8", leg length 5 1/2"

Materials
390 yds of fingering weight yarn
2.75 mm/US 2 nlds or size required to obtain gauge of 8 sts/inch over stockinette
2.25 mm/US 1 nld or one size smaller than those used to obtain gauge
Cable needle (CN)
Waste yarn

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HeartStrings Pattern: T305 - 7128

Ahoy! Socks

Here's a sailorly sock with a nautical knotted cable and plaited cord rib.

Catherine Wingate



For socks as pictured use Horiloom EasyCare 8 (50g/105 yds), 3 balls Chambray Blue #780

Size Adult medium
Planned finished measurements: foot length 9 1/2", foot circumference 8 1/2", leg length 6"

Materials
275 yds of DK weight yarn
3.5 mm/US 4 nlds or size required to obtain gauge of 6 1/2 sts/inch over stockinette
3.25 mm/US 3 nlds or one size smaller than those used to obtain gauge
Cable needle (CN)

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HeartStrings Pattern: T306 - 7128

Summer Solstice

Get ready before the long, hot days of summer with these airy, lightweight socks in tropical colors.

Catherine Wingate



For socks as pictured use Plymouth Sockotta (100g/414 yds), 1 ball color #15

Size Women's medium
Planned finished measurements: foot length 9 1/2", foot circumference 8", leg length 5"

Materials
300 yds of fingering weight yarn
2.75 mm/US 2 nlds or size required to obtain gauge of 8 sts/inch over stockinette

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Jackie E-S Design Collections – Comfort Collection – The Sock Calendar Series

HeartStrings Pattern: T307 - 7191

Yankee Doodle

Celebrate the 4th of July, Dominion Day and Bastille Day as I do ... or choose your favorite colors for these comfortable sport socks with a different angle on stripes.
Catherine Wingate



For socks as pictured use Herloom Breeze (50g/105 yds), 2 balls White #001, 1 ball Red #008, 1 ball Navy #009

Size Adult medium
Planned finished measurements: foot length 9 1/2", foot circumference 8", leg length 23 1/2"
Materials
DK weight yarn:
175 yds of Main Color in a stretchy/elastic cotton-blend yarn for main portion of sock.
50 yds of Alternate Color #1 for accent stripe, heels and toes
10 yds of Alternate Color #2 for accent stripe
3.5 mm/US 4 n/ds or size required to obtain gauge of 6 1/2 sts/inch over stockinette
Waste yarn

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HeartStrings Pattern: T308 - 7192

Kool-Aid™ Kidz Socks

A perfect project for the last days of summer. Let children pick out the colors (and scents!) they want for back-to-school socks ... and help with the dyeing for a fun science project.
Catherine Wingate



For socks as pictured use Henry's Attic Kona Superwash (8 oz/560 yds) dyed with these Kool-Aid™ flavors: Ice Blue Raspberry Lemonade with Lemon-Lime sprinkles in the exhausted dye bath for the blue-green color; Cherry for the red color.

Sizes [Child S: 2-4 years, Child M: 5-8 years]

Planned finished measurements:
foot length [5 1/2", 7"]
foot circumference [5, 5 1/2"]
leg length [4, 5"]

Materials
[100, 140] yards of DK weight superwash wool yarn in natural white
Size 3.5 mm/US 4 n/ds or size required to obtain gauge of 6 1/2 sts/inch over stockinette
Waste yarn
Unsweetened soft-drink mix (for dyeing)

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HeartStrings Pattern: T309 - 7128

Autumnal Equinox

Here's a different take on ribbing that provides a contoured, textured rib ... attractive in both variegated and solid-colored yarns.
Catherine Wingate



For socks as pictured use Mountain Colors Weavers Wool Quarters (100g/350 yds), 1 skein Ruby River

Size Adult medium
Planned finished measurements: foot length 9 1/2", foot circumference 8", leg length 6"
Materials
300 yds of sport weight yarn
3.25 mm/US 3 n/ds or size required to obtain gauge of 7 sts/inch over stockinette
Cable needle (CN)

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HeartStrings Pattern: T310 - 1728

Everybody Wants Sox!

Just in time for gift knitting season ... here's a crew sock that's quick, simple, and handsome ... in sizes for all your family and friends!
Catherine Wingate



For socks as pictured use Lorna's Laces Shepherd Sport (70g/200 yds): 2 skeins Cranberry #436 (adult L), 2 skeins Blackberry #436 (adult M), 1 skein Childs Play #62 (child S)

Sizes [child S, child M] [child L/adult S, adult M, adult L, adult XL]
Planned finished measurements:
foot length [5 1/2", 7] [8 1/4", 9 1/2", 11", 12 1/2"]
foot circumference [5, 6] [7, 8 1/2", 9 1/2", 10 1/2"]
leg length [3 1/2", 5] [5, 5 1/2", 6 1/2", 7 1/2"]

Materials
[110, 175] [225, 300, 400, 500] yards of sport weight yarn
3.25 mm/US 3 n/ds or size required to obtain gauge of 7 sts/inch over stockinette stitch

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HeartStrings Pattern: T311 - 9264

Dancing Feet

For dancing in the street or, more likely, whenever feet are feeling whimsical or unappreciated.
Catherine Wingate



Size Women's medium
Planned finished measurements:
foot length 9 1/2", foot circumference 8", leg length 6"
Materials
250 yds of DK weight yarn
5 yds of novelty eyelash yarn
3.75 mm/US 5 nls or size required to obtain gauge of 6 sts/inch over stockinette
2.75 mm/US 2 nls or two sizes smaller than those used to obtain gauge
150 size 6/0 (4 mm) seed beads
Size 20 tapestry nrl for stringing beads
Waste yarn

For socks as pictured use Steinbach Woll Supersport (50g/109 yds), 3 balls Black #0, Trendsetter Metal (20g/84 yds), 1 ball Black/Copper #57, Miyuki 6/0 Seed Beads, 15g Metallic Gold-lined Crystal #234

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HeartStrings Pattern: T312 - 7128

Winter Solstice

Here are a stocking to hold Santa's offerings and a wee look-alike ornament for the tree to keep it company.
Catherine Wingate



For a companion Stocking and Ornament set as pictured, use Heirloom Anisocrat 12 (50g/83 yds), 3 balls White #304, Heirloom EasyCare 8 (50g/105 yds), 1 ball Red #760

Sizes Christmas Stocking [Ornament]
Finished measurements: foot length 11 [4]", foot circumference 12 [5 1/2]", leg length 11 [2 1/2]"
Materials
225 [5] yds of heavy worsted weight yarn (MC for stocking, AC for ornament)
50 [30] yds of DK weight yarn (AC for stocking, MC for ornament)
4.5 mm/US 7 nls or size required to obtain gauge of 5 1/2 sts/inch over stockinette (stocking)
5.5 mm/US 9 nls or two sizes smaller than those used to obtain gauge for stocking
3.75 mm/US 5 nls or size required to obtain gauge of 5 1/2 sts/inch over stockinette (ornament)
Waste yarn

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HeartStrings Pattern: W1 - 5322

the Waves and Flowers shell ...



... is a classic fit short-sleeved woman's top, knit in a pleasing composition of lace waves, flower motifs, and staggered eyelets.
Styled to be worn alone with skirt or slacks, or under a suit coat or blazer.

The wave lace pattern forms a natural scalloped edging and is featured on the lower body and sleeve borders.

Sizing
Directions are written for a classic fit in size Small, with changes for Medium and Large in |. Finished sweater measures 35" [39 1/4", 43 1/2"] around at underarm.

Yarn and Needles

Sportweight yarn — 750 [850, 950] yards

Size 6 circular needles (or size to obtain planned gauge), 24" - 32" and 16" lengths

Size 5 circular needles (or one size smaller than above needle), 24" - 32" and 16" lengths

Size 3 circular needle, 16" length

GAUGE: 5 1/2 stitches per inch in Pattern 3

Caution: Yarn requirements are based on the planned dimensions and gauge stated in this pattern. You may need to consider purchasing additional yarn in same dye lot if you are adjusting these instructions.

Diagram of basic sweater dimensions



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HeartStrings Pattern: W2 - 5332

the Pinstripe Melange sweater ...

is a casual loose fitting long-sleeved woman's sweater in coordinating yarns of silk/wool and cotton. It's fun to make and wear the design of varied pinstripes that randomly decorate body and sleeves. A long button tab front extends into the shaped V-neck. Contrast ribbing accents the upper sleeve line and bands.



Sizing

Directions are written for a relaxed fit in size Small-Medium, with changes for Medium-Large in |. Finished sweater measures 44" [48"] around at underarm.

Materials

Worsted weight yarn —
850[950] yards main color
300[350] yards contrast color
4 [5] - 5/8" buttons

Size 8 circular needles (or size to obtain planned gauge), 28" - 32" and 16" lengths

Size 8 double point needles, set of 4

Size 4 circular needles (or size to obtain planned gauge), 28 - 32" and 16 - 24" lengths

Size 4 double point needles, set of 4

GAUGE: 4 stitches and 5 1/2 rows per inch in stockinette stitch with MC

Pictured model was knitted in size Small-Medium with Tahki Chelsea Silk (65% silk, 35% wool, color 187-Fuchsia, and Reynolds Saucy (100% cotton, color 612-Mulberry)

Caution: Yarn requirements are based on the planned dimensions and gauge stated in this pattern. You may need to consider purchasing additional yarns in same dye lot if you are adjusting these instructions.



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Pattern: W4 - 5332

Twist and Slant

An attractive modified sweetheart neckline is the focal point of this woman's summer knit top. The pattern uses easy slipped, twisted, and eyelet stitches to create a pleasing combination of slimming twisted slip stitch verticals and zesty slanting openwork lines.



Sizing
Woman's size Medium, with changes for Medium-Large, Large, and Extra Large in the | | brackets. Finished chest measurement: 39" [42", 45", 48"].

Yarn and Needles
Sportweight or DK weight yarn
— 720 [880, 1040, 1200] yards

Size 6 needles or size to obtain planned gauge:
— circular needle 28" - 32"
— an extra needle of any type

Size 4 needles or 2 sizes smaller than needle needed to obtain gauge:
— circular needle 24" - 28"
— circular needle 16" length

GAUGE: 16 stitches and 24 rows per 3 inches in main pattern on larger size needle.

Caution: Yarn requirements are based on the planned dimensions and gauge stated in this pattern. You may need to consider purchasing additional yarn in same dye lot if you are adjusting these instructions.

Other Materials
Choice of neckband closure, such as a button or decorative pin

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HeartStrings Pattern: W5 - 5332

Chevrons and Ribs Sleeveless Cardigan

Designed to work up quickly, this sleeveless cardigan is adaptable as either a cool weather vest or as a sleeveless summer cardigan depending on your choice of yarn.

Design features are a bold textured chevron pattern and yoke shaping using the natural draw-in of a ribbed stitch.

The knitting is done entirely in one piece, with finished bands and buttonholes knit as-you-go. This pattern is rated high in the "when you're done, you're done" category, because once the knitting is complete, only the shoulders need to be joined and buttons attached.



Sizing
Woman's size Medium, with changes for Large in the | | brackets. Finished chest measurement: 39½" [46"]

Materials
Bulky weight yarn, approximately 500 [575] yards. Pictured model was knitted in Brown Sheep Lamb's Pride Bulky 85% wool, 15% mohair - 4 [5] 4-oz skeins. We also like this vest as a sleeveless summer cardigan knitted in bulky weight cotton yarn such as Reynolds Colors 100% cotton - 10 [12] 50g skeins.

Size 10 circular needle (or size to obtain planned gauge), approximately 29" length

GAUGE: 3½ stitches per inch in stockinette stitch.
Set of 4 double point needles in same size as circular needle, or a size or two smaller — these are just used as firm "stitch holders" when joining the shoulders

Large tapestry needle
9 - ¾" buttons

Skill Level: Intermediate knitter with experience reading stitch pattern charts.

Caution: Yarn requirements are based on the planned dimensions and gauge stated in this pattern. You may need to consider purchasing additional yarn in same dye lot if you are adjusting these instructions.

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HeartStrings Pattern: W7 - 9197

Beanstalk

— capricious leafy patterns cleverly arranged in a ladies short-sleeved boatneck T-top



Sizing
Woman's size Small, with changes for Medium and Large in the | | brackets. Finished chest measurement: 36½" [40½", 45½"]

Yarn and Needles
Sportweight yarn, approximately 775 [875, 975] yards
Size 4 circular needle (or size to obtain planned gauge), approximately 29" length
Size 4 circular needle (or same size as above), 16" length

GAUGE: 6½ stitches per inch over main body pattern stitch (or approximately 6 stitches per inch over stockinette stitch)
2 needle point protectors

Skill Level: Advanced

Caution: Yarn requirements are based on the planned dimensions and gauge stated in this pattern. You may need to consider getting additional yarn in same dye lot if you are adjusting these instructions.

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HeartStrings Pattern: W8 - 5332

Lace and Ribs

Ladies knit top with scoop neck and set-in short sleeves. The name comes from three stitch patterns in lace and ribbed textures that are arranged in a flattering "V" on front and back of the sweater. The sleeves also feature one of the lace-rib stitches. The scoop neckline is finished with a folded band of picot-type edging.



Sizing
Woman's size Small, with changes for Medium and Large in the | | brackets. Finished chest measurements: 36" [40", 44"]

Yarn and Needles
Sportweight yarn 850 [950, 1050] yards
Size 5 (3.75 mm) circular needle, or size to obtain planned gauge - 24" length
Size 3 (3.25 mm) circular needle, 24" length (16" length for size Small neckband)

Note: If you prefer, straight needles can be used for knitting body sections and sleeves. You will still need the circular needles for working the neckband. You will also need any type of extra **Size 5** needle for joining the shoulders.

GAUGE: 6 stitches per inch in stockinette stitch on larger size needle, or 25 stitches per 4 inches average over pattern stitches.

Skill Level: Intermediate knitter

Caution: Yarn requirements are based on the planned dimensions and gauge stated in this pattern. You may need to consider getting additional yarn in same dye lot if you are adjusting these instructions.

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HeartStrings Pattern: W11 - 5332



CHEVRON LACE GARDENS

Graceful bands of lace motifs symbolic of water, pebbles, and flowers adorn this beautiful blouse. A bonus to the visual pleasure is the wonderful drape and feel that comes from the intrinsic bias of the chevron-based motifs

Sizing
Woman's size Small, with changes for Medium and Large in the [] brackets. Finished chest measurements: 32" [38", 44"]

Yarn and Needles
Sportweight yarns — 900 [1000, 1100] yards main yarn 90 [100, 110] yards accent yarn
Size 4 US (3.5 mm) circular needles (or size to obtain planned gauge), 16" and 24" lengths

GAUGE: 19 stitches per 3 inches average over pattern stitches (approximately 6 stitches per inch over stockinette stitch)

Skill Level: Intermediate knitter

Caution: Yarn requirements are based on the planned dimensions and gauge stated in this pattern. You may need to consider getting additional yarn in same dye lot if you are adjusting these instructions.



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HeartStrings Pattern: W14 - 5332

ROSE TRELIS



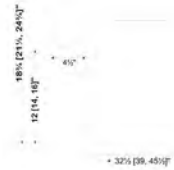
A delicate short sleeve blouse with pretty diamond trellis and mini-floral lace motifs framed by lacy ribbing on bands, sleeves, and a pleasantly softened square-neck yoke.

Sizing
Woman's size Small, with changes for Medium and Large in the [] brackets. Finished chest measurements: 32½" [39", 45½"]

Yarn and Needles
Light sportweight yarn: 750 [900, 1150] yards

Size 2 us (3 mm) circular needle (or size to obtain planned gauge), 24" length
Gauge: 20 stitches and 20 rows is 3½" wide by 2" high as measured over the trellis lace pattern stitch (Chart C)

Caution: Yarn requirements are based on the planned dimensions and gauge stated in this pattern. You may need to consider getting additional yarn in same dye lot if you are adjusting these instructions.



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HeartStrings Pattern: W26 - 5327

Shaped Tee with Collar



Simple to knit T-top allows textured and designer yarns to "show their stuff". Straight body line in simple stockinette stitch with garter stitch bands. Enhancements to the basic T-top shape include an asymmetrical split collar and non-boxy short sleeves.

Sizing
Woman's size Small, with changes for Medium, Large, and Largest in the [] brackets. Finished chest measurements: 34" [38", 42", 46"]

Yarn and Needles
Worsted weight yarn — 925 [1025, 1100, 1200] yards

Size 7 US (4.5 mm) or size to obtain planned gauge, 24" - 32" length circular needle
Size 4 US (3.5 mm) or 3 sizes smaller than size needed for gauge, 16" and 24" length circular needles

Extra needle in larger size for joining shoulders

GAUGE: 5 stitches per inch over stockinette on larger size needle

Skill Level: Advanced beginner — basic skills for cast on, bind off, knit, purl, slip, pick up, increase, and knitting in the round on circular needles

Caution: Yarn requirements are based on the planned dimensions and gauge stated in this pattern. You may need to consider getting additional yarn in same dye lot if you are adjusting these instructions.



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HeartStrings Pattern: W29 - 5332

Bold Diamonds Vest

A shapely unbuttoned vest patterned with bold relief diamond motifs in an easy knit-purl bias chevron stitch. Knit up quickly on large needles and bulky yarn of your choice for winter or summer wear.



Sizing
Woman's size Small, with changes for Medium, Medium-Large, Large and X-Large in the [] brackets. Finished chest measurement: 35½ [38½, 42½, 45½, 49½"]

Guideline: In choosing size, consider that you will be using a bulky weight yarn and allow for a finished chest measurement of 4" - 8" larger than actual bust measurement.

Hip-length version is 20 [22, 24½, 27, 29½"] long.
Cropped version is 13 [15, 16½, 18, 19½"] long.

Yarn and Needles
Any bulky weight yarn, e.g. cotton for summer; wool or mohair-blend for winter — hip-length version: 325 [400, 475, 575, 675] yards
cropped version: 200 [250, 300, 360, 425] yards

Size 10 needles (or size to obtain planned gauge) — 29" circular needle (note: vest will be worked back and forth, not in the round)
1 pair straight needles (to be used in joining the shoulders)

The attractive bias chevron structure of the stitch pattern becomes even more apparent in a variegated yarn such as used in this hip-length version of Bold Diamonds Vest.

GAUGE: 3½ stitches per inch over stockinette stitch

Caution: Yarn requirements are based on the planned dimensions and gauge. You may need to consider getting additional yarn in same dye lot if you are adjusting these instructions.

Skill Level: Advanced beginner with some experience reading stitch charts



Hip-length and cropped versions in solid color yarns.

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Jackie E-S Design Collections – Comfort Collection – The Sock Calendar Series

HeartStrings Pattern: W30 - 5332

Eyelet Ribbed Top

Classic styled woman's knit top with dainty "cable" eyelet pattern arranged in columns alternating with columns of single ribbing. This sweater features a straight body line, near elbow length sleeves, raglan-shaped yoke and scoop neckline.



Sizing
Woman's size Small, with changes for Medium, Medium-Large, and Large in the [. .] brackets. Finished chest measurements: 37½", 40", 42¾", 45"

Yarn and Needles
Sportweight yarn — 95(1000, 1075, 1150) yards
Size 5 (3.75 mm), or size to obtain planned gauge, in following needles —
For body and yoke of sweater: 24" - 32" length circular needle
For main portion of sleeves: for size Small set of double point needles or 11" length circular needle (for other sizes) 16" length circular needle
Size 3 (3.25 mm), or 2 sizes smaller than size needed for gauge, in following needles —
For sleeve bands: set of double point needles or 11" length circular needle
For neckline: 21" - 24" length circular needle

GAUGE: 6 stitches per inch over Eyelet Rib Pattern Stitch on larger size needle (see next page for pattern stitch instructions)



Skill Level: Intermediate knitter or advanced beginner with some experience with knitting in the round on double point needles and circular needles, following instructions for simple lace-type pattern stitches, and maintaining an established stitch pattern while decreasing.

Caution: Yarn requirements are based on the planned dimensions and gauge stated in this pattern. You may need to consider getting additional yarn in same dye lot if you are adjusting these instructions.

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HeartStrings Pattern: W32 - 0134

Pianissimo Lace Blouse

Softly with a whisper of lace, like fine classic music, this sweater is a masterpiece in concomitant simplicity and elegance. Alternating diagonals of eyelets suggest a soothing repetitive melody punctuated with the dainty staccato of herringbone faggot lace columns. The theme of pianissimo is echoed in the softly gathered bodice that adorns the lacy saddle shoulder continuations of the full-length sleeves.



Sizing
6 sizes with finished chest measurements of 34 (36½, 39, 42, 45½, 50)" and 0 - 2" negative ease. See schematic on last page for other key measurements.

Yarn 1250 (1325, 1400, 1475, 1550, 1625) yards. Sizing of this sweater is accomplished through choice of yarn weight and gauge; a yarn with a soft hand and good draping quality such as bamboo and silk blend is recommended. For the 3 smaller sizes, choose a fingering weight at approximately 200 yards/50 g such as Crystal Palace Panda Silk 17 - 8 balls. For the 3 larger sizes, choose a sport weight at approximately 120 yards/50 g such as Panda Silk DK (13 - 14 balls).

Gauge 32 (30, 28, 26, 24, 22) stitches / 44½ (42, 39½, 36½, 33½, 30½) rows = 4" over lace stitch pattern after washing and blocking to same moose in which the garment will be cared for. In the smaller sizes, the knitting of this sweater might be at finer gauge than you've considered before. But those who meet the challenge will be rewarded with a timeless classic to be enjoyed and admired for years to come.

Suggested Needles: US 1 (2, 3, 4, 5, 6) / 2.25 (2.75, 3.25, 3.5, 4.75, 6) mm knitting needle; crochet hook in an equivalent size to that used for knitting the sweater (will be used for button bands).

Notions: 7 small buttons or large beads ¼" - ¾" / (8 - 12) mm, stitch holders, stitch markers, tapestry needle for sewing sleeve seams and weaving in ends, smaller spare knitting needle for transferring stitches.

Skill Level: The instructions are intended for advanced knitters comfortable with larger projects and garment construction. But intermediate knitters will also find this project doable with some time and attention. Only basic-crochet skills are needed (chain stitch and single crochet).

Stitch Instructions: Charted and written.

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HeartStrings Pattern: W33 - 9240

Sweet Melody Vest

Like notes playing across the staffs of music, the subtle lace eyelets of Sweet Melody Vest drift in and out of a flattering cascade of textured wavy columns. The slightly fluted lower edge is a nice touch, too.



This vest is knitted as one piece so that sewn finishing is almost eliminated. You can leave the front opening buttonless or embellish with button loops and buttons as shown in the model for a center-front closure.

Sizes S/M (L, XL, 2XL) with planned measurements of —
Chest: 38½ (45, 51, 57)"
Length at center back: 22 (22½, 23, 23½)"
Length to underarm: 13 (13¾, 13¾, 13¾)"

Yarn and Needles
700 (850, 1000, 1150) yards DK weight yarn
Size 6 US (4 mm) knitting needles or size to give gauge of 21 stitches and 32 rows per 4 inches over main lace pattern stitch
Cable needle
Optional: 5 buttons; braided trim for button loops

Skill Level: Experienced

Shown in size S/M using Lorna's Laces Green Line DK color Mith, Fimo clay buttons, Koelnik 3/8" Trim color #245 Bright Magenta for button loops

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HeartStrings Pattern: W40 - 5527

3-to-2 Any Gauge Sweater

Use any yarn knit at a suitable gauge for this on-the-bias sweater. The 3-to-2 bias construction in the body of the sweater makes a fabric with extra drape, and offers exciting design possibilities when using variegated yarns or multiple yarns of similar weight knit in easy stripes.

Neckline features a fold down lapel. Options include stockinette or reverse stockinette body texture, and sleeve styles in sleeveless, short, or long.

Sizing
Any size. You use the worksheet-style instructions to plan your top in any yarn to your desired size. Then just knit and measure as you go.



Yarn Select your yarn and appropriate sized knitting needles to make a knit fabric that looks good and feels good to you. A pre-determined gauge is not needed for purposes of knitting this pattern. You can use the start of your sweater as your sample swatch. If you don't like what you are getting, just adjust to something you do. Guidelines for suggested needles and knitting yarn types are shown in the Worksheet section of this pattern.

Needles For main needles to work front and back body in flat knitting: straight or circular needle in size appropriate for your yarn (see worksheet guidelines)
For neckline garter stitch edging and ribbed border for bottom of sweater: 24" - 32" length circular 2 or 3 sizes smaller than main needle.
For your choice of sleeve style in circular knitting, you will also need one or more additional needles as follows:
sleeveless version: 16" circular needle or set of double point needles 2 or 3 sizes smaller than main needle
short sleeve version:
- 16" circular needle or set of double point needles in same size as main needle
- 16" circular needle or set of double point needles 2 or 3 sizes smaller than main needle
long-sleeve version:
- 16" circular needle in same size as main needle (optional, can use double points below)
- set of double point needles in same size as main needle
- set of double point needles 2 or 3 sizes smaller than main needle

Other Choice of lapel embellishment, for example a decorative button or pin

Skill level Advanced beginner to intermediate

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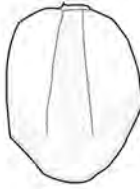
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June 2012 Catalog HeartStrings Knitting Patterns

From the classic to the uniquely appealing – Skill-building comprehensive instructions – Yarn-brand independent patterns for creative freedom

Cascading Hearts Shawl

HeartStrings Pattern: A2 - 5328



This lace-patterned shawl, adapted from the Faroese style, is contoured and shaped for a natural, excellent drape and fit. The pattern begins with the center back neckband, then proceeds to be worked from the neck down, increasing at the necessary design points to shape the traditional center back panel, side panels, front bands, and fitted shoulders. The panels and garter stitch bands are further defined by working my method of increase stitches that results in the appearance of a "fake" decrease line! Treat yourself, or someone special, with this practical but elegant creation specially designed with lots of hearts (and love!).

Sizing
One size, depending on weight of yarn used. See schematic below for dimensions.

Yarn and Needles
Approximately 1075 yards in a lace weight or a jumper weight yarn, for example:
5 oz 1 ply merino lace weight yarn at 230 yards per ounce
OR
8 oz shetland jumper weight yarn at 150 yards per ounce

Size 8 circular needle, or size to obtain planned gauge, in 24" - 28" length (note: a circular needle is used to comfortably hold the number of stitches needed; this garment is NOT knit in the round)
GAUGE: In stockinette stitch and after blocking (see Finishing section):
8 sts and 15 rows per 2 inches in lace weight yarn
7 1/2 sts and 12 rows per 2 inches in jumper weight yarn
Skill Level: Intermediate knitter with experience knitting lace and reading stitch pattern charts.

Annotations and approximate dimensions for blocking shawl



Caution: Yarn requirements are based on the planned dimensions and gauge stated in this pattern. You may need to consider purchasing additional yarn in same dye lot if you are adjusting these instructions.



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Eyelet Ankle-Ribbed Socks

HeartStrings Pattern: A3 - 5328

These socks are ribbed at the ankle (instead of the top!), and comfortably support an eyelet-patterned cuff with a pretty scalloped edge. Another petite eyelet pattern decorates the foot.



Sizing
Adult medium

Yarn and Needles
Fingering weight sock yarn - approximately 300 yards

Size 1 US (2.5 mm) double point needles, set of 4 (or size to achieve gauge)

Gauge: 8 stitches per inch over stockinette stitch

Skill Level: Intermediate knitter with some experience reading stitch pattern charts

Picture model was knitted using Brown Sheep Wildfleece wool and nylon sock yarn, color #SY-20 machu pichu purple.

Abbreviations

- k - knit
 - k2tog - knit 2 stitches together
 - p - purl
 - p2tog - purl 2 stitches together
 - rep - repeating
 - rep from * - repeat all instructions from the previous asterisk
 - rnd(s) - round(s)
 - RS - right side (the side of the knitted fabric worn to the outside)
 - sl - slip
 - sl 1 wyib - slip 1 stitch as if to purl while keeping yarn to back of work
 - sl 1 wyif - slip 1 stitch as if to purl while keeping yarn to front of work
 - SSK - slip 1 stitch as if to knit, and then slip another stitch as if to knit; insert left needle tip into the 2 slipped stitches from left to right and knit these 2 stitches together
 - st(s) - stitch(es)
 - tog - together
 - WS - wrong side (the side of the knitted fabric worn to the inside)
 - wyib - with yarn in back of work
 - wyif - with yarn in front of work
 - yo - yarn over
- Note: Instructions are written assuming you are knitting stitches off your left-hand needle point onto your right-hand needle point. If you are working instead from right to left, please adjust instructions to agree with your direction of work.

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Pendants Shawl

HeartStrings Pattern: A4 - 5328

This lace-patterned shawl, adapted from the Faroese style, is contoured and shaped for a natural, excellent drape and fit. The pattern begins with the center back neckband, then proceeds from the neck down in garter stitch and lace stitch motifs. Yarn over increases and the lace patterns themselves are used to shape the traditional center back panel, side panels, front bands, and fitted shoulders. Since this garment knits up easily into a practical and lovely creation without the need for close attention to size and fit, you may find it ideal for gift giving (or even yourself!).

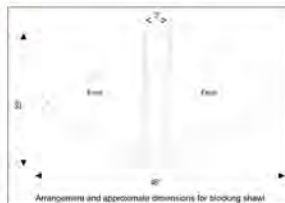


Sizing
One size. See schematic for planned dimensions.

Yarn and Needles
8 oz shetland jumper weight yarn at approximately 150 yards per ounce
Size 8 circular needle, or size to obtain planned gauge, in 24" - 28" length (note: a circular needle is used to comfortably hold the number of stitches needed; this garment is NOT knit in the round)
GAUGE: 4 sts and 6 rows per inch in garter stitch

Skill Level: Advanced beginner knitter with some experience reading stitch pattern charts.

Caution: Yarn requirements are based on the planned dimensions and gauge stated in this pattern. You may need to consider purchasing additional yarns in same dye lot if you are adjusting these instructions.



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Shetland Lace Patterned Faroese Shawl

HeartStrings Pattern: A5 - 5328



The popular HeartStrings neck-down version of the Faroese style shawl. Traditional center and side panels, front bands, and fitted shoulders. Garter stitch lace knitting in traditional Shetland lace patterns of beads, diamonds and Madeira fans.

Sizing
One size. See schematic below for dimensions.

Yarn and Needles
8 oz shetland yarn at approximately 150 yards per ounce
Size 8 circular needle, or size to obtain planned gauge, in 24" - 28" length (note: a circular needle is used to comfortably hold the number of stitches needed; this garment is NOT knit in the round)
GAUGE: In garter stitch and after blocking (see Finishing section):
4 sts and 6 rows per inch in garter stitch

Skill Level: Experienced knitter

Small level of detail work, with approximate dimension for blocking



Caution: Yarn requirements are based on the planned dimensions and gauge stated in this pattern. You may need to consider getting additional yarn in same dye lot if you are adjusting these instructions.

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Jackie E-S Design Collections – Comfort Collection – The Sock Calendar Series

HeartStrings Pattern: A7 - 5246

Reversible Lace Cables Scarf



Shown in a hand-painted multi-color silk/rayon yarn.

An elegant yet simple lightweight dressy scarf. The main pattern is a mock eyelet cable, surrounded by a border of garter stitch and herringbone lace. The choice of a subtly varicolored or multi-toned yarn will introduce a rich amalgamation of gradual color changes into the lace and cable texture.



A view showing the reversibility of the scarf.

Yarn and Needles

400 - 500 yards of laceweight or fingering yarn, approximately 2 to 3 oz for blocked measurements of 10" by 72" (length can be easily adjusted for the amount of yarn you have)

Gauge: Approximately 4 1/4 st per inch in Herringbone Lace (see Outer Border Section)

Size 6 us (4.0 mm) needles

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HeartStrings Pattern: A8 - 5237

V-Collar Dickey

A fashionable woman's dickey suitable for wearing under a suit jacket, or as a quick dress-up to a V- or crew-neck sweater. A design highlight is the V shape of the collar front that occurs "magically" from a bias-knit twisted rib pattern. The collar back is knit at the same time in a companion plaited twist rib pattern stitch.



The V-Collar Dickey is handsome knitted in a variety of yarns and colors. Choose solid colors for a classic tailored look, or in variegated yarns for a casual look. Model shown here was made in a silky mercerized Egyptian cotton.

Sizing

Adult medium

Yarn and Needles

Sportweight yarn - approximately 220 yards; choose a medium to high-twist yarn to enhance the definition of the twisted stitches in the collar ribbing

Size 6 circular needle or size required to obtain planned gauge of 5 1/2 stitches per inch over stockinette stitch — 16" and optional 24" lengths

Size 4 circular needle, or two sizes smaller than needle used to obtain planned gauge — 16" length

Skill level

Advanced/Intermediate

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HeartStrings Pattern: A9BG - 0150

Cowl Dickey

The HeartStrings Cowl Dickey is a quick, easy-to-knit woman's dickey. The loose-fitting draped neckline results in a comfortable accessory that will fit almost anyone. Treat yourself to a luxury yarn like Buffalo Gold's Earth Lite; the bison down will feel like heavenly decadence.

Wear it with a plain sweater or shirt to add an exquisite touch.



Knitted in-the-round, this seamless one-piece garment works up quickly. You'll start with larger needles than normal to achieve the softly draping outer portion of the easy 2-round herringbone lace stitch collar. The lace then decreases into a softly-ribbed inner collar on smaller needles. From there, a bit of short row shaping will raise the back neckline for a comfortable fit before proceeding again in-the-round to complete the short raglan yoke.

Sizes

One size fits all
Yarn 200 yards sport weight yarn such as Earth Lite by Buffalo Gold Premium Fibers, 90% bison down/10% nylon — one skein 200 yards/50g; shown in color Maroon

Gauge 5 1/2 stitches per inch over stockinette stitch

Suggested Needles

Size US 6 / 4 mm circular (or size to obtain gauge) in 16" and optional 24" lengths

Size US 7 / 4.5 mm in 16" length (or one size larger than used to obtain gauge)

Notions

4 markers

Skill Level Advanced beginner

Stitch Instructions Written

Special Techniques Used and Described Yarn over lace patterning on every round; short row neckline shaping

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HeartStrings Pattern: A10 - 5328

Side-to-Side Dickey

Practical accessory suitable for the whole family and easy to knit, too. This dickey is made starting at one shoulder of the yoke and is worked in stockinette stitch with moss stitch borders across the front and back sections to the other shoulder. Stitches for the turtleneck are then picked up along the yoke neckline, and knit in ribbing.



The variegated lamb's wool used in this model illustrates how multi-colored yarns work up especially nicely in this dickey style, showing off the yarn's colors as vertical stripes in the yoke played off horizontal striped ribbing in the collar.

Sizing

Small (up to 13" neck), (Medium (14" - 16"), Large (17"-+)); changes for Medium and Large are in the | | brackets.

Yarn and Needles

Worsted weight yarn - 200(225,250) yards, approximately 3(3 1/2, 4) ozs

Size 7 us (4.5 mm) needles (or size to obtain planned gauge); these needles can be either straight or circular

Size 5 us (3.75 mm) circular needles, 16" length

Size 6 us (4.0 mm) circular needles, 16" length

Gauge: 5 stitches per inch in stockinette stitch on larger needle

Skill level

Advanced Beginner to Intermediate

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Patterns #A2 - A60, page 2

June 2012 Catalog HeartStrings Knitting Patterns

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HeartStrings Pattern: A13 - 9144

Beaded Diamond Mosaic



Crew Socks and Fingerless Mittens

Sizes adult S (M, L) with finished measurements of —
Crew socks: 8 (8½, 9½)“ sock foot circumference,
8½ (9½, 10½)“ foot length, 6 (6½, 7)“ leg height
Fingerless mittens: 8 (8½, 9½)“ hand circumference,
10½ (11½, 12½)“ overall length

Knitting needles, your choice of double point needles or
circulars

Size 2½ US / 3.0 mm or size needed to give gauge of
6½ stitches per inch over stockinette stitch
Size 5 (6, 7) US / 3.75 (4, 4.5) mm or comparably larger
size than used to obtain gauge

Crew socks and fingerless mittens each take 480 size 6/0
seed beads (approx. 40 g)

Size 24 tapestry needle, nylon dental floss threader or
other collapsing eye needle for stringing beads onto your
yarn

DK weight yarn for socks —
50 (55, 60) yards color A (lighter yarn)
215 (245, 285) yards color B (darker yarn)
DK weight yarn for fingerless mittens —
50 (55, 60) yards color A (lighter yarn)
165 (195, 235) yards color B (darker yarn)

Mix-and-match beaded ensemble of hat,
crew socks and fingerless mittens.

Although the colorwork might appear
involved, the slip-stitch color knitting is
simple because you only need to handle
one yarn color at a time.

The beads give an added depth of color
and look of complexity to an otherwise
simple beaded knitting technique.

Pictured models were knitted in Hairloom Easycare B,
color #711 (the lighter yarn) and color #779 (the darker
yarn). Miyuki beads #6-1427 Silver-lined Violet.

Beaded Diamond Mosaic Hat

Sizes adult S-M (E-XL) with finished
measurements of 22½ (25½)“ circumference
around body of hat at fullest part; 9¼ (9¾)“
overall depth

DK weight yarn —
75 (85) yards color A (lighter yarn)
120 (140) yards color B (darker yarn)

Size 7 US / 4.5 mm knitting needles or size to
give gauge of 5 stitches per inch over Beaded
Basketweave Mosaic pattern stitch, 16” circular
and set of double points

Size 5 US / 3.75 mm knitting needle or two
sizes smaller than used to obtain gauge, 16”
circular

903 (1032) size 6/0 seed beads
(approx. 76 (86) g)
Bead stringing needle as used for socks and
fingerless mittens



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HeartStrings Pattern: A14 - 5328

Thong Socks

Socks to wear with sandals (or just because!)... a little
unusual looking off the feet, but good-looking on your
feet AND what fun to wear!

Includes distinct shaping for right and left feet, with
separate big toe. A resilient slipped stitch 3:2 ribbing
in cuff as well as instep makes these socks extra
comfy.

Sizing

Adult medium

Yarn and Needles

2 - 50g skeins fingering weight sock yarn
(400 - 450 yards); depending on the length
sock you make, you will use somewhat less
— e.g. 70g/300 yards was sufficient for a
finished sock foot length of 9½” with a 5½”
cuff

Size 1 US (2.5 mm) double point needles, set
of 4 (or size to achieve gauge)



Sketch of right foot sock as
viewed from side and laid flat.



Gauge: 8 stitches per inch in stockinette stitch

Skill Level: Intermediate knitter

Pictured model was knitted using Brown
Sheep Wildefoote wool and nylon sock yarn,
color #SY-03 brilliant bouquet.

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HeartStrings Pattern: A16 - 5328

All-over Lace Faroese Shawl

Another of the popular HeartStrings Faroese shaped shawls, this time in an all-over
stockinette stitch lace version. The pattern begins with the center back neckband, then
proceeds from the neck down in charming lace heart silhouetted motifs. Yarn over
increases and the lace patterns

themselves are used to shape the
traditional center back panel, side
panels, front bands, and fitted
shoulders. This design adds a band of
garter stitch at each side of the center
back panel, giving further definition to
the graceful lines of this shawl.



Sizing

One size: 32” long and 48” wing spread.
See schematic on page 3 for blocked
arrangement with dimensions.

Yarn and Needles

8 oz 2-ply shetland jumper weight yarn at
approximately 150 yards per ounce

Size 8 circular needle, or size to obtain
planned gauge, in 24” - 28” length (note: a
circular needle is used to comfortably hold
the number of stitches needed; this
garment is NOT knit in the round)

GAUGE: 4 sts and 6 rows per inch in stockinette stitch

Skill Level: Intermediate

Caution: Yarn requirements are based on the planned dimensions
and gauge stated in this pattern. You may need to consider
purchasing additional yarns in same dye lot if you are adjusting
these instructions.



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HeartStrings Pattern: A17 - 5328

Toe-to-Cuff Lace Rib Socks

*Seemingly, just another basic sock. But besides the
pretty lace rib stitch pattern in a quick-to-knit gauge,
the surprise (and fun!) is knitting these socks starting
at the toe, producing socks with the same popular
shaping and fit as those begun at the cuff!*



Sizing

Adult medium

Yarn and Needles

Worsted weight yarn at 10
to 12 wraps per inch: 215
yards for 9½” foot length
and 7” cuff.

Allow about 15 yards more
or less yarn for each 1”
adjustment in the foot or
cuff length.

Size 4 double point needles,
set of 4 (or size to achieve
gauge)

Gauge: 5½ stitches per inch
over stockinette stitch

Size G or H crochet hook
Short piece of smooth yarn
or string to be used as waste
yarn

Skill Level: Intermediate
knitter

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HeartStrings Pattern: A18 - 5328

parting ways socks



A dressy pair of socks, with swirling eyelet rib pattern. The ribbing pattern "parts ways" at the juncture of heel and instep with a column of the pattern extending downward on each side of a modified square heel while the top of the foot continues in the ribbing pattern.

Sizing
Adult medium

Yarn and Needles

Fingering weight sock yarn - approximately 315 yards
Size 0 double point needles, set of 4 (or size to achieve gauge)
Gauge: 8 stitches per inch over stockinette stitch
Skill Level: Intermediate knitter

Abbreviations and Pattern Stitch

of times - repeat instructions inside the parentheses the number of times indicated by the

k - knit

k2tog - knit 2 stitches together

ndk1 - needleless

p - purl

p2tog - purl 2 stitches together

rep - repeating

rnd(s) - round(s)

RS - right side (the side of the knitted fabric worn to the outside)

sl - slip

sl 1 wyib - slip 1 stitch as if to purl while keeping yarn to back of work

sl 1 wyif - slip 1 stitch as if to purl while keeping yarn to front of work

SSK - slip 1, stitch as if to knit, and then slip another stitch as if to knit, insert left needle tip into the 2 slipped stitches from left to right and knit these 2 stitches together

st(s) - stitch(es)

WS - wrong side (the side of the knitted fabric worn to the inside)

wyib - with yarn in back of work

wyif - with yarn in front of work

yo - yarn over

Note: Instructions are written assuming you are knitting, stitches off your left hand needle point onto your right hand needle point. If you are working abroad from right to left, please adjust instructions to agree with your direction of work.

Pattern Stitch

(5 st repeat, increasing to 6 sts on rnds 2 - 4)

Rnd 1: k3, p2

Rnd 2: k3, yo, p2

Rnd 3: k4, p2

Rnd 4: k1, k2tog, yo, k1, p2

Rnd 5: k2tog, k2, p2

Rnd 6: k1, yo, k2tog, p2

Repeat rnds 1 - 6.



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HeartStrings Pattern: A20 - 9347

Crest of the Wave Lace Scarf

This lovely lace scarf is named after its main pattern stitch "Crest of the Wave" — a derivative of the popular Shetland lace stitch Feather and Fan or Old Shale. The main stitch area of graceful lacy waves is surrounded by a knit-as-you-go elegant ribbed openwork border.



Shown in Mountain Colors Winter Lace Junior, color Chinook

Size Blocked measurements of 14" wide by 60" long.

Yarn and Needles

500 yards lace weight or light weight fingering yarn.
Size 6 US (4.0 mm) knitting needles.

Gauge Average of 4½ stitches per inch over combination of border and main patterns after blocking under tension.

Skill Level Advanced beginner. Both charted and line-by-line written instructions are provided.

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HeartStrings Pattern: A21 - 6045

Cat's Cradle Long-Ways Scarf

The clustered threads used as the main pattern stitch in this scarf concentrate the colors of variegated yarn in a lovely way. Also, the way the threads meet and cross each other reminds me of the child's game "cat's cradle".

By knitting from one long edge to the other, the colors arrange themselves in strokes of color along the length of the scarf. The eyelet stripe sections which frame and divide the cat's cradle areas further emphasize the length-wise color placement.

Includes a mini-tutorial on finishing and blocking lace.



Yarn and Needles

450 yards of laceweight or light fingering weight yarn for blocked measurements of 6½" by 70". To achieve a look similar to the model shown, choose a variegated yarn with color runs of 10 inches or more.

Size 5 US (3.75 mm) knitting needles

Gauge: Average of 5 sts and 9 rows per inch over stitch patterns after blocking

See the Design Notes for making shorter or longer, narrower or wider, and with whatever yarn you want. Remember that the amount of yarn you need will vary as you make these types of adjustments.

Scarf pictured was made in Heritage Yarns 8/2 Tencel, color Summer Haze.

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HeartStrings Pattern: A23 - 5328

EenieMenieMinieMo ...



... put some colors on your toes. A foursome of socks, each different yet similar so you can mix-and-match into pairs. Each sock is made in a different arrangement of four colors and different slip-stitch pattern on the leg. You'll have as much fun making them as wearing them (or seeing them worn). Instructions for children through adult.

Sizing

8 sizes for children through adult. Instructions for smallest size is given first, with each next larger size in the { } brackets.

Selecting the size to knit
Measure around foot at widest point. Instructions are given in 8 sizes to fit foot circumference measurements of 5½(6),7¾,8¾,9½,10½,11". These measurements allow for an average snug fit. If foot measurement lies between 2 sizes, choose the smaller size for a tighter fit, and the next larger for a looser fit.

Yarn and Needles

Sportweight yarn in four colors, approximately 50(80,100,135,150,170,195,220) yards of each color to make the 4 socks, for a total of 200(320,400,540,600,680,780,880) yards.

Each sock will use a different color placement on cuff, heel, foot and toe. All four colors will be used (but worked only one at a time) in the slipped stitch pattern on the leg of each. Anything from bright contrasting colors to a more subdued color scheme will work. Just make sure that the yarn used for each of the 4 colors is the same type (i.e. same fiber composition, texture, and thickness).

Size 2 us (3.0 mm) set of 4 or 5 double point needles, or size to give gauge

Size 4 us (3.5 mm) set of 4 or 5 double point needles, or two us sizes larger than needle size to give gauge, (or closest metric equivalent to 0.5 mm larger)

Gauge: 6½ stitches per inch over stockinette stitch on smaller size needles

Cable needle

Skill Level: Intermediate knitter

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June 2012 Catalog HeartStrings Knitting Patterns

From the classic to the uniquely appealing – Skill-building comprehensive instructions – Yarn-brand independent patterns for creative freedom

Ethereal Fichu

Picture yourself in this lovely sheer and flowing triangular shoulder wrap knitted in geometric lace motifs.

This is a good project to make in a special exotic fiber you've always wanted as it requires only a relatively small amount of laceweight yarn for a nice-sized versatile wrap.



Pictured model was knitted with 2 skeins Buffalo Gold "Bulbo" 75% bamboo 25% pure bison (300 yards/50g skein)

Note: This updated Ethereal Fichu publication contains instructions for both the original style and a second style which is a slight variation (pictured on this page). This second style has a slightly wider profile for those who might prefer that. This publication has also been updated to contain an additional Chart D (which is used in the second style) as well as written stitch instructions corresponding to all charts.

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HeartStrings Pattern: A24U - 8185



Start at the point of the triangle and increase to the widest point, creating a pretty pointed edge along the sides of the triangle.

To add a bit of a curve to the basic triangle shape, the initial lace motif transitions into a similar one with a slightly different scale partway through the length of the fichu.

A pretty coordinating edging is worked sideways to bind off and complete your project.

Charted and written stitch instructions are included.

Sizing

42" at longest point and 56 (60)" at widest point

Yarn, Needles and Notions

475 (500) yards laceweight yarn

Size 6 US (4.0 mm) knitting needles suggested

Gauge: 4 stitches per inch over blocked pattern stitch

Stitch markers

HeartStrings Pattern: A25U - 8178

Pillared Archways Lace Scarf



This graceful rectangular scarf is knitted in a double chevron-arched stockinette lace stitch pattern bordered by pillared columns of an interesting knotted stitch.

Sizing, Yarn and Needles

Approximately 375 yards of fine yarn for blocked measurements of 10" by 54". This scarf is knitted from end to end and can easily be adjusted for length. Allow additional yarn if lengthening.

Size 6 US (4.0 mm) knitting needles suggested.

Gauge: Average of 5 stitches per inch over combination of border and main patterns after blocking under tension.

Charted and written stitch instructions are included.

Pictured in Buffalo Gold #11 Laceweight pure bison undyed natural

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HeartStrings Pattern: A26 - 6306

Hanging Vines Stole



Lovely knitted lace stole pattern easily adapts to the width you fancy — from narrow neck scarf, medium width shoulder wrap, or wider shawl and sofa throw styles. The stole is knit as a single piece, with the repeating pattern stitch making its own pretty edgings. The lace design is reminiscent of the leaves and buds on vines hanging vertically over a balcony railing.

Sizing, Yarn and Needles

Any fine yarn in laceweight to fingering weight can be used.

For example, laceweight yarns at approximately 24 to 30 wraps per inch or 200 to 250 yards per ounce, will produce a drapey, lightweight scarf or wrap.

Fingering weight yarns at approximately 15 to 17 wraps per inch or 125 to 150 yards per ounce, will give a firmer, denser fabric good for shawls and sofa throws, and warmer scarves and wraps.

Amount of yarn needed will depend on the stole width and length you want to make. Length is easily adjusted with more or less yarn. Use the following guidelines (dimensions shown are after blocking):

Style	Dimensions	Yardage	Approximate weight in laceweight	Approximate weight in fingering	Yardage adjustment for each 6" length
Narrow neck scarf	10" x 60"	350 yds	1 1/4 - 1 1/2 oz	2 - 2 1/2 oz	30 yds
Wider neck scarf	16" x 60"	550 yds	2 - 2 1/2 oz	3 - 4 oz	50 yds
Shoulder wrap	22" x 60"	900 yds	3 - 4 oz	5 - 6 oz	70 yds
Shawl	28" x 60"	1150 yds	4 - 5 oz	6 1/2 - 8 oz	80 yds
Wide shawl	34" x 72"	1900 yds	5 - 6 1/2 oz	8 1/2 - 10 oz	105 yds
Sofa throw	52" x 68"	1800 yds	7 1/2 - 9 oz	12 - 14 1/2 oz	160 yds

Directions are written for the narrow neck scarf, with the other 5 styles listed within brackets [. . .] in the same order as given here.

Size 6 us (4.0 mm) needles. A 24" to 32" length circular needle is suggested for ease in working the wider styles, such as shawls and sofa throws.

Gauge: Average of 4 1/2 sts and 6 rws per inch over pattern after blocking under tension.

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HeartStrings Pattern: A27 - 5326

HANDSOME DICKEY

Quick and easy-to-knit dickey suitable for man or woman. Use as a casual dress-up under a shirt, crew neck sweater or sweatshirt. Made starting with a nicely patterned turtleneck atop a raglan-style yoke.



Sizing

Adult: Smaller (up to 15 1/2" neck) and Larger (up to 18 1/2" neck). The directions for the larger size are given in the [] brackets.

Yarn and Needles

Sportweight yarn - 250/300 yards, approximately 2 1/2 [3] ozs

Size 6 us (4.0 mm) circular needles (or size to obtain planned gauge), 16" and optional 24" lengths

Size 3 us (3.25 mm) circular needle, 16" length

Gauge: 5 1/2 stitches per inch in stockinette stitch on larger needle.

Skill level: Advanced beginner

Pictured model was knitted with Brown Sheep Naturespun 100% wool, color #51 Blue.

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Austrian Lace Stirrup Leg Warmers

These dressy over-the-calf stirrup leg warmers (otherwise known around here at the HeartStrings studio as Sock-Not Leggings) omit the bulk of a complete sock since there is no heel or toe.

Tailored twisted-ribbing lace patterns enhance the leg portion and becomingly conform to the shape of your calf. Then plain twisted-ribbing continues onto the foot to comfortably hug ankle and arch.

You will love these as a practical fashion alternative for warmth and wearability when you want a pretty cover-up.



Shown in Tall Tomen Arisan Sock yarn, color #089 Mt.

Sizing Women's medium. Unstretched measurements:
Upper leg - 11 1/2" / 28.5 cm
Ankle - 7" / 17.75 cm

The stitch patterns have a lot of elasticity, allowing expansion by approximately 50% of their unstretched measurements. If desired, resize using smaller or larger needle/gauge.

Yarn Fingering weight 420 yards / 384 m
Gauge 33% stitches and 48 rounds = 4" / 10 cm over twisted-ribbing lace patterns (unstretched)

Suggested Knitting Needles Size US 1 / 2.25 mm double point needles or size to achieve gauge, set of 5
Construction Cuff down

Skill Level Intermediate

Stitch Instructions Charted and written

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HeartStrings Pattern: A30U - 2071

Maple Leaves Scarf

Easy to knit on just a few stitches and enjoyable to wear in a variety of ways. This delicate lace scarf is designed with a knitted lace pattern stitch where the silhouette of yarn over eyelets reminds us of maple leaves.

The attractive textured lace border is knit at the same time as the center area of maple leaves. Thus, the knitting is done entirely from end-to-end in one piece with no picked up stitches or seams to sew.



Shown in Mountain Colors Winter Lace Junior, color Prairie Rose

Finished Size
10" by 64" (25.4 cm by 162.56 cm) after blocking; guidance for adjusting the size of the scarf is included in the project instructions

Yarn
400 yards (365 m) laceweight; if adjusting length or width, plan for correspondingly more or less yarn

Gauge
19.5 stitches x 25.5 rows = 4" (10 cm) blocked; since each main area maple leaf motif is approximately 2.5" by 2.5" (6.35 cm by 6.35 cm), you can use this increment to plan for adjustments in width or length you might want to make

Knitting Needles
Size US 6 (4 mm) suggested

Other Notions
Tapestry needle for finishing ends
Blocking board; rust-proof blocking wires/pins

Stitch Instructions Written and charted

Skill Level Easy

Skills Needed
Knit, purl, yarn over, cast on, bind off

Overview of Construction
Knitted end to end in one piece; no seams to sew

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HeartStrings Pattern: A32 - 8170

Stalwart Left Right Socks

As the name implies, these Stalwart Socks are designed to be extra strong and robust. A linen/merino blend yarn is recommended — the linen for strength and sturdy wearability; the merino for wearable cushioned softness.

These socks have added features for wearing comfort by conforming to the shape of the ankle and toes. The handsome textured knit/purl diagonal block stitch pattern transitions into ribbing at back of leg for an ankle-hugging fit and the toes have left and right shaping.



Pictured socks were knitted in Louet Merino Sport 60% linen / 40% merino, 250 yards / 100 grams, color Cloud Gray

Sizing
Women's medium (men's large). Stated yardage is for planned measurements of 7 (7 1/2)" sock leg height above heel flap, 8 1/2 (10)" sock foot circumference, and 9 1/2 (12 1/2)" foot length.

Foot length is easily adjustable to specific measurements of wearer as indicated in the instructions.

Yarn and Needles
Sport weight yarn approximately 325 (400) yards. If you are making adjustments for longer foot length, please allow more yarn.
Size 2 US / 2.75 mm knitting needles or size needed to obtain stated gauge; your choice of double point or circular needles for knitting in the round.

Gauge
7 stitches per inch over stockinette stitch.

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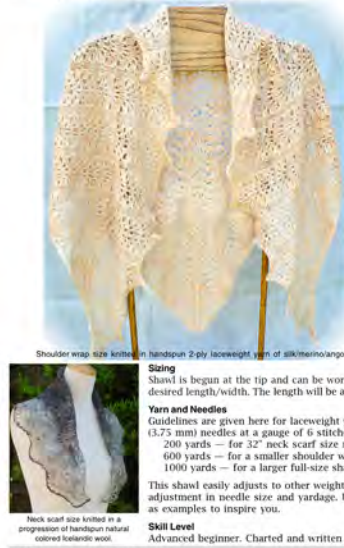
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HeartStrings Pattern: A33U - 9048

Elegantly Simple Triangle Shawl

This shawl is knit in one of those lovely laces based on the Shetland feather and fan stitch. There is so much movement and interest in the pattern that it may look more difficult to do than it really is. Starting at the tip of the shawl and increasing to whatever width you want, it becomes a lovely fan-shaped neck scarf, shoulder wrap, or full-size shawl. The bound-off long edge can be finished in your choice of dramatic points or graceful scallops.



Shoulder wrap size knitted in handspun 2-ply laceweight yarn of silk/merino/angora.

Sizing
Shawl is begun at the tip and can be worked to desired length/width. The length will be approximately half the width.

Yarn and Needles
Guidelines are given here for laceweight yarn, based on using size US 5 (3.75 mm) needles at a gauge of 6 stitches per inch over pattern stitch.
200 yards — for 32" neck scarf size measured across widest point
600 yards — for a smaller shoulder wrap 54" across
1000 yards — for a larger full-size shawl 72" across

This shawl easily adjusts to other weights of yarn with corresponding adjustment in needle size and yardage. Use the pictured sample models as examples to inspire you.

Skill Level
Advanced beginner. Charted and written instructions are included.



Full-size shawl knitted using size US 10 (6 mm) needles and a strand of Lorna's Laces Heaven kid mohair and Heritage Yarns Tencel held together. Shown worn "lapid down" with fluttering rolled collar and scalloped hem.



Here is the shawl in a striking hand painted 8/2 Tencel dyed and knitted by Margaret Porman of Heritage Yarns. She used less than half of an 8 ounce skein in the Blue Bayou colorway.

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Patterns #A2 - A60, page 6

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HeartStrings Pattern: A34 - 5330

Swirling Lace Anklets



Low-top socks in an intriguing lace pattern that curls this way and that way down the cuff and along the top of the foot. Since the cuff is very short, this sock can be used successfully with inelastic fibers like silk and cotton without fear of sagging.

Sizing
Adult medium

Yarn and Needles
Fingering weight sock yarn (15 - 17 wraps per inch, approximately 350 yards)

Size 0 or 1 us (2.0 or 2.5 mm) double point needles, set of 4 (or size to achieve gauge)

Gauge: 8 stitches per inch over stockinette stitch

Skill Level: Intermediate knitter

Picture model was knitted in 2-ply yarn handspun from 80% silk/20% wool roving.

Abbreviations

eor - end-of-round
k - knit
k2tog - knit 2 stitches together
nd(s) - needle(s)
p - purl
p2tog - purl 2 stitches together
prev - previous
rep - repeating
rep from * - repeat all instructions from the previous asterisk
rnd(s) - round(s)
RS - right side (the side of the knitted fabric worn to the outside)
sl - slip
sl 1 - slip 1 stitch as if to purl unless otherwise directed

sl 1 wyib - slip 1 stitch as if to purl while keeping yarn to back of work
sl 1 wyif - slip 1 stitch as if to purl while keeping yarn to front of work
SSK - slip 1 stitch as if to knit, and then slip another stitch as if to knit; insert left needle tip into the 2 slipped stitches from left to right and knit these 2 stitches together
st(s) - stitch(es)
WS - wrong side (the side of the knitted fabric worn to the inside)
wyib - with yarn in back of work
wyif - with yarn in front of work
yo - yarn over
Note: Instructions are written assuming you are knitting stitches off your left hand needle point onto your right hand needle point. If you are working instead from right to left, please adjust instructions to agree with your direction of work.

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HeartStrings Pattern: A35 - 5356

Fine Filigree Fingerlings



Simple Filigree Hand Warmers

Finished Measurements, Yarn and Needles

Sized for adult petite-small, with medium-large in brackets.

Measurements and yarn specifications for the three styles of wrist and hand coverings are separated by slashes as follows:

A Touch of Filigree Wristlets / Simple Filigree Hand Warmers / Filigree Mitts

Finished measurements (not stretched):

Circumference at scalloped edge:
7½(8½) / 7¾(8¾) / 8½(9½)"

Circumference around wrist (all 3 styles): 5¾(6¾)"

Length (measured from outer edge of scalloped border): 4" / 6" / 8"

Fingering weight yarn:
85(100) / 150(175) / 200(235) yards

Size 1 US (2.25 mm) knitting needles or size to give gauge of 10 stitches per inch over Lace Filigree pattern stitch; your choice of double point or circular needles.

Picture models knitted in Brown Sheep Nature Spun fingering weight color #730 Natural.

Here are three styles of beautiful hand coverings styled for under-the-cuff wear to give the look of layering. The Lace Filigree pattern stitch might appear complicated to knit, but is surprisingly simple!

A Touch of Filigree Wristlets feature just enough Lace Filigree edging to peek from under the cuffs of a blouse or sweater.

In the Simple Filigree Hand Warmers, the Lace Filigree motifs are repeated in columns for an easy-to-knit self-shaping hand covering.

Filigree Mitts are designed to cover more of the hand, and include a thumb gusset. These fingerless mittens are a flattering alternative to wearing mittens or gloves.

For coordinating neck and head coverings, see HeartStrings pattern #A135 "Filigree Lace Ensembles".



Filigree Mitts (left)
A Touch of Filigree Wristlets (right)

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HeartStrings Pattern: A36 - 5330

Heart Socks

Pamper someone (even yourself) — pretty ankle socks with dainty lace hearts pattern.

Sizing
Adult medium

Yarn and Needles
Sportweight sock yarn (13 - 14 wraps per inch, approximately 250 yards)

Size 2 us (3 mm) double point needles, or size needed to obtain planned gauge, set of 5 (or size to achieve gauge)

Gauge: 6½ stitches per inch over stockinette stitch

Skill Level: Intermediate knitter

Picture model was knitted in 2-ply yarn handspun from a blend of silk/wool/mohair/alpaca roving.



Abbreviations

eor - end-of-round
k - knit
k2tog - knit 2 stitches together
k3tog - knit 3 stitches together
nd(s) - needle(s)
p - purl
p2tog - purl 2 stitches together
p3tog - purl 3 stitches together
prev - previous
rep - repeating
rep from * - repeat all instructions from the previous asterisk
rnd(s) - round(s)
RS - right side (the side of the knitted fabric worn to the outside)
sl - slip
sl 1 - slip 1 stitch as if to purl while keeping yarn to back of work
sl 1 wyif - slip 1 stitch as if to purl while keeping yarn to front of work

SSK - slip 1 stitch as if to knit, and then slip another stitch as if to knit; insert left needle tip into the 2 slipped stitches from left to right and knit these 2 stitches together
SSSK - slip 1 stitch as if to knit, and then slip 2 more stitches in same way; insert left needle tip into the 3 slipped stitches from left to right and knit these 3 stitches together
st(s) - stitch(es)
WS - wrong side (the side of the knitted fabric worn to the inside)
wyib - with yarn in back of work
wyif - with yarn in front of work
yo - yarn over
Note: Instructions are written assuming you are knitting stitches off your left hand needle point onto your right hand needle point. If you are working instead from right to left, please adjust instructions to agree with your direction of work.

Pattern Instructions

Cuff and Leg

Cast on 64 sts loosely and distribute evenly on 4 ndls (16 sts on each ndl). Being careful not to twist sts, join into rnd. This join marks eor for the cuff.

Ribbing Rnd: * p2, k2, rep from * to eor.

Rep this Ribbing Rnd for 2".

Complete Chart A, working the stitch repeat across each rnd and noting that the first rnd decreases the number of sts to 48 (12 sts on each ndl). Then complete Chart B three times (30 rows), again working the stitch repeat across each rnd.

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HeartStrings Pattern: A37 - 5296

Reversible Lace Ladders

A simple rectangular scarf to knit in a lacy reversible stitch. The pattern is easily adapted to make the style of scarf you want — e.g. a chic shorter ascot style, longer fashion scarf, a narrow sash, or wider stole style. Have fun!



Yarn and Needles

200 yards of fingering or laceweight yarn for blocked measurements of 8" by 44".

A fingering weight yarn will produce a firmer scarf with more definition to the pattern stitches; a laceweight will have a lighter hand and more drape.

Size 5 US (3.75 mm) needles
Gauge: 4½ stitches per inch over stitch pattern

I made the scarf pictured from a small amount of merino/silk handspun. With just a little over one ounce of yarn I had remaining from another project, it makes a nice ascot-like neck scarf.

See the Design Notes on next page for making your scarf narrower or wider, shorter or longer, and with whatever yarn you want. Remember that the amount of yarn you need will vary as you make these type of adjustments.

You'll enjoy the rhythm in making this pattern while using a method to keep yarn overs between knit and purl stitches the same size as when going from purl to knit stitches.

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Jackie E-S Design Collections – Comfort Collection – The Sock Calendar Series

HeartStrings Pattern: A38U - 2089

Country Girl Socks

Dainty and dignified lace-patterned socks for the country girl at heart. Socks are slightly shaped below calf for a trim fit at ankle. Notch-edged bias lace panel ribbing at cuff transitions into an arrow-head lace pattern that narrows toward the ankle and continues into the instep. The arrow-head lace then changes into subtle ribbing along top of foot.



Pictured in Tibi Tomas Artisan Sock yarn, color #072 Lake

Sizing Adult medium. Planned leg height (top of heel to top edge of cuff) is approximately 7 1/2".

Yarn and Needles
Fingering weight sock yarn, approximately 375 yards.
Size 1 US/2.25 mm double point knitting needles or size needed to obtain planned gauge.

Gauge 8 stitches per inch over stockinette stitch.

Skill Level Intermediate.

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HeartStrings Pattern: A39C - 5330

Beaded Smoke Ring

Light as air cowl in knitted lace and sparkly touches of beads at each end of the knitted tube. This versatile accessory can be worn pulled down around the neck to lie on the shoulders as a dressy neckline, or pulled up over the head as an elegant head covering.



Sizing
Directions are written for a smaller 22" size, with changes for a larger 25 1/2" size given in brackets [].
Finished measurements are 22 [25 1/2]" around and 17 [18]" long.

Materials
Laceweight or fingering weight yarn, approximately 275 [350] yards. Your yarn choice needs to be thin, yet strong enough, to carry the beads.
108 [126] glass knitting beads (holes need to be large enough for yarn to pass through)
12 [14] ring markers, one of which is a different color

Size 6 US (4.0 mm) circular needle, or size to obtain planned gauge, in 16" - 24" length

Gauge: 5 1/2 stitches per inch over stockinette stitch.

Skill Level: Intermediate knitter.

Caution: Yarn requirements are based on the planned dimensions and gauge stated in this pattern. You may need additional yarns in same dye lot if you are adjusting these instructions.

Abbreviations

() - times - repeat instructions inside the parentheses the number of times indicated by the #	sl 1 wyif - slip 1 stitch as if to purl while keeping yarn in front of work
cor - end of round	sts) - stitches
k - knit	stockinette stitch - knit on the right side, purl on the wrong side
k1tbl - knit 1 through back loop	tbl - through back loop
k2togtbl - knit 2 stitches together through back loops	tog - together
k3togtbl - knit 3 stitches together through back loops	WS - wrong side the side of the knitted fabric worn to the inside
mk(r) - marker(s)	wyif with yarn in front of work
p - purl	yo - yarn over
rep from % - repeat all instructions from the previous asterisk	
rnd(s) - round(s)	
RS - right side (the side of the knitted fabric worn to the outside)	
sl - slip	
sl 1 - slip 1 stitch as if to purl unless otherwise directed	

Note: Instructions are written assuming you are knitting stitches off your left-hand needle point onto your right-hand needle point. If you are working instead from right to left, please adjust accordingly when instructions refer to the left or right needle.

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HeartStrings Pattern: A41 - 5327

Troika Wrap-around Shawl

A wonderfully simple and fun shawl that is shaped like a giant butterfly. Knit in a "3-ball" garter stitch technique from the top-down, this is a great pattern for using a mix of novelty and "stash" yarns. Shaping is done with simple yarn overs, and creates the traditional Faroese-style shawl with center back panel, side front panels, and shaped shoulders. The elongated front panels allow you to wear this shawl in lots of ways, including tied around the back.

Sizing
Shawl gets wider the longer you make it. See schematic for example dimensions based on a length of 34".

Yarn and Needles
For shawl in 34" length, you will need approximately 600 yards of each of three different yarns (or combination of yarns) in sport to worsted-weight. I like a combination of textures, such as

- a smooth yarn or ribbon (yarn A)
- a fuzzy yarn, such as brushed mohair (yarn B)
- a "glitzy" novelty yarn (yarn C)

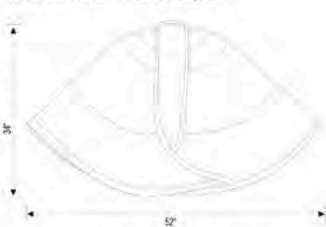
Choose any harmonizing colors to your liking. Each of the three yarns will be knit for one row each in garter stitch, then repeated, thus giving you lots of color and textural interaction.

Size 10 and 10 1/2 circular needles in 29" - 32" lengths, or size to produce a supple fabric in garter stitch in your chosen yarns (note: a circular needle is used to comfortably hold the number of stitches needed; this garment is NOT knit in the round)

Gauge: Gauge is not terribly important, as you will be knitting to measurements. As a guideline, I plan for about 1 1/2 stitches per inch in garter stitch.

Skill Level: Easy enough for a beginner with basic knitting skills.

Arrangement and approximate dimensions for stocking shawl



Caution: Yarn requirements are based on the planned dimensions and gauge stated in this pattern. You may need additional yarns in same dye lot if you are adjusting these instructions.

Abbreviations

garter stitch - knit every row	WS - wrong side (the side of the knitted fabric worn to the inside)
k - knit	yo - yarn over
k2tog - knit 2 stitches together	
mk(r) - marker(s)	Note: Instructions are written assuming you are knitting stitches off your left-hand needle point onto your right-hand needle point. If you are working instead from right to left, please adjust accordingly when instructions refer to the left or right needle.
rep from % - repeat all instructions from the previous asterisk	
RS - right side (the side of the knitted fabric worn to the outside)	
sl - slip	
sts) - stitches)	

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HeartStrings Pattern: A42 - 5328

Beaded Lace Scarf

A luxurious scarf indeed — small beads are knit into a flowing lace pattern.



Yarn, Beads and Needles
425 yards of laceweight yarn at approximately 24 to 30 wraps per inch or 200 to 250 yards per ounce. Your yarn choice needs to be thin, yet strong enough, to carry the beads.

1090 size 8/0 beads or other size beads with holes large enough for yarn to pass through (allow some extra beads for loss due to possible defects).

Size 5 US (3.75 mm) needles or size to give gauge of 5 stitches and 6 rows per inch over lace pattern after blocking.

Rectangular scarf as planned is 12" by 64" after blocking. To adjust size, for each 4" in length (2.4 row repeat of the main pattern), allow 20 beads and 25 yards of yarn.

Abbreviations and Special Techniques

k - knit	
k2tog - knit 2 stitches together	
k3tog - knit 3 stitches together	
p - purl	
p1tr - part 1 pass right as follows: slip stitch on right needle as to knit (the stitch meant to be twisted from its normal position), slip stitch back onto the left needle in this same twisted position, purl through the front loop of this twisted stitch	
RS - right side (the side of the knitted fabric worn to the outside)	
p - purl	
sl head p1tr - slip bead and then p1tr as follows: slip stitch to right needle as to knit (the stitch meant to be twisted from its normal position), slip stitch back onto the left needle in this same twisted position, insert right needle point into front loop of twisted stitch as to purl (but don't make the purl stitch yet), slide 1 bead up against the right needle point, complete the purl stitch taking care that the bead does not slip through the new stitch being made (the bead will lie between the previous p1tr called for in the stitch pattern and the p1tr being made now); the p1tr stitches on each side of a bead bring the bead forward to the right side of the fabric and help to keep the bead in place between the stitches	
SSK - slip 1 stitch as if to knit, and then slip another stitch as if to knit; insert left needle tip into the 2 slipped stitches from left to right and knit these 2 stitches together	
SSK* - slip 1 stitch as to knit, repeat from * two more times; insert left needle tip into the 3 slipped stitches from left to right and knit these 3 stitches together	
WS - wrong side (the side of the knitted fabric worn to the inside)	
yo - yarn over	

Pattern Instructions

String 12" - 16" of beads onto yarn. You will carefully push these along the yarn until you need them. You may string more (or less), but this is what I've found to be a comfortable amount to deal with. In order to string more later, you will need to cut your yarn (and therefore finish the extra ends), but there is a trade-off in the extra finishing vs. the extra work and abrasion of moving the beads along the yarn.

Cast on 59 sts loosely.
Referring to the pattern stitch chart:
Work Chart A once for beginning edge.
Work Chart B 15 times for main body of scarf.
When you run out of beads, cut yarn and string some more.

Work Chart C once for final edge.
Bind off very loosely in knit stitch, so that bound off edge stretches similarly to cast on edge.

Finishing and Blocking
Weave in ends invisibly.
Fill container with lukewarm water and a small amount of mild detergent. Mix thoroughly. Submerge scarf into water gently and soak 30 minutes. Drain and gently press out majority of water. Refill container with water at same temperature and rinse scarf gently. Again press out majority of water. Press scarf between two thirsty bath towels (do not rub). Block under light tension by pinning the still-damp scarf on a flat surface while gently stretching into shape and opening up the lace pattern nicely. Let dry thoroughly before removing blocking pins.

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June 2012 Catalog HeartStrings Knitting Patterns

From the classic to the uniquely appealing – Skill-building comprehensive instructions – Yarn-brand independent patterns for creative freedom

Johnny Socks

Classic socks styled for the man feature a textured pattern stitch of embossed ribs and diamonds on the leg.



Shown in Tili Tomasi/Painet Earth Sock
95% Merino wool 10% nylon
Color Dusk 100



Size Adult large
Yarn 400 yards fingering weight
Gauge 8 stitches per inch over stockinette stitch knit in the round
Knitting Needles Size US 1 (2.25 mm) double point, or size needed to obtain planned gauge, set of 4 or 5 needles
Other Notions Tapestry needle for closing toe and finishing ends
Skill Level Intermediate
Stitch Instructions Charted and written

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HeartStrings Pattern: A43-1152

HeartStrings Pattern: A44C-8117

SIMPLE ANGLES SOCKS



Classic great fitting ribbed socks with distinctive styling. Easy-to-knit left and right-angled lines of eyelets embellish ribbing on legs.

Another design feature is the subtle "eye of partridge" diamond pattern on the heel flap, an interesting yet easy variation of the common slip-stitch heel.

This is a good basic pattern for a beginner learning to knit socks in a traditional method, as detailed counts for stitch placement on each of the needles is given throughout the instructions.

Even for more experienced sock knitters, the sock design itself makes an interesting and enjoyable knit. So much so, that you may want to continue to use this basic design as a template for variations of other socks you create.

Pictured socks were knitted with one ball of Kraemer Yarns Sauson Sock 44% cotton / 42% acrylic / 12% nylon, 1 ball 430 yards / 100 grams, color Coral.

Sizing
Adult medium with planned measurements of 8" sock leg height above heel flap, 7½" sock foot circumference un-stretched, and 9½" foot length. Foot length is easily adjustable to specific measurements of wearer as indicated in the instructions

Yarn and Needles
Fingering weight sock yarn (15 - 17 wraps per inch), approximately 400 yards. If you will be making longer foot length than stated above, please allow more yarn.
Set of 5 double point knitting needles, size 1 US / 2.25 mm recommended or size needed to obtain stated gauge.

Gauge
8 stitches per inch over stockinette stitch.

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Smoke Ring with Lace Edging



This versatile accessory can be worn pulled down around the neck to lie on the shoulders as a dressy neckline, or pulled up over the head as an elegant head covering. Knitting is begun with a strip of lace edging. Then stitches are picked up and knit in the round in another lace stitch pattern. A decorative bind off completes the knitted tube.

Sizing
Directions are written for a smaller 22" size, with changes for a larger 24" size given in brackets | |
Finished measurements are 18" long for both sizes and 22 [24]" around.

Materials
Laceweight or fingering weight yarn, approximately 300 [325] yards
Size 6 (is 4.0 mm) circular needle, or size to obtain planned gauge, in 16" - 24" length
Optional: Straight needles in same size as above (for knitting lace edging)
GAUGE: 5½ stitches per inch over stockinette stitch
Crochet hook in a comparable size to knitting needle (slightly larger is ok)
Skill Level: Intermediate knitter
Caution: Yarn requirements are based on the planned dimensions and gauge stated in this pattern. You may need additional yarns in some dye lot if you are adjusting these instructions.

Abbreviations

<p>var - end of round k - knit k2tog - knit 2 stitches together ndsl - needles p - purl p2tog - purl 2 stitches together rep - repeat rs - right side RS - right side (the side of the knitted fabric worn to the outside) sl 1 wyf - slip 1 stitch as if to purl while keeping yarn in front of work SSK - slip 1 stitch as if to knit, and then slip another stitch as if to knit; insert left needle tip into the 2 slipped stitches from left to right and knit these 2 stitches together</p>	<p>sk1st - stitches stockinette stitch - knit on the right side, purl on the wrong side tog - together WS - wrong side (the side of the knitted fabric worn to the inside) wyf - with yarn in front of work yo - yarn over Note: Instructions are written assuming you are knitting stitches off your left hand needle point onto your right hand needle point. If you are working instead from right to left, please adjust accordingly when instructions refer to the left or right needle.</p>
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HeartStrings Pattern: A43C-6054

HeartStrings Pattern: A46-5330

Light Up My Life Scarf

Attractive on both sides, a knit-purl lace of sculptured flame motifs makes into a boldly patterned scarf.

Yarn and Needles
Approximately 600 yards or 3½ - 4 oz (100 - 11½) of fine yarn for blocked measurements of 16" by 64"
Size 6 (is 4.0 mm) needles
Gauge: Average of 4½ sts per inch over combination of border and main patterns after blocking under tension

Abbreviations

k - knit
k1inc - knit 1 and increase in same stitch as follows: knit into stitch but before removing it from left needle, knit into back of the same stitch
k1yo-k1 - knit 1 and yarn over and knit 1 all in the same stitch as follows: knit into stitch but before removing it from left needle, bring yarn forward between needles for a yarn over, and knit into same stitch again
k2tog - knit 2 stitches together
p - purl
p2tog - purl 2 stitches together
p3tog - purl 3 stitches together
rep - repeat
sl 1 - slip 1 stitch as if to knit, and then slip another stitch as if to knit; insert left needle tip into the 2 slipped stitches from left to right and knit these 2 stitches together
tog - together
yo - yarn over
[] # times - repeat instructions in the brackets the number of times indicated
Caution: Instructions are written assuming you are knitting stitches off your left-hand needle onto your right-hand needle. If you are working instead from right needle to left needle, please adjust instructions to agree with your direction of work.

Pattern Instructions

Beginning Border
Cast on 76 stitches loosely.
Referring to Chart A, work as follows:
Row 1: (k1)yo-k1, p3tog 19 times.
Row 2: [p1, k3] 19 times.
Row 3: *2. Continue working Chart A rows 3 and 4, then rows 1 - 3.
Row 6: (k1, p1) 16 times, k2, k1 inc, p1, (k1, p1) 2 times, (7) 250



Main Pattern with Border Pattern at Sides
For the main portion of the scarf, k 6 sts on each side, will continue in the established pattern, and the candlelight lace pattern will be worked on the center 60 sts. You may find it helpful to place markers between the edge sts and the main pattern, and even between lace pattern repeats (every lines on the chart).
Referring to Chart B, repeat the 36 rows of Chart B 10 times, or length desired less about 1" (for ending border), and completing row 36.

Ending Border
Row 1: (k1)yo-k1, p3tog 2 times, k1yo-k1, p4tog, (k1)yo-k1, p3tog 16 times.
Rows 2 - 4: Work Chart A, beginning at row 2.
Rows 5 - 8: Work all rows Chart A once more, bind off loosely in established pattern, and so that bound off edge stretches similarly to cast on edge.
Finishing and Blocking
Wash in cold soapy water.
Fill container with lukewarm water and a small amount of mild detergent. Mix thoroughly. Submerge scarf into water gently and soak 30 minutes. Drain and gently press out majority of water. Refill container with water at same temperature and rinse scarf gently. Again press out majority of water. Press scarf between two flannel bath towels to not rub. Block under tension by pinning the well-damp scarf on a flat surface while gently stretching into shape and opening up the lace pattern nicely. Let dry thoroughly before removing blocking pins.

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Jackie E-S Design Collections – Comfort Collection – The Sock Calendar Series

HeartStrings Pattern: A48 - 8333

Lace Puffs Smoke Ring

Lace Puffs Smoke Ring features lace knitting with lots of dimensional interest in an interplay of positive and negative space.

This smoke ring begins at the top edge with a wide band of softly textured puffs arising from a ground of laciness. The design then transitions into a wide ribbing where the double eyelets create negative space to mirror the positive space of the puffs. Finally, the knitting returns to puffs that widen at the bottom of the ring for a bit of flare.

An added bonus is that the scalloped edges at beginning and end of the ring form naturally due to the bias structure of the lace pattern creating the puffs.

Choose a yarn such as merino wool or wool-blend with enough resilient elasticity and body to retain the interesting puckered, semi-wetted fabric after a gentle blocking.

Enjoy this versatile accessory pulled over the head as an elegant hood-type head covering with the lace puffs framing the face, or worn as a softly folded cowl-like neckline.



Shown in Sterling Silk & Silver by Kraemer, color Lavender Coast

Sizing
Adult small [medium, large].
Upper edge circumference 22½ [25¼, 27¾].
Bottom edge circumference 30½ [33½, 37].
Length 18½ [20, 21¾].

Yarn and Needles
345/400, 465/1 yards fingering weight yarn.
16 - 21" length circular needle in size US 7 / 4.5 mm suggested.
Gauge: 19 stitches per 4 inches over Pattern A used for upper band.



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HeartStrings Pattern: A49 - 5330

Flared Lace Smoke Ring

Stunning knitted lace of ribs that radiate like a fan. The knitted tube is shaped in pattern so that the bottom is slightly flared, and makes up into a versatile accessory that can be worn pulled down around the neck to lie on the shoulders as a dressy neckline, or pulled up over the head as an elegant head covering.

Sizing
One size. Finished measurements: 28" around at the flared bottom and decreasing to 22", 16" long.

Materials
1600 weight or fingering weight yarn, approximately 350 yards.
Size 6 US (4.0 mm) circular needle, or size to obtain planned gauge, in 16" - 24" length.

Gauge: 6 stitches per inch over pattern stitch (approximately equivalent to 5½ stitches over stockinette stitch).
Skill Level: Intermediate knitter.



Caution: Yarn requirements are based on the planned dimensions and gauge stated in this pattern. You may need additional yards in some dye lot if you are adjusting these instructions.

Abbreviations

cor - end-of-round
k - knit
k1tbl - knit 1 through back loop
k2tog - knit 2 stitches together
k2tbl - knit 2 stitches together through back loops
p - purl
p2tbl - purl 2
st(s) - stitch(es)
tbl - through back loop
tog - together

yo - yarn over. Each yarn over makes an extra loop in the needle. Treat each loop as a separate stitch on the following round.
Note: Instructions are written assuming you are knitting stitches of your left-hand needle point onto your right-hand needle point. If you are working instead from right to left, please adjust accordingly when instructions refer to the left or right needle.

Pattern Instructions

Note: All knitting is done in the round to form a tube.
Cast on 168 sts loosely. Being careful not to twist sts, join into rnd and place a marker. This join marks the end for the smoke ring.
You will be working from Charts A through D. There will be 12 st repeats for each rnd. Find it helpful to place additional markers between each of the repeats to correspond to the chart sections.
Work the 8 rnds of Chart A once.
Work the 8 rnds of Chart B once. (Note: The first rnd will reduce the st count to 156.)
Work the 8 rnds of Chart C once. (Note: The first rnd will reduce the st count to 144.)
Work the 8 rnds of Chart D until 18" in overall length or as desired, and completing rnd 8. (Note: The first rnd will reduce the st count to 132 - do not decrease thereafter.)
Remove evr rnd. Bind off loosely.

Finishing
Wash in warm water. Each yarn over makes an extra loop in the needle. Treat each loop as a separate stitch on the following round.
Follow any specific washing instructions that have come with your yarn. Or use these general instructions: fill container with lukewarm water and 2 small amount of mild detergent. Mix thoroughly. Submerge smoke ring into water gently and soak 30 minutes. Drain and gently press out majority of water. Refill container with water at same temperature and rinse gently. Again press out majority of water. Press between two thin bath towels (do not rub).
Lay flat to dry, gently stretching into shape and opening up the lace pattern evenly. Let dry thoroughly.

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HeartStrings Pattern: A50J - 9196

Basic Toe-to-Cuff Sock ...

... knit socks with the same popular shaping and fit as those begun at the cuff! Worksheet and general instructions allow you to use any yarn and knit socks in any size.



☞ **Basic-toe sock** in worsted weight yarn. You can use any yarn weight and make any size with these pattern instructions.

Basic Toe-to-Cuff Worksheet

Measurements

G | Gauge: ___ sts per 10 cm
in needle size ___ US / ___ mm
with yarn _____

FC | Foot Circumference (measure around at widest part): _____ mm

FL | Foot Length (measure bottom of foot from longest toe to back of heel): _____ mm

Calculations

SC | Sock Circumference:
(FC) × 0.90 = ___ mm (looser)
(FC) × 0.85 = ___ mm (tighter)

GS | Length to start of instep (Instep Shaping):
(FL) - (WSC) = ___ mm

BN | Base Number of sock stitches:
(SC) × (GL) ÷ 100 = ___
Round this number to the next higher whole number that is a multiple of 4:
BN = ___ sts

B3 | Approximately 1/3 BN = ___ sts
B9 | Approximately 1/9 BN = ___ sts
(All in above two numbers from the following table)

BN	40	44	48	52	56	60	64	68	72	76	80
B3	13	15	16	17	19	21	23	24	25	26	28
B9	4	5	5	6	6	7	7	8	8	9	9

Yarn, needles and supplies

Select your yarn and appropriate sized knitting needles to make a firm, yet supple, gauge. The following chart will give you some guidance.

Remember — these are guidelines only. Use this as a starting point, and keep a record of your own experiences.

You will need a measuring tape marked in metric units, i.e. cm (centimeters), and mm (millimeters) - these are the 10⁻¹'s divisions marked between the mm.

For starting the toe of the sock, you will also need a crochet hook that is a little larger size than your chosen knitting needles

• a short piece of smooth firm twisted string

Knitting Yarn Type	Worsted weight			Fingering weight		
	11-12	13-15	16-18	19-21	22-24	25-28
Average yardage (yards)	60 yds (55m)	100 yds (91m)	125 yds (114m)	125 yds (114m)	150 yds (137m)	175 yds (160m)
Amount for adult sock*	8-10 oz (225-280g)	4-6 oz (100-150g)	4-6 oz (100-150g)	4-6 oz (100-150g)	4-6 oz (100-150g)	4-6 oz (100-150g)
Double point knitting needles**	4.0 (10.5 mm)	2.75 (7.0 mm)	2.0 (5.0 mm)	1.5 (3.8 mm)	1.5 (3.8 mm)	1.5 (3.8 mm)
Gauge: sts per 4" (10 cm)	16	20	24	28	32	36

* These amounts are guidelines for an average adult size basic crew-style sock. You may need more yarn for longer than average socks (either foot length and/or leg length) or for dense yarn (low yardage to weight, etc. extra or blend). Smaller socks (kiddie) can take less yarn. If concerned you may be a little short, divide your available yarn in 2, and knit each sock to leg length possible!
** A set of 4 or 5 needles can be used

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HeartStrings Pattern: A51 - 5330

Crossed Loop Market Bag ...

Make a colorful string bag for your next shopping trip. A bag that crunches down to next to nothing until needed; then expands to accommodate more fiber stash purchases or whatever!

Sizing

There are instructions for 2 sizes:
Little Shopper - approximately 20" opening
Big Shopper - approximately 30" opening

Instructions for Big Shopper follow in parentheses when different from Little Shopper.

Overall size is pretty hard to specify, as by nature of the crossed loop stitch, the bag can collapse down to almost nothing but also widen extraordinarily!

I haven't specified a gauge for that reason, and it really doesn't matter for this article anyway. This is just a fun project, so dive right in.

For the yardage calculation, I have allowed for a 20" length, but it's easy to shorten or lengthen your bag as you like.

Materials

String or firm cotton yarn such as size 5 or 10 crochet thread, 5/2 pearl cotton, lightweight carpet warp, etc. or equivalent in a firmly twisted 2- or 3-ply handspun —

For body of bag: 250(375) yards, approximately 2(3½) oz / 60(90) g — a multicolor yarn is striking and fun to work with, but of course a solid color can also be used

For I-cord handles: 50 yards — can be the same yarn or a coordinating solid color

Size 3 or 4 needles — 16" (16" to 24") length circular needle
Pair of double-point needles
Optional: I-cord knitting machine



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HeartStrings Pattern: AS2 - 7166

Lead or Follow Lace Scarf

The fluid design of this scarf is a wonderful study in the behavior of lace knitting when yarn overs are placed in various positions relative to the compensating decreases.



Pictured in handspun silk lace weight yarn

Sizing, Yarn and Needles

Allow 500 yards lace or fingering weight yarn for blocked measurements of 12" by 68". This scarf can be easily adjusted for length or width. Allow additional yarn if widening or lengthening.

Size 5 us (3.75 mm) knitting needles.

Gauge: Average of 5½ sts per inch over combination of border and main patterns after blocking under tension.

Charted and written stitch instructions included.

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HeartStrings Pattern: AS3 - 5330

Swag Lace Socks



Pleated triangular eyelet bands of stockinette alternating with reverse stockinette give dramatic shape and texture to these socks. The cuffs can be pushed down on the leg to wear like sophisticated "slouch" socks. Or wear pulled up and show off the pretty lace cable along each side of the leg.

Sizing
Adult medium

Yarn and Needles

Sportweight sock yarn (13 - 14 wraps per inch, approximately 350 yards)

Size 2 us (3 mm) double point needles, or size needed to obtain planned gauge, set of 5

Gauge: 6½ stitches per inch over stockinette stitch

Skill Level: Intermediate knitter



Closeup — Top of Sock

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HeartStrings Pattern: AS4 - 7090

Oak Leaf

Lace knit in the shape of a leaf. Many possibilities for use as a small doily, tasseled bookmark, medallion embellishments, or just because it is fun to knit!

Size of your leaf will depend on needle and thread used. You will need 2 straight or double point needles. Amount of thread will depend on overall size and if tassels are added. Anywhere from 1g to 5 g for the below guidelines in a single leaf repeat.

Thread	Needles (US size)	Overall length x width of a single leaf repeat (less stem/tassel)
#30 crochet thread	3/0	3" x 2 1/2"
Size 12 perle cotton	2/0	3 1/2" x 2 1/2"
#10 crochet thread	0	4" x 3"
Size 8 perle cotton	2	5 1/2" x 4"
Size 5 perle cotton	3	6" x 4"

Skill Level: Intermediate knitter and comfortable in reading charted lace instructions.



Knitting Instructions

Follow page with chart and instructions. You can make a single leaf, or repeat as described.

Finishing and Blocking

Weave in ends invisibly.

To block, wet thoroughly, then pin or pat out on flat surface under light tension so that knit-purl pattern textures do not flatten out. Optionally starch beforehand or lightly spray starch on blocking board. Let dry thoroughly.

Extras

Add tassel and bead at stem end, or other embellishments as desired.



Delicate lace and leaf are combined with tassels. Can be used as a bookmark or as a doily.

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HeartStrings Pattern: AS5 - 9196

DIAMOND LACE DRESS-IT-UP

Dress up your outfits with this versatile scarf featuring a design variation of trellis faggot lace arranged into diamonds with knitted-to-shape points at each end. Since the scarf is knitted from side-to-side, the colors in variegated yarn will stripe attractively in the lengthwise direction of the scarf.



Yarn and Needles
Allow 550 yards of fingering weight yarn for finished size of 10" by 70".

Suggested needle size: 6 us (4 mm).

Gauge: 4½ stitches and 9 rows per inch over stitch pattern after blocking (see finishing instructions).

Scarf length is easily adjusted by working more or fewer stitch repeats. Please plan for correspondingly more or less yarn if adjusting.



Pictured model was knitted in Heritage Yarns S/2 Mercerized Cotton, colorway Tapestry

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Get an Edge to Start Shawl

HeartStrings Pattern: A61 - 8170

Start this lusciously fluid triangle shawl with a stunning 10" wide lace edging for a different take on triangle shawl construction.

Get an Edge to Start Shawl is designed for knitting with a yarn plied with beads and a companion unbeaded plain yarn. The beaded yarn is featured in the wide diamond edging. The unbeaded yarn is used to fill in the triangular body of the shawl with a lacy V-diagonal trellis stitch that both keeps the silhouette of the triangle shawl shallower than usual and naturally extends into an attractive collar.



Sizing
60" wide as measured across widest distance by 40" length at center back including turned-back collar

Yarn and Needles
Lace or light fingering weight yarns as follows:
Yarn plied with beads (for edging and upper border): 495 yards
Coordinating unbeaded yarn (for body of shawl): 450 yards
Size US 5 / 3.75 mm needles suggested for gauge of 20 stitches and 28 rows per 4 inches over finger-blocked Wide Diamond Edging pattern stitch

Pictured in in Tibi Tomas Beaded Lace 100% Silk with Panko Beads (50g/165 yds - 3 skeins, used for edging) and Tibi Tomas Demi Piko 100% Natural Plied Silk (50g/ 290 yds - 2 skeins, used for body of shawl), both in color 285 Washington.



This shallower triangle shawl can be more flattering to your derrière when wearing the shawl traditionally with the point hanging down center of back.

Another attractive way to wear this shawl is upside down from the traditional (right).

A bonus is that the shawl is entirely reversible!



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Lacy Serpentine Scarf

HeartStrings Pattern: A62U - 2067

Lacy Serpentine Scarf is knit side-to-side along its length in an amazingly easy lace pattern that looks more complicated than it really is.

The serpentine lace stitch has only three different patterned rows, so the rhythm is quickly learned and enjoyed. To knit the scarf, you merely cast on for one side of the scarf, then work the easily memorized pattern in long rows. Before you know it, you've knit across the scarf and are ready to bind off for the other side.

Finished Size
71" by 9" after tension blocking (180.34 cm by 22.86 cm); guidance for adjusting the size of the scarf is included in the project instructions

Yarn
400 yards (365 m) laceweight; if adjusting scarf size, plan for correspondingly more or less yarn

Gauge
17 stitches x 32 rows = 4" (10 cm) blocked

Knitting Needles
Size US 4 (3.5 mm) suggested

Other Notions
Tapestry needle for finishing ends

Blocking board; rust-proof blocking wires/pins

Skill Level Easy

Stitch Instructions
Written and charted

Skills Needed
Knit, purl, yarn over, cast on, bind off

Overview of Construction
Knitted side to side; no seams to sew



Shown in Mountain Colors Winter Lace Junior, color Red Willow

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TRIANGLES WITHIN TRIANGLES SHAWL

HeartStrings Pattern: A63 - 5331



A simple triangular shawl that starts with just a few stitches at the center neckline, and increases in pattern to create the triangle shape. Since the knitting is stockinette stitch-based, this design uses a rate of increase that is slightly more than the typical "every other row" rate so that the resulting shape retains a pleasing width-to-length ratio. The main pattern alternates a solid triangle with a lacy triangle. A coordinating edging is used to bind off, as well as create a pretty triangle-shaped finish to the outer edge of the shawl.

Yarn and Needles
Allow approximately 1200 yards of fingering yarn for finished blocked measurements of 72" at widest point by 36" long.

Suggested needle size: 7 us (4.5 mm), or size to obtain planned gauge, in 24" - 28" length.

Note: A circular needle is used to comfortably hold the number of stitches needed; this garment is NOT knit in the round.

Gauge: 4½ sts and 5½ rows per inch over lace pattern after blocking.

The shawl size is easily adapted to other sizes and yarns by working more or fewer repeats of the main lace pattern and/or using a needle size appropriate for a lighter or heavier weight yarn. Please plan for correspondingly more or less yarn.

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Beaded Lace Scarf II

HeartStrings Pattern: A64 - 9348

Knitted-in beads enhance the contours of a simple to knit swirly lace rectangular scarf. Only three pattern rows produce this lovely design!



Shown in Mountain Colors Winter Lace Junior, color Crazy Woman Miyuki seed beads, color 8-2540 Transparent Red AB

Size Blocked outer perimeter measurements including scallops: 11" wide by 60" long. The scarf size is easily adjusted by working fewer or more stitch multiples and/or row repeats of the lace stitch pattern. Plan for corresponding changes in yarn and bead amounts.

Yarn, Beads and Needles
475 yards lace weight or light weight fingering yarn.

Size 4 US (3.5 mm) knitting needles.

1075 size 8/0 glass seed beads (approximately 30 g) or other size beads with holes large enough for arm to pass through (allow some extra beads for loss due to possible defects). If you wish to knit the scarf without the beads, you may just omit them.

Split eye or flexible eye needle to string beads.

Gauge 7 stitches per inch in the lace stitch pattern after blocking.

Skill Level Advanced beginner. Both charted and line-by-line written instructions are provided.

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HeartStrings Pattern: A67 - 9345

Errant Ankles Lace Socks

A simple lace pattern makes into a zig zag ribbed sock with a slight scalloped edge. Choice of plain or banded heel flap where the pattern extends downward on each side of a modified square heel. Instep transitions from the lace pattern into a 5,1 rib and ends with a swirl decrease toe.



Sizing Adult medium

Yarn and Needles

Sportweight sock yarn (13 - 14 wraps per inch), approximately 225 - 300 yards depending on length of foot; shown in Mountain Colors Weavers Wool Quarters, color Clearwater

Size 2 us (3 mm) double point needles, or size needed to obtain planned gauge, set of 5

Gauge: 6½ stitches per inch over stockinette stitch

Skill Level: Intermediate knitter

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HeartStrings Pattern: A68 - 5331

Spider-Web Sockies

Companion socks, a spider on one and web on the other, knitted in lace and beaded stitches. For an evocative statement, choose black socks with silver-beaded spider body and silvery moonlit spider web. If you prefer not to work in black, how about one of the lighter colors with golden sunlit dew drops? Or choose whatever colors you fancy spiders and their webs to be!



Sizing

5 sizes for children and adults. Instructions for smallest size are given first, with each next larger size in the [, ,] brackets. Finished foot circumference without stretching is (7,8.5,10)". As a guideline, these are planned for Small Child/Child/Adult Small, Adult Medium, Adult Large, Adult Extra Large sizes.

To choose the size most accurately, measure around widest point on foot of person who will be wearing the socks. Subtract 10% from this measurement. If this number is between 2 sizes, choose the smaller size for a snugger fit, and the next larger for a looser fit.



Planned leg length is approximately $\frac{3}{4}$ " [59,6.6,6.6,6.6]", and can be easily adjusted either longer or somewhat shorter. Foot length is adjustable to specific measurements of wearer. If you are making adjustments for longer leg length, or especially long feet, you may need more yarn than specified below.

Yarn, Beads and Needles

Fingering weight sock yarn (16 - 17 wraps per inch) that is smooth enough to allow the beads to slide along it, approximately 200(250,325,400,450) yards.

Size 1 us (2.5 mm) double point needles, or size needed to obtain planned gauge, set of 4 or 5 needles

Gauge: 8 stitches per inch over stockinette stitch

200 size 8/0 glass seed beads (approximately 7 g) or other size beads with holes large enough for yarn to pass through (allow some extra beads for loss due to possible defects)

Tapestry needle size 24 or similar with eye small enough for stringing the beads.

Skill Level: Intermediate knitter

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HeartStrings Pattern: A71 - 5327

Spiral Rebula

Fluid asymmetrical crescent-shaped shawl that naturally shapes itself in gently curved lines. The slightly more-than-semi-circle style lies nicely around your neck and stays on your shoulders for carefree wearing. Super simple in any weight yarn and size -- a good choice for letting fancy yarns be the design element. Sometimes you need just a little something on your shoulders and back of neck to take the chill off. You'll wear this shoulder wrap or shawl with flair!

Sizing

This wrap can be knit to any length desired. Sizing and yardage guidelines are given for 18", 24" and 36" lengths. You start knitting at the neckline and proceed downwards, so making shorter or longer is simply a matter of the number of rows you knit and how much yarn you have!

Instructions are given for three general yarn categories. The first set of numbers is for bulky gauge, then followed in brackets [,] by medium gauge (sportweight/worsted weight), and fine gauge (lace/fingering).

Yarn and Needles

Shawl can be made in just about any yarn. A novelty and/or variegated yarn is especially effective as the pattern is simple and will let the yarn show up nicely. For heavier or bulky yarn categories, you can also use multiple strands of finer yarns held together and used as one yarn.

Needle size and yardage guidelines are given in the following table.



The instructions also call for 5 stitch markers, one of which is a different color. If you don't have any commercial ring markers or pins on hand, you can simply use small loops of scrap yarn.

Style	in Bulky gauge	in Medium gauge	in Fine gauge
Approximate gauge in garter stitch	3 - 3.5 sts/inch	4 - 4.5 sts/inch	5 - 5.5 sts/inch
Suggested US needle size	11 to 13	8 - 10	4 - 7
18" length	450 yards	575 yards	650 yards
24" length	750 yards	975 yards	1200 yards
36" length	1375 yards	2025 yards	2250 yards

Skill Level: Advanced beginner

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HeartStrings Pattern: A72 - 5102

PEPPERMINT STICKS



Easy-to-knit two-color socks with spiraling stripes give the simple tube sock a peppermint twist. No grafting needed for the spiral decrease toes and no heel shaping either! Make several to keep on hand for unplanned gifts, since the adaptable tube shape fits any foot length. Choose to make your socks the same or right-left mirror images.

Sizing

Adult medium-large. Each tube sock is 19½" long by 9" around unstretched. Stretches to fit upper calf. Conforms to narrower ankles and feet when worn twisted slightly around leg.

Yarn and Needles

DK or worsted weight yarn (11 to 12 wraps per inch) as follows:

red or other choice of main color — 250 yards (3½ - 4 oz)

cream or other choice of contrast color — 150 yards (2 - 2½ oz)

Note: Please adjust stated yardage accordingly if you are making adjustments to planned size and gauge.

Skill Level: Advanced beginner with some familiarity with knitting circularly on double point needles and handling 2 colors.

Size 4 us (3.5 mm) double pointed knitting needles, or size needed to obtain planned gauge, set of 4 or 5.

Blunt sewing needle.

Gauge: 20 stitches and 23 rows per 3 inches in the 2-color pattern measured unstretched. (see chart on page 3)

Blunt sewing needle.

Pattern Instructions

Reference next page for abbreviations.

Using red or other chosen main color, cast on loosely 48 sts for cuff. Evenly divide sts onto 3 or 4 dp nlds.

Note: If using a set of 4 dp nlds, you will have 16 sts on each of 3 nlds. If using 5 dp nlds, 12 sts on each of 4 nlds.

being careful that sts are not twisted around nlds, join into a rnd. This join marks the eve.

Ribbing rnd: k2, p2 | 12 times.

Re-check that your cast on edge is not twisted around the nlds, if so correct now at eve join.

Repeat ribbing rnd until cuff is 4 inches long.

On next rnd, increase as follows:

k1, m1, k1, p2 | 12 times, (60 sts)

Proceed with either Right-twist or Left-twist Peppermint Stick instructions on next page.

For second sock, repeat these instructions, making either the same or reverse twist.

Enjoy! Jackie

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HeartStrings Pattern: A74 - 5327

LOOP-D-LOOP

A quick and simple to knit scarf-like accessory, looped at one end and pointed on the other. Wear with end pulled through loop for a unique fashion statement. Feels so good in luscious chenille and loopy mohair! Or choose another combination of 2 or 3 strands of yarns that together will knit to a super-bulky gauge. Easy 5-row pattern of alternating stockinette and reverse stockinette stitch wets. Finish with an optional looped bead fringe at the pointed end.

Pattern includes instructions for two styles: a wider muffler in shorter length (pictured to the right), and a narrower tippet in longer length.

Sizing

Muffler: 8" by 36" for a cuddly warm scarf pulled up around the neck.
Tippet: 5" by 52" for a booster casually draped scarf on the shoulders.

Yarn, Beads and Needles

200 yards / approximately 2.5 oz (70g) of bright multi-colored chenille.
200 yards / approximately 1.75 oz (50g) of boucle loop or brushed mohair in black, white or a complementary color to the chenille.

Notes: Knitting is worked with chenille and mohair held together as one. The mohair helps to hold the chenille in place at this relatively large gauge. You may also substitute another combination of 2 or 3 strands of other yarns that together will knit at a super-bulky gauge.

Size 10½ us (7 mm) circular needle in 29" - 36" length, or size to give a gauge of about 2½ stitches per inch over stockinette. Gauge can be approximate; as size of scarf is not critical.

An extra needle in size 10½ us (7 mm) or 11 us (8 mm) for binding off.

For optional looped bead fringe

1½ size 8/0 glass seed beads.

Yarn in similar color to the mohair, and that is smooth and strong enough to carry the beads – approximately 5 yards.

Size 3 us (0.25 mm) needle, or any single spare needle close to this size will do. You'll only be using it to secure the beaded fringe onto the edge of the scarf.

Experience level: Basic beginner knitting skills; some knowledge of working with beads may be helpful, although the instructions are quite explicit even for those unfamiliar with handling beads.

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Simply pull pointed end through looped end — can be used with either muffler or tippet style.



Form another loop at the looped end by pulling part of scarf backwards through the looped end. Feed pointed end through new loop just made. Use with longer, narrower tippet style.

HeartStrings Pattern: A75 - 5331

BEAD RIBBED SOCKS



Designed especially for those multi-colored sock yarns you can't resist! The stitch pattern is a variation of an interrupted rib, with beads highlighting the pattern shift. Simple yet fascinating!

Sizing

4 sizes in small through extra-large adult. Instructions for smallest size are given first, with each next larger size in the [, ,] brackets. Finished foot circumference without stretching is 47/9,9,10½." As a guideline, these are planned for Child/Adult Small/Adult Medium, Adult Large, Adult Extra Large sizes.

Pictured model was knitted in Lorna's Lace Shepherd Sock 80% merino wool/20% nylon yarn in color #42 Cool, and Miyuki beads in color Metallic Blue Iris.

To choose the size most accurately, measure around widest point on foot of person who will be wearing the socks. Subtract 10% from this measurement. If this number is between 2 sizes, choose the smaller size for a snugger fit, and the next larger for a looser fit.

Flannel cuff/leg length is approximately 6½", and can be adjusted either longer or shorter according to the stitch pattern repeat. Foot length is adjustable to specific measurements of wearer. If you are making adjustments for longer leg length, or especially long feet, you may need more yarn than specified below.

Yarn, Beads and Needles

Fingering weight sock yarn (16 - 17 wraps per inch) that is smooth enough to allow the beads to slide along it, approximately 275 (30,425,300) yards

Size 1 US (2.5 mm) double point needles, or size needed to obtain planned gauge, set of 4 or 5 needles

Gauge: 8 stitches per inch over stockinette stitch

6/40 (800, 960, 1120) size 8/0 glass seed beads (approximately 25g [30g, 35g, 40g] or other size beads with holes large enough for yarn to pass through (allow some extra beads for loss due to possible defects)

Tapestry needle size 24 or similar with eye small enough for stringing the beads

Skill Level: Intermediate knitter

Abbreviations

<p>knit - knit</p> <p>kn2tog - knit 2 stitches together</p> <p>m1 - see make 1</p> <p>make 1 - increase 1 stitch as follows: insert left tip of needle away from you under the uppermost horizontal strand that lies between the 2 needles, knit into back loop of this raised strand</p> <p>nd - needle (needles)</p> <p>ps - purl</p> <p>ps2tog - purl 2 stitches together</p> <p>rep - repeating</p> <p>rep from * - repeat all instructions from the (*) symbol forward</p> <p>rnd(s) - round(s)</p>	<p>RS - right side (the side of the knitted fabric; even to the opposite)</p> <p>sl - slip</p> <p>sl 1 wyfb - slip 1 stitch as if no purl while keeping yarn to back of work</p> <p>sl 1 wyf - slip 1 stitch as if no purl while keeping yarn to front of work</p> <p>slip bead(s) - slip bead(s) into place next to needle before making next stitch, then pull 1 white tacking cord that bead to not pulled through loop while making next stitch and return to front of fabric.</p> <p>SSK - slip 1 stitch as if to knit, and then slip another stitch as if to knit; insert left needle tip into the 2 slipped stitches from left to right and knit them 2 stitches together</p> <p>stitch - stitch(es)</p> <p>tog - together</p> <p>WS - wrong side (the side of the knitted fabric; even to the inside)</p> <p>wyfb - with yarn to back of work</p> <p>wyf - with yarn to front of work</p>
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HeartStrings Pattern: A76 - 5331

Möbius ZigZag

A dramatic shaped edge and reversible diagonal lace stitch make the single-sided Möbius wonder even more wonderful. This scarf is a continuous one-sided surface that is formed from a rectangular piece of knitting! In effect, there is no inside or outside to this scarf. It is simply a loop with a half twist that will rest comfortably folded about your head or neck. The knitting goes quickly and makes a great gift, too!

Size

36" loop, 10" wide (outer measurement to points). Size is easily adjusted for narrower or wider widths in multiples of 5 stitch repeats, and other loop lengths. If making wider or longer, just allow for additional amount of yarn to that in the yardage specifications below.

Yarn and Needles

For knitting the scarf —

200 yards sport or DK weight yarn (approximately 13 - 15 wraps per inch).

Pair of single-pointed knitting needles: size 8 us (5 mm) suggested.

Gauge: 5 sts per inch over lace pattern, although gauge can be approximate since size is not critical.

Note: Pattern is easily adapted to other sizes and other yarn weights using suitable needle size and considering any changes in yarn amount needed.

For beginning the scarf —

2 - 3 yards of smooth, firmly twisted yarn in contrast color for the provisional cast on. This yarn is only temporary, and is used to begin the cast on in such a way that the loops are left without a bound edge to be picked up later for joining the rectangle into a loop. This can be any extra thread or yarn you have on hand of about the same thickness as the yarn you are using for your scarf.

Crochet hook - can be any size that is approximately equivalent to the knitting needle size you will use (just compare the shank on the crochet hook to your knitting needle; if it is close, it can be used).

For joining the ends of the scarf —

If joining with sewn grafting method for invisible seam: Tapesty needle or other blunt-tipped needle.

If joining with 3-needle bind off method: A third single-pointed needle in same size used to knit your scarf.

Note: The 3-needle bind off method produces a slightly visible seam line. However, it is an easier method than the sewn grafting method. It is also recommended for heavily textured yarns such as boucle.

Skill Level: Easy knitting. Take your choice of two alternatives for joining - a simple 3-needle bind off method, or a slightly more difficult sewn grafting method. In either case, detailed step-by-step instructions are included.



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HeartStrings Pattern: A77 - 5331

Chocolate Covered Cherries

A matching set of ankle socks and half mitts (i.e. wrist warmers or fingerless gloves - leaves your fingers free for eating the real thing without getting gooey fingers' right?). These are a honeycomb eyelet pattern of turn-down cuffs in "chocolate"-colored yarn and "pink creamy filling" beads outlining the eyelets that overlay red "cherry" yarn underneath. On sock heels and along sides of sock foot and half-mitt, the wavy crossed stitch accents echo the honeycomb pattern and suggest a "drizzling of chocolate". A neat treat!

Sizing

5 sizes for children and adults. Instructions for smallest size are given first, with each next larger size in the [, ,] brackets. Finished foot circumference on sock is 47/8,9,10,11,12".

As a guideline, these are planned for Small Child/Child/Adult Small, Adult Medium, Adult Large, Adult Extra Large sock and mitt sizes. To choose the size most accurately, measure the person who will be wearing the socks and mitts. For socks, measure around widest point on foot, then subtract 10% from this measurement. For mitts, measure around hand at base of fingers including thumb. For each measurement, if the number is between two sizes, choose the smaller size for a snugger fit, and the next larger for a looser fit.

Flannel length of sock leg and mitt wrist ribbing is approximately 3" after cuff is folded over. Length can be made longer. Foot and hand length is adjustable to specific measurements of wearer. If you are making adjustments for longer leg length, or especially long feet, you may need more yarn than specified below.

Yarn, Beads and Needles

Fingering weight sock yarn (16 - 17 wraps per inch) that is smooth enough to allow the beads to slide along it

size 8/0 glass seed beads or other size beads with holes large enough for yarn to pass through

For socks

160(200,250,300,340) yards chocolate brown yarn or other main color

10(35,40,45,50) yards cherry red yarn or other contrast color

45(45,60,68,84,760) beads in pink or desired color (approximately 16(18,21,23,26)g)

For half mitts

100(130,160,190,220) yards chocolate brown yarn or other main color

10(35,40,45,50) yards cherry red yarn or other contrast color

45(45,60,68,84,760) beads in pink or desired color (approximately 16(18,21,23,26)g)

Size 0 us (2.0 mm) double point needles, or size needed to obtain planned gauge, set of 4 or 5 needles

Size 1 us (2.5 mm) double point needles, or one size larger than needle size for planned gauge, set of 4 or 5 needles

Gauge: 8 stitches per inch over stockinette stitch

Tapestry needle size 24 or similar with eye small enough for stringing the beads

Skill Level: Experienced knitter

Pictured model was knitted in Lorna's Lace Shepherd Sock 80% merino wool/20% nylon yarn in colors #35s Chocolate and #13s Bold Red, and Miyuki beads in color Rose-tinted Crystal AB.



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Jackie E-S Design Collections – Comfort Collection – The Sock Calendar Series

Soft Cables Möbius

A reversible eyelet cable-stitch pattern makes a soft contour about your head and neck. This Möbius scarf is a continuous one-sided surface that is formed from a rectangular piece of knitting! In effect, there is no inside or outside to this scarf. It is simply a loop with a half twist that will rest comfortably folded about your head or neck.

Any yarn can be used, and made to any size. Best of all, the knitting goes quickly and makes a great gift!

Sizing

Approximately 10.5" wide. Guidelines are given for two lengths of the rectangular strip before joined. Pattern is easily adjusted for narrower or wider widths in multiples of 14 stitch repeats, and also can be knit to any length desired and wear available yarn allows. If making wider or longer, just allow for additional amounts of yarn to those given in the yardage guidelines below.

The 12" length is good for a head wrap where the lower part fits more closely under the chin. The extra length of the 40" version allows the lower portion to be tucked under a coat — or just wear as a continuous loop scarf about your neck! Remember, when the rectangular strip is joined as a continuous loop, it will be about half the original length.

Yarn and Needles

Yarn type, needle size and yardage guidelines are given in the following table. Gauge can be approximate since size is not critical. In the pattern instructions, the first set of numbers is for a bulkier thickness yarn, followed by numbers in brackets [] for medium and finer thickness.

Type of yarn:	bulkier thickness - e.g. bulky, worsted weight	medium thickness - e.g. sport weight	finer thickness - e.g. fingering weight
Approximate gauge	4 - 4.5 sts/inch	5 - 6 sts/inch	6.5 - 7.5 sts/inch
Yards of single-pointed knitting needles, suggested US size	9 or 10	7 or 8	4, 5 or 6
32" length	215 yards	290 yards	315 yards
40" length	265 yards	350 yards	400 yards

Additionally, you will need:

2 - 3 yards of smooth, firmly twisted yarn in contrast color for the provisional cast on. This yarn is only temporary, and is used to begin the cast on in such a way that the loops are left without a bound edge to be picked up later for joining the rectangle into a loop. This can be any extra thread or yarn you have on hand of about the same thickness as the yarn you are using for your scarf.

Crochet hook - can be any size that is approximately equivalent to the knitting needle size you will use (just compare the shank on the crochet hook to your knitting needle; if it is close, it can be used).

If joining with seam grafting method for invisible seams: Tapestry needle or other blunt-tipped needle.

If joining with 3-needle bind off method: A third single-pointed needle in same size or a size larger than used to knit your scarf.

Note: The 3-needle bind off method produces a visible seam line. However, it is an easier method than the sewn grafting method. It is also recommended for heavily textured yarns such as boucle.

Skill Level: Easy knitting. Take your choice of two alternatives for joining — a simple 3-needle bind off method, or a slightly more difficult sewn grafting method. In either case, detailed step-by-step instructions are included.

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HeartStrings Supplement: A80P - 532Z
(use in conjunction with A80 Peppermint Sticks 2)

— Patriotic Socks —

This red-white-blue variation of the HeartStrings sock pattern #A80 "Peppermint Sticks 2" is worked in 3 colors instead of 2, and has optional embroidered 5-point stars on the heel flap. The cuff is worked side-to-side in a simple knit and cuff-welbed ribbing of red and white stripes. The jag and swirl of the striped cuff suggests the U.S. flag proudly waving in the breeze.



You may use these instructions in either of these ways:

- By themselves to get inspiration and broad guidance on color placement of the red, white and blue theme on socks, ideas for variations, and detailed instructions for the embroidered 5-point stars.

- In conjunction with the #A80 "Peppermint Sticks 2" for a complete sock pattern, available wherever HeartStrings patterns are sold.

I hope you enjoy this write-up of how I made my Patriotic Socks. God bless America, Jackie E-S

Overview —

The colors on the socks are planned as follows:

- Red and white striped cuff/leg
- Navy blue heel and toe
- White with red stripes on one foot; red with white stripe on the other foot of the pair.
- Embroidered white stars on heel flap

Yarn —

I used Herloom Breeze yarn just because that is what I had available in my studio for the colors and yarn weight needed. But any sport/DK weight yarn suitable for sock wear could be used.

Herloom Breeze, a cotton/merino/lycra yarn - 50g ball/105 yards. For the size I made (the 8" foot circumference size in the A80 pattern and 3" long heels), I used one ball each of Herloom Cotton Breeze in red and white, and a partial ball of navy blue. I just barely got by with a single ball each of red and white, so plan accordingly. For wider widths and longer feet, allow additional yarn.

The A80 pattern instructions are specified to work with 2 colors — A and B. For those who like detailed guidance, I've included instructions below of exactly how to incorporate the 3rd color C in the pattern instructions. Before beginning, I suggest you read through this write-up and note those sections on your pattern where modifications will be made.

Assign color A = red and color B = white.

Additional color: Color C = navy blue

Heel Flap section

Attach color C (navy blue) at the point you finished using color A. Note: On first sock, you can cut color A as you won't be using it again until the stripe just below the toe. On second sock, to avoid an extra set of ends to finish later, don't cut A as you will be using it for the main foot.

Follow original instructions using color C (navy blue) for heel instead of color A.

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HeartStrings Pattern: A80 - 532Z

PEPPERMINT STICKS 2



Socks in 2 colors have striped cuffs that continue in a spiral down the leg. The bias knit stripes on the leg allow the sock to be twisted slightly around the ankle for a really nice fit.

Rather than knitting in the round, the cuff/leg is knitted along its length on 2 needles for easy-knitting stripes (you only need to work with one color of yarn at a time), then joined at side seam. You can knit these socks in colors for holidays at any time of the year, in school colors, etc.

Sizing

5 sizes for children through adult extra large. Instructions for smallest size is given first, with each next larger size in the [] brackets. Finished foot circumference without stretching is 67,8,9,10". To choose the size most accurately, measure around widest point on foot of person who will be wearing the socks. Subtract 10% from this measurement. If this number is between 2 sizes, choose the smaller size for a snugger fit, and the next larger for a looser fit.

Planned length of sock cuff/leg is approximately 36,7,7.7". Foot length is adjustable to specific measurements of wearer. If you are making adjustments for especially long feet, you may need more yarn than specified below.

Yarn and Needles

Sport or DK weight yarn (approximately 13 - 14 wraps per inch) in two colors:

Color A - 100(135,170,200,230) yards (shown as red in picture)

Color B - 125(170,225,250,275) yards (shown as dark green in picture)

Size 2 US (3.0 mm) set of 4 or 5 double point needles, or size to give gauge

Pair of single point needles in same size as double point needles (note: you can just use two of your double point needles if they are long enough to hold all stitches of the striped cuff/leg portion that is knitted side-to-side)

Gauge: 6½ stitches per inch over stockinette stitch

2 - 3 yards of smooth, firmly twisted yarn in contrast to color A for the provisional cast on. This can be any extra thread or yarn you have on hand of about the same thickness as the yarn you are using for your socks. This yarn is only temporary, and is used to begin the cast on in such a way that the loops are left without a bound edge. The loops will be picked up later for joining the beginning and end of the side-to-side knitting for cuff/leg.

Crochet hook - can be any size that is approximately equivalent to the knitting needle size you will use (just compare the shank on the crochet hook to your knitting needle; if it is close, it can be used).

Tapestry needle or other blunt-tipped needle.

Skill Level: Intermediate

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HeartStrings Pattern A81 - 533Z

"Antique" Satin and Lace Ornament



Fine lace knitted with unbleached linen and pearl seed beads against white satin suggests the look of an antique ornament.

Use this pattern as written to decorate a commercial ornament ball, or just as a jumping-off point using your favorite lace edging.

Makes a nice gift and remembrance for the holidays.

Materials and Supplies

Approximately 12 yards of 35/2 unbleached linen thread (as pictured) or equivalent fine thread such as size 20 crochet thread, and in your choice of color.

36 size 10/0 white pearl seed beads (as pictured) or your choice of color.

If you are using loose seed beads, some beeswax or paraffin will help in stringing the beads.

Size 1 US (2.25 - 2.5 mm) knitting needles.

1 ornament ball, 7.5" circumference. A white satin ball (thread-wrapped styrofoam) was used in the model pictured. If you have trouble finding a satin ornament, you may need to substitute a more readily available glass ball.

Small tapestry needle for joining and finishing ends.

3 or 4 fine gauge sewing pins (if using a satin ball) or clear craft glue (if using a glass ball).

Gauge: Lace edging depth = 4.5" and 12 of the 6 row repeats = 7.5" after blocking and lightly stretched.

Adjustments and substitutions

To adjust for other sizes of ornament balls, keep in mind that more thread may be needed, and that the total number of beads you will need depends on the number of 6-row repeats it takes to encircle the ornament — 3 beads are needed per 6-row repeat.

If you wish to substitute for other thread sizes, adjust as necessary for compatible sized beads and the size needles you need to produce an open lace look. Your gauge may vary with the thread size substitution, so be careful to allow for an adequate amount of thread.

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Patterns #A61 - A189, page 4

June 2012 Catalog HeartStrings Knitting Patterns

From the classic to the uniquely appealing – Skill-building comprehensive instructions – Yarn-brand independent patterns for creative freedom

HeartStrings Pattern: AB2 - 5527

Peek-a-Boo Flowery Lace Anklets



The colors of your favorite flower garden peek through the eyelets of turned-down cuffs knitted in lacy flower motifs.

Sizing
Adult medium

Yarn and Needles

Fingering weight sock yarn (16 - 17 wraps per inch) in two colors:

Main yarn (M) in a multi-color that reminds you of your favorite flower garden - 300 yards.

Contrast yarn (C) in a light color to show the lace texture - 100 yards.

Note: Model pictured was made with Lorna's Laces Shepherd Sock 80% merino wool/20% nylon yarn as follows:

(M) color# 62 Childs Play

(C) color# 0ns Natural

Size 1 us (2.5 mm) double point needles, or size needed to obtain planned gauge, set of 4 or 5 needles

Size 2 us (3.0 mm) double point needles, or one size larger than those used to achieve gauge, set of 5 needles

Gauge: 8 stitches per inch in yarn M over stockinette stitch

Skill Level: Intermediate knitter



Detail of Turned-down Cuff

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HeartStrings Pattern: AB3 - 6101

A Bit O' Lace Sport Footies

These short top socks with cushioned soles and heels are nice for sports activities and warm weather. Start at the toe, and proceed to the ankle ribbing that sports a narrow lace edging. The final touch is a lacy knitted ribbon tied in a bow at the top back of ankle.



The pictured model was made with two Australian yarns from Heirloom:
(M) Breeze: 68.6% cotton/30% merino/0.4% lycra - color# 007 French Blue
(C) Cotton 8 ply: 100% cotton - color# 656 Light Periwinkle

Sizing

Adult medium

Yarn and Needles

Main color (M) yarn for the main portion of the sock: approximately 180 yards of sport or DK weight yarn (12 - 13 wraps per inch) in cotton or wool blend appropriate for socks as desired.

Coordinating color (C) yarn for lace edging and ribbon: 30 yards of sport or DK weight yarn in your choice of coordinating or contrast color. This can be the same type of yarn as the main sock, or a different yarn in the same weight or even a slightly lighter weight.

Size 3 mm (US 2 to 3) double point needles, set of 4 or 5 needles, or size to achieve gauge.

Gauge: 6½ stitches per inch over stockinette stitch in M yarn

Size F or G crochet hook

Short piece of smooth yarn or string to be used as waste yarn

Skill Level: Intermediate knitter

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HeartStrings Pattern: AB4 - 6186

Cable Ride

Cable Ride socks feature slipped stitch braided cable ribbing in multi-colored stripes alternating with solid contrasting color.

The picot cuff edging is a nice detail to complement the braided cable ribbing.

Colorful textured ribbing on the legs and smooth ribbing throughout the top of feet make these socks fun-to-knit and good-fitting, too!



Sizing

Adult medium

Yarn and Needles

fingering weight sock yarn (16 - 17 wraps per inch) in two colors:

Main yarn in a multi-color (M) - 200 yards

Contrasting solid color yarn (C) - 200 yards

Socks pictured were knitted in 80% superwash wool/20% nylon yarn as follows:

(M) Lorna's Laces Shepherd Sock in color # 66 Embers

(C) Heirloom Argyle in color # 484 Black

Size 1 us (2.5 mm) double point needles, or size needed to obtain planned gauge, set of 4 or 5 needles

Gauge: 8 stitches per inch in yarn C over stockinette stitch

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HeartStrings Pattern: AB5 - 5532

SUMMER LACE ANKLETS

Lace-edged split cuff socks are designed for cotton and cotton-blend yarns, thus making them nice for summertime and those who prefer cotton.

Sizing

Adult medium

Yarn and Needles

Main color (M) yarn for the main portion of the sock: approximately 210 yards of sport or DK weight yarn (12 - 13 wraps per inch) in cotton or cotton blend.

Coordinating color (C) yarn for lace edging: 50 yards of sport or DK weight yarn in your choice of coordinating or contrast color.

Size 3 mm (US 2 to 3) double point needles, set of 4 or 5 needles, or size to achieve gauge.

Gauge: 6½ stitches per inch over stockinette stitch in M.

Skill Level: Intermediate knitter



The pictured model was made with two Australian yarns from Heirloom:
(M) Breeze: 68.6% cotton/30% merino/0.4% lycra - color# 007 Dusty Rose
(C) Cotton 8 ply: 100% cotton - color# 654 Pink

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Jackie E-S Design Collections – Comfort Collection – The Sock Calendar Series

HeartStrings Pattern: A86 - 9349

Circle of Friendship Socks



Traveling stitch cables define interconnected circles, and remind us of the friendships that abound through our knitting.

Pattern includes stitch variations for yarn in either variegated or solid colors.

The sock pictured at left was made with a variegated yarn: Lorna's Laces Shepherd Sock in color Rainbow. This will give you a good idea of how the stitch pattern shows up in a multi-colored yarn.

You may also select a solid color yarn that further emphasizes the bold relief of the stitch pattern for an even more classic look.

Instructions are given for making the twisted stitch traveling cables either with or without a cable needle.

The method without a cable needle can be applied to making any cables in general without a cable needle.

Size Adult medium.

Yarn and Needles

Fingering weight sock yarn, approximately 300 yards in either a variegated or solid color.
Size 1 US (2.25 mm) double point needles, or size needed to obtain planned gauge, set of 5.
Cable needle - optional.

Gauge 8 stitches per inch over stockinette stitch.

Skill Level Intermediate to advanced knitter. This is a charted pattern. Instructions are given for making the twisted stitch traveling cables either with or without a cable needle.

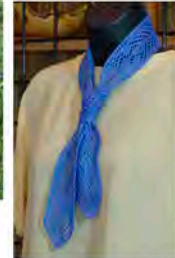
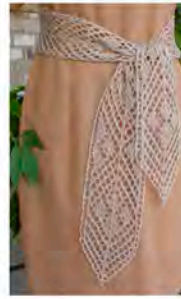
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HeartStrings Pattern: A87 - 9082

The Skinny on Lace

Create a statement in lace, and wear it with pizzazz.

Slimming chevrons and stylized fleur-de-lis arranged symmetrically in narrow lace bands are knitted from end-to-end in one piece — no grafting or seams to sew.



Three styles are included in this pattern — Sash, Necktie and Long Wrap Scarf — giving you options to knit with anything from lace weight to sport/DK yarn.

Style:	Sash	Necktie	Long Wrap Scarf
Finished size:	4" by 60"	2 1/2" by 40"	4 1/2" by 80"
Materials:	135 yards fingering weight yarn or equivalent such as size 5 crochet thread	110 yards lace weight yarn or equivalent such as size 10 crochet thread	250 yards sport or DK weight yarn
Suggested needles:	Size 6 US (4.0 mm)	Size 1 US (2.25 mm)	Size 7 US (4.5 mm)
Gauge over stitch pattern after washing and blocking:	5 sts per inch	10 sts per inch	4 1/2 sts per inch
Materials used in pictured model:	New World Textiles 100% natural hemp 6/2	Kiippan 162 wool-epun 100% line linen #529	Forty Veloutine 54% cotton /40% viscose #558

Length is easily adjusted by working more or fewer row repeats. Please plan for correspondingly more or less yarn if adjusting.

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HeartStrings Pattern: A88 - 8083

Lacie Blankie

Even adults deserve a favorite blanket in which to cuddle and shut out the cares of the world! I am a firm believer that not all lace needs to be in tiny yarn on tiny needles. This beautiful and practical lace blanket is a perfect example of "moose lace", i.e. lace knitted in a large gauge in heavier yarn. The lace makes this blanket lighter in weight for its size.



Yarn and Needles

2400 yds DK or light worsted weight yarn.
Knitting needles in size US 8 (5 mm) or size to obtain planned gauge.

You can begin the blanket on straight needles or a 24" circular needle, but eventually you will need either one very long circular needle or several to work around the outer border panels. I used one 60" length circular needle as the blanket got larger.

For provisional cast on: size H or I (5 mm or 5.5 mm) crochet hook and smooth firmly twisted waste yarn (or whatever you use for your favorite method of provisionally casting on)

Gauge

3 1/2 stitches per inch over Center lace pattern.

Finished Size

84" by 56".

About the Pictured Models

Shown above is the original Lacie Blankie blanket in my 2-ply handspun Cotswold wool made for the Save the Sheep awareness project sponsored by Spin-Off magazine in 1999.

To test this pattern in a commercially available yarn, I used the lovely hand-dyed Judith alpaca yarn from Schaefer Yarns in the colourway Georgia O'Keeffe. This model is pictured on the back cover and in other detail photos that support the stitch instructions in this pattern.

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HeartStrings Pattern: A89 - 5320

Lacy Riverine



An elegant coordinating set of reversible lace scarf, headband, and mitts or mufflers to keep neck, head, hands and arms warm on cool days. The undulating lacy design is reminiscent of a softly flowing river on quiet afternoons. With just two simple lace pattern rows that repeat, any of these items would be suitable for even a beginning lace knitter to make.



Headband and Scarf

Mitts

Mufflers

For Lacy Riverine scarf, headband and pair of mitts or mufflers as pictured, use 3 balls Windy Valley Mask Dn, Quat 2/14 color Arctic Moss (1 oz/250 yds per ball)

	Scarf	Headband	Mitts/Mufflers
Finished Measurements	One size: 10" width; 54" length. Scarf can be easily adjusted for width and length. If making larger, please allow additional yarn.	Women's Medium [Large]: 9 1/2" wide; 18 1/2" circumference.	Women's Medium [Large]: 8 1/2" length; 8 1/2" circumference at widest part (to be worn about the fist as mitts/fingerless gloves, or in the reversed direction as mufflers to cover the forearm).
Yarn — fingering or lace weight of your choice	500 yds	75 (80) yds	3 (3) (1) (5) yds
Needles — recommended size is stated; use whatever you need to obtain planned gauge	1/5 (3.75 mm) in your choice of any style needles for knitting back and forth across width of scarf.	1/5 (4 mm) in 16" circular or double point needles of your choice for knitting in the round.	1/5 (4.5 mm) in double point or circular needles of your choice for knitting in the round.
Gauge (after light blocking)	6 sts/inch over Riverine-20 pattern stitch	6 sts/inch over Riverine-8 pattern stitch	6 sts/inch over Riverine-8 pattern stitch

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Patterns #A61 - A189, page 6

June 2012 Catalog HeartStrings Knitting Patterns

From the classic to the uniquely appealing – Skill-building comprehensive instructions – Yarn-brand independent patterns for creative freedom

Pattern: A61 - 5332

Mini Lace and Beaded Flag

A miniature representation of the U.S. flag knitted in lacy stripes and beaded stars, to symbolize the flag proudly waving in the breeze.



In memory of those who mourn the loss of loved ones in the tragic events of September 11, 2001, I applaud those who have given, and continue to give so much in responding to relief efforts and to defending our country's values and peoples – my prayers are with you.

God bless America!
Jackie E-S

Finished size: approximately 3" by 5".

Yarn, Beads and Needles

Size 8 pearl cotton thread or equivalent. Your yarn choice needs to be thin, yet strong enough, to carry the beads. 3 colors as follows: red - 14 yards, white or natural - 10 yards, blue - 6 yards

50 glass bead beads size 10/0 or 11/0 in white or pearl, either loose or pre-strung

Size 4/0 US (1.25 mm) needles.

Gauge - approximately 14 1/2 stitches per inch over pattern.

Beading needle (if beads are loose)

Note: If you would like a larger (or even smaller) flag, just choose thicker or thinner yarn, and correspondingly sized needles and beads. Plan accordingly for more or less yardage being needed.

Skill Level. Intermediate knitter and comfortable in reading charted instructions

Abbreviations and Special Techniques

BO - bind off a stitch by slipping previous stitch made over the most recent stitch made and off the needle

ch 1 - chain 1 is knitting by slipping a stitch from RH mt to LH mt, and knit into the stitch again.

k - knit

k2tog - knit 2 stitches together

LH - left hand

mt(s) - mount(s)

no stitch - used to represent a graph grid on the knitting chart to be ignored, this is used just to make the visual layout more readable.

p - purl

rip - repeating

rip from * - repeat all instructions from the previous asterisk.

RH - right hand

RS - right side

p - purl

sl - slip

sl - slip a stitch as if to purl unless otherwise directed

sl bead-1 - slip bead next to right hand needle and then k 1

sl bead-p1 - slip bead next to right hand needle and then p 1

SK - slip 1 stitch as if to knit, and then slip another stitch as if to knit; insert left needle tip into the 2 slipped stitches from left to right and knit these 2 stitches together. If you prefer, you may substitute slip 1-knit 1-purl 1-slipped stitch over.

st(s) - stitch(es)

WS - wrong side

yo - yarn over

Caution: Instructions are written assuming you are knitting stitches off your left hand needle onto your right hand needle. If you are working instead from right needle to left needle, please adjust instructions to agree with your direction of work.

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HeartStrings Pattern: A92 - 6038

LACE-EDGED HANKY

An heirloom in the making. Knit a flowing lace edging and attach to a hemstitched handkerchief.



Includes a lesson in how to seamlessly join in the lace edging pattern stitch.

Materials:

10" square hem-stitched handkerchief

Lace thread: crochet thread size 30, or similar weight

Waste thread: a few yards of contrast color in a similar weight to the lace thread

Size 2/0 knitting needles (1.75 mm)

Crochet hook size 6 (1.75 mm)

Tapestry needle size 24

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HeartStrings Pattern A63 - 5201

Bells On My Toes

Beaded Garland
Mini Holiday Sock



A festive holiday miniature sock for you. Simple beading techniques make this quick to knit, and the results look impressive.

Use for holiday tree trimming, as a sachet filled with herbal mixtures or potpourri, as a gift box decoration, etc. I bet you won't be able to make just one!

Also, enjoy other HeartStrings sock patterns available at your yarn shop or as seen at the HeartStrings FiberArts web site — www.heartstringsfiberarts.com

Yarn, Needles, and Beads

These amounts are for a single sock:

- Fingering weight yarn in white or natural color - approximately 20 yards
- 8/0 seed beads - 24 gold, 72 green, 150 red (or your choice of colors)
- Optional - additional beads for making a loop to hang the sock
- Small jangle bell
- Size US 2 (2.75mm - 3mm) double point needles, set of 4
- Collapsing eye needle or sewing needle with eye small enough for stringing the beads e.g. size 24 tapestry needle

Gauge: Approximately 6 1/2 sts per inch (since this is decorative, gauge is not critical)

Size: Approximately 4 inches long overall

HeartStrings Pattern: A94 - 6051

Beaded Lace Cable Mini-Study

So delicate and exquisite – the beauty of lace combined with tiny beads! Here are four variations of a helix cable design for you to explore and compare the effect of different beaded lace techniques.

Pattern includes finishing instructions for your choice of bookmarks and bracelets.



Models pictured above were knitted in DMC perle cotton size 8 and Miyuki seed beads. Right to left –

Variation 1: DMC #2041, Miyuki #11-1061L

Variation 2: DMC #504, Miyuki #11-1074

Variation 3: DMC #857, Miyuki #11-254D

Variation 4: DMC #415, Miyuki #11-24 (also shown to the right finished as a bracelet)

Yarn, Beads, Needles and Notions

A fine smooth thread such as size 8 perle cotton, size 10/0 crochet thread, or equivalent; approx 35 yards for each bookmark or bracelet.

Size 11/0 seed beads, approx 2g for each bookmark or bracelet.

Pair of straight needles in size US 4/0 (1.25 mm) or US 3/0 (1.5 mm).

Bead stringing needle - Your choice of any small-eyed or collapsing eye needle that can pass through the hole in your beads. Examples are a regular sewing needle or a nylon dental floss threader.

Optional bracelet clasp - Your choice of toggle and ring closure, hooks and eyes, or similar.

Finished Sizes

1 1/2" x 6 1/2" on size 4/0 needles.

2" x 7 1/2" on size 3/0 needles.

Length can easily be adjusted by working more or fewer row repeats. Please consider additional yarn and beads if making larger.

Variation 3 finished as a bracelet
DMC #503, Miyuki #11-339

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HeartStrings Pattern: A95 - 5332

Peaks and Valleys Scarf

Narrow panels of lace play counterpoint against the zig-zagging path of variegated color along this scarf.

Easy to knit on just a few stitches, and enjoyable to wear in a variety of ways.

Yarn and Needles

Approximately 300 yards of fingering or light sportweight yarn - approximately 2½ - 3½ oz for blocked measurements of 5½ by 68". Length and/or width are easily adjusted for your preferences, or to the amount of yarn you have.

Size 4 us (3.5 mm) needles or size to produce a fabric with a feel that is pleasing to you.

Gauge: 6½ sts per inch over pattern after blocking. Gauge is not terribly important, as scarves do not have to be sized exactly to be enjoyed.

Pictured model was knitted in Heritage Yarns Cotton/Rayon, colorway Spring at Rocky Springs.



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HeartStrings Pattern: A96 - 6341

Felted Beret

These berets knit up quickly for distinctive gifts.

No need to have flawlessly spun yarn, so this can be a good project to use with your "beginner" hands.

Great for using up small amounts and samples, as the mixing of colors just leads to exciting, unique combinations.

Easy machine felting instructions included.

Sizing

Small [Medium, Large] The target beret diameter after felting for each size is -
Small - 10" diameter, up to hat size 7
Medium - 11" diameter, hat sizes 7 to 8
Large - 12" diameter, hat size 8 or larger

Samples shown were made in handspun 2-ply worsted weight wool yarn.



Materials and Tools

Approximately 4½ (5, 5½) ounces of wool or wool blend (not superwash) spun into a 2-ply worsted weight knitting yarn at 10 - 12 wraps per inch. Loosely spun is better than a tight twist.

Yarn is used doubled throughout. Use a single color or your choice of several colors from dark to light to make a beret that is uniquely your creation. See sample models in photo for ideas.

Size 11 US (8.00 mm) 16 - 24" circular needle and double point needles.

Gauge: about 3 stitches per inch with yarn doubled over stockinette stitch.

About 1 yard of smooth, strong waste string such as dental floss or crochet thread.

For Headband finishing:

A length of coordinating grosgrain ribbon or narrow inkle-woven band to fit circumference of head plus 1" for seam allowance
Coordinating sewing thread
Sewing needle

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HeartStrings Pattern: A98 - 1284

Lace Cross

This ornate cross is knitted as a wide lace strip and then shaped using an interesting seamless construction. Instructions are provided for making with or without beads. The Lace Cross can be used as a bookmark, communion gift, mounted and framed, or a thoughtful Christian token of friendship.



Finished Size 10" by 6½"

Yarn 26 yards fingering weight (30 yards for beaded version)

Gauge 5½ stitches per inch over garter stitch block (gauge is not critical although it could affect size and amount of yarn used)

Knitting Needles Size US 2 (2.75 mm) suggested; even though this is knitted flat, you will probably want to use at least a 24" circular needle because of the large number of stitches in the wide strip

For Beaded Version (optional)

100 size 8/0 (3 mm diameter) beads, approximately 4 g

Needle for stringing beads

Skill Level Intermediate or adventurous advanced beginner lace knitter

Skills Needed Knit, purl, yarn over; for beaded version: long tail cast on, stringing beads

Stitch Instructions Written

Construction Knitted flat and formed into a cross as stitches are bound off

Special Techniques

Beaded cast on
Center double decrease bind off

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HeartStrings Pattern: A99 - 7025

Beaded Lace Wristlets



Left to right: Wrist Warmers, Hand Warmers, Mitts

Here are three styles of beaded hand coverings designed for under-the-cuff wear to give the look of layering. Pretty enough to even wear by themselves!

All three styles have a special elegance with their contoured beaded edging and bead-embellished lace.

The Wrist Warmers feature a slightly frilly look that looks fabulous peeking out from the underneath the cuffs of a blouse or sweater. The beaded pattern leans left on one wrist warmer and right on the other, giving a balanced look to the duo.

The Hand Warmers are styled to cover the back of the hand. This version features a symmetrically mirrored arrangement of the bead-embellished lace on each warmer. The shaping is done in pattern to conform to the hand.

The Mitts are similar to the Hand Warmers except made longer to cover more of the hand, and incorporate a wider gusset to span the thumb hole. What a flattering alternative to wearing mittens or gloves.



Pictured models knitted in Brown Sheep Nature Spun fingering weight yarn and Miyuki beads.

Yarn color and bead color numbers —

Wrist Warmers: 720 Ash, 725 Dark Bronze

Hand Warmers: 107 Silver Sage, 436 Gunmetal Iris

Mitts: N81 Cranberry Fog, 460 Metallic Plum

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Patterns #A61 - A189, page 8

June 2012 Catalog HeartStrings Knitting Patterns

From the classic to the uniquely appealing – Skill-building comprehensive instructions – Yarn-brand independent patterns for creative freedom

HeartStrings Pattern: A107 - 1152

Reversible Eyelet Cables Stole



This classically stylish stole in hand dyed yarn features mock cables with a border of herringbone lace.

A special technique is used in this pattern to alternate two balls of hand dyed yarn every row in a way that avoids both yarn strands being carried up the same edge.

Size 18" by 64" blocked
Yarn Fingering weight; 2 skeins at approximately 400 yards each (total 800 yards)

Gauge 19 stitches = 4" over blocked lace stitch patterns

Knitting Needles Size US 7 (4.5 mm) suggested for gauge; although the stole is knitted flat, a circular needle is required so that a row can be worked beginning from either end of the needle

Other Notions
Tapestry needle for finishing ends

Blocking board; rust-proof blocking wires/pins

Skill Level Intermediate with an open mind to working rows of knitting in an uncommon sequence

Stitch Instructions Charted and written

Construction Worked flat in rows from end to end in one piece; no sewing or grafting

Shown in Mountain Colors Bearfoot
60% Supima® Wool 25% Mohair 15% Nylon
color Harmony Garnet

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HeartStrings Pattern: A127 - 0135

Buffalo Guys and Gals Dickey

Here is a quick and easy-to-knit dickey suitable for both guys and gals. Using far less yardage than an entire sweater, you can still get the look of a sweater in a luxury fiber by wearing this dickey under an open-collared shirt, V or crew neck shirt.

The dickey is knitted starting with a mock turtleneck collar in twisted rib stitch, then proceeds seamlessly to the raglan-style yoke.

Short row shaping is used to raise the back neckline higher than the front, assuring a comfortable fit that doesn't feel like it is choking you. This is just another example of the attention to detail you've come to expect in HeartStrings patterns.



Shown in Earth Life by Buffalo Gold Premium Fibers, 90% bison down/10% nylon, color Maroon

The yoke is worked circularly while increasing for the raglan shaping. The edges at shoulders and across the back flap are finished in seed stitch. Then the front flap is worked flat while continuing the seed stitch edging. This longer flap in front makes the dickey suitable for wearing under open-collared or V-necked shirts and blouses.

Sizes To fit teens, men and women —

S/M: up to 16½" neck [L/XL: 16½"-7"]
shoulder-to-shoulder width: 13½ [19]"
front flap at widest point: 13 [15½]"
front flap length: 6 [7½]"
back flap length: 3½ [4]"

Yarn 185 (225) yards

Gauge 5½ stitches per inch over stockinette stitch

Suggested Needles Size US 6 / 4 mm circular in 16" and optional 24" lengths

Notions 4 markers

Skill Level Advanced beginner

Stitch Instructions Written

Special Techniques Used and Described

Twisted stitch ribbing

Short row neckline shaping

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HeartStrings Pattern: A133 - 6023

Beaded Basketweave

This beaded scarf and matching split-cuff anklets will make eyes turn your way.

The interplay of the knit-purl basketweave texture and beaded knitting makes this a fun-knit project. The stitch pattern used for the center portion of the scarf is a slip-stitch pseudo ribbing that gives an extra-soft cushion of comfort around your neck.

Beaded Basketweave Anklets

Sizes adult S [M, L] with thumbed measurements of 8 [8½, 9½]" sock foot circumference, 8½ [9½, 10½]" foot length, 3½ [3¾, 4¾]" leg height

DK weight yarn —

70 [80, 90] yards color A (for cuffs of anklets)

185 [215, 255] yards color B (for remainder of anklets)

Size 2.5 US / 3.0 mm knitting needles or size needed to give gauge of 6½ stitches per inch over stockinette stitch, your choice of double point needles or circulars

Size 6 [7, 8] US / 4[4.5, 5] mm knitting needles or 1[1.5, 2] mm larger than those used to obtain gauge, your choice of needles for knitting back and forth

240 size 6/0 seed beads (approx. 20 g)

Size 24 tapestry needle, nylon dental floss threader or other collapsing eye needle for stringing beads onto your yarn



Beaded split-cuff anklets and scarf ensemble



Beaded Basketweave Scarf

Finished size 45" long, 7" wide at beaded ends and 5½" wide in unbeaded portion worn around neck

400 yards DK weight yarn in same for anklet cuffs

Size 7 US / 4.5 mm straight knitting needles or size to give gauge of 8 stitches per inch over Slip-Stitch Pseudo Ribbing pattern stitch, your choice of needles for knitting back and forth

624 size 6/0 seed beads (approx. 52 g)

Bead stringing needle as described for anklets

Pictured models were knitted in Heartloom Easycare R #711 (for scarf and cuffs of anklets) and #779 (for remainder of anklets); Miyuki beads #6-1427 Silver-lined Violet

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HeartStrings Pattern: A134 - 7005

Buffalo Beaded Socks

Buffalo down is a soft yet sturdy fiber worthy of pampering our feet. Add some beads and a pretty lace pattern, and you'll have a luscious pair of Buffalo Beaded Socks to treasure for traveling across the plains or anywhere.



Pictured models knitted in Buffalo Gold yarn from 2H, Buffalo Ranch and Miyuki beads #503 Dark Beige Ceylon

Sizing

Adult medium. Stated yardage is for planned measurements of 5½" leg length above heel flap, 7½" sock foot circumference unstretched, and 9½" foot length.

Yarn, Beads and Needles

310 yards fingering weight yarn in 100% buffalo down or a buffalo down blend with merino, nylon or similar. Of course, these socks can be made with yarn other than buffalo as used in this model. But if you want to try something new, here's your chance!

Size 2 US (3 mm) knitting needles or size needed to obtain a gauge of 7 stitches per inch over stockinette stitch; your choice of double point or circular needles for knitting in the round.

200 size 6/0 (4 mm diameter) glass seed beads (allow approximately 15 g)

Bead stringing needle; your choice of any small-eyed needle or collapsing eye needle that can pass through the hole in your beads.

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HeartStrings Pattern: A135 - 6028

Filigree Lace Ensembles



The lacy look in layering without the added bulk and warmth of wearing full garments.

Neck Warmer, coordinating Wrist Warmers and Hat are knitted in a simple lace motif that looks more complicated than it really is.

The pattern stitch has a pretty reverse side, too, so that the items can be worn inside out or with edges folded over to give a variety of looks.

For more styles of hand coverings that can be coordinated with the Filigree Lace Hat and Neck Warmer, see HeartStrings pattern #A35 "Fine Filigree Fingerlings".

Finished Measurements, Yarn and Needles

Sized for adult small-medium, with changes for large in brackets. Note: Measurements are taken after washing and blocking the finished item, and with the item unstretched. Length is measured from the outer edge of the scalloped border.

Neck Warmer / Collarette
101(79) neck circ; 5" length
Sport weight yarn: 110(125) yards
Size 6 US (4 mm) knitting needles or size to give gauge of 6¼ stitches per inch over Lace Filigree Pattern Stitch, 16" circular
21" to 24" circular needle one size larger than used to obtain gauge

Filigree Lace Hat
19(20)½ brim circ; 8(8)½ depth from brim edge to top of crown
Sport weight yarn: 173(210) yards
Size 6 US (4 mm) knitting needles or size to give gauge of 7 stitches per inch over Lace Filigree Pattern Stitch, 16" circular and set of double point needles

Wrist Warmers
6½(7)½ circ at scalloped edge; 6(7) circ around wrist
Sport weight yarn: 85(100) for shorter 3¼" length version (shown in pink); 100(120) yards for longer 5¼" length version (shown in natural)
Size 2 US (2.75 mm) knitting needles or size to give gauge of 9¼ stitches per inch over Lace Filigree Pattern Stitch; your choice of double-point or circular needles



Neck warmer as worn inside-out with collar turned down for collarette style



2 styles of coordinating wrist warmers

Pictured models knitted in Brown Sheep Nature Spun sport weight #N98 Pink Flew and #730 Natural.

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HeartStrings Pattern: A167 - 0145

ERRANT LACE HAND COVERINGS

These delightful fingerless gloves keep hands and wrists warm. The tapered fit, DK weight yarn and an easy-to-read zig zag lace stitch pattern make these simple and quick to knit.



For symmetry, instructions are provided for making the left and right a mirror of each other.

Finished Size

Adult [Medium, Large]; circumference around widest part of hand — [10, 11¼]; circumference around wrist — [7½, 8¾]; length — [7½, 8]"

Yarn

90 (105) yards DK weight yarn; pictured sample used Heirloom Easycare 8 superwash merino

Knitting Needles

Your choice of double point or circular needles as preferred for knitting in the round — for size Medium: US 4 (3.5 mm) for size Large: US 6 (4 mm)

Gauge

The pattern stitch is stretchy. Exact gauge is not critical, but you will want to be close — for size Medium: 22 sts / 36 rows = 4" for size Large: 20 sts / 34 rows = 4"

Notions

For optional thumb opening: Large-eyed blunt tapestry sewing needle

Skill Level

Advanced beginner; both charted and written stitch instructions are provided

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HeartStrings Pattern: A146 - 2101

FLAMES OF FALL



Delight yourself with the color and texture of Flames and Fall. Beads and lace flames endow a soft glow of warmth in this pleasingly reversible stole.

The sparkle of beads highlight boldly patterned sculptured flame motifs surrounded by a textured border reminiscent of embers.

The stole is knitted in two pieces, then joined at the middle by an easy method that does not require grafting. The resulting seam is nearly invisible to all but the most discerning eye.

Shown in Crystal Palace Sausalito, color # 8451 Harvest. Miyuki beads color #273 Light Yellow Lined Crystal AB 430

Finished Size
16" by 80" blocked outer measurements

Yarn

585 yards (535 m) fingering weight

Knitting Needles
Size US 6 (4 mm) suggested

Gauge
Approx 19 stitches = 4" over combination of border and main stitch patterns after blocking under tension

Glass Seed Beads
462 size 6/0 (4 mm diameter), approx 40 g

Other Notions
Tiny crochet hook small enough to fit through hole of beads
Tapestry needle for finishing ends
Blocking board; rust-proof blocking wires/pins

Construction
Knitted in two identical pieces that are connected in the middle with a no-graft, pull-over join



Skill Level

Intermediate

Stitch Instructions

Charted and written

Special Techniques

Place bead with crochet hook; pull-over join

Construction

Knitted in two identical pieces that are connected in the middle with a no-graft, pull-over join



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HeartStrings Pattern: A175-0127

Patriotic Bead Striped Socks

Knitted with red yarn, these simple yet fascinating socks alternate blue and white beads in a simple knit and purl pattern. The stripes of beads in the cuff suggest the U.S. flag proudly waving in the breeze.



Sizing

4 sizes in small through extra-large adult. Instructions for smallest size are given first, with each next larger size in the [,] brackets. Finished foot circumference without stretching is 6 [7½, 9, 10½]". As a guideline, these are planned for Child/Adult Small [Adult Medium, Adult Large, Adult Extra Large] sizes.

To choose the size most accurately, measure around widest point on foot of person who will be wearing the socks. Subtract 10% from this measurement. If this number is between 2 sizes, choose the smaller size for a snugger fit, and the next larger for a looser fit.

Planned cuff/leg length is approximately 6¼", and can be adjusted either longer or shorter according to the stitch pattern repeat. Foot length is adjustable to specific measurements of wearer. If you are making adjustments for longer leg length, or especially long feet, you may need more yarn than specified below.

Yarn, Beads and Needles

Approximately 275 [350, 425, 500] yards red fingering weight sock yarn

Size 1 US (2.25 mm) knitting needles, or size needed to obtain planned gauge; your choice of double point or circular needles

Gauge: 8 stitches per inch over stockinette stitch

320 [400, 480, 560] size 8/0 glass seed beads in EACH of 2 colors, i.e. blue and white, for a total of 640 [800, 960, 1120] beads (i.e. approximately 8 [10, 12, 14] g of each color for a total of approximately 16 [20, 24, 28] g)

Bead stringing needle

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I strive to make your pattern accurate and complete. If I have overlooked something, or if you have problems or suggestions, please let me know at: HeartStrings, 53 Parlange Dr. Destrehan, LA 70047, (985) 764-8094, Jackie@HeartStringsFiberArts.com



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June 2012 Catalog HeartStrings Knitting Patterns

From the classic to the uniquely appealing – Skill-building comprehensive instructions – Yarn-brand independent patterns for creative freedom

Times Two Sideways Reversible Scarf

HeartStrings Pattern: A178 - 1147



Shown in Jade Sapphire Angewing - 100% Handspun Cashmere, colorway K29 Silas

Imagine the softest of handspun cashmere caressing your neck. The understated elegance of horizontal bands of subtle texture make this scarf handsome on both men and women.

The "times two" reversible technique intermixes yarn that might have differing thicknesses or dye lots, guaranteeing you an overall uniform weight and color. The sequence of two rows is begun on alternating ends of the row in such a way that the yarn carried up the ends of the rows is distributed equally.

The scarf is knitted side to side in rows equivalent to the length of the scarf. Matching cast on and bind off instructions are included.



Size 7" by 85" lightly blocked

Yarn 2 skeins Jade Sapphire Angewing 100% Handspun Cashmere, 50g/approx 200 yards per skein OR your choice of 400 yards comparable light fingering weight

Knitting Needle 36" - 40" length circular needle, size US 5 (3.75 mm) suggested; although the scarf will be knitted flat, the circular will be used as a two-ended needle to efficiently slide work from one end to the other when changing from one ball to the other

Gauge 14 stitches and 35½ rows = 4" lightly blocked; the pattern stitch in a non-resilient fiber like cashmere has a lot of lateral give compared to its row gauge

Other Notions

- Size H (5mm) crochet hook (used for cast on)

- Tapestry needle for finishing ends

Skill Level Intermediate

Stitch Instructions Charted and written

Special Techniques

- Look-alike cast on and bound off edges
- Alternating balls of yarn every two rows from alternating ends of the row
- Repeating each pattern row two times to produce a reversible fabric

Construction Worked flat in rows from side to side in one piece; no sewing or grafting

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Loganberry

HeartStrings Pattern: A185 - 2100



This crescent-shaped shawl begins with a strip of lace edging worked on only 19 to 23 sts with an 8-row repeat.

The cabled lace stitch pattern of the edging suggests the slightly oblong shape and seeds of the loganberry.

The short-rowed body of the shawl is an easy, very lacy one-row stitch pattern that knits up in a jiffy.

Finished Size

82" as measured along bottom edge; 65" top edge; 14" center back length; guidance for adjusting the size is included in the project instructions; if adjusting size, plan accordingly for more or less yarn

Yarn 325 yards (300 m) fingering weight; shown knitted with Mountain Colors Louisa cashmere/silk yarn in their 20th Anniversary Retro Color Loganberry

Gauge Approximately 6 stitches and 4½ rows = 1" (2.5 cm) over blocked cabled lace edging pattern using smaller size needle

Knitting Needles

Size US 7 (4.5 mm) or size needed for gauge; these can be short straight needles or any other suitable needles you prefer for knitting the narrow rows of lace edging

Size US 8 (5 mm) circular in 32" - 40" (80 - 100 cm) length for knitting the main body (note: a circular needle is used to comfortably hold the number of stitches needed; this garment is not knit in the round)

Other Notions 2 stitch markers; tapestry needle for weaving in cast on and bind off yarn tails

Skill Level Intermediate

Stitch Instructions Charted and written

Special Techniques Crossed stitch to left

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Qiviut Neck Muff

HeartStrings Pattern: A189 - 9275

Lusciously soft and warm, this lace neck muff is designed so that it can be worn in either a cowl or yoke style.



Only two simple lace pattern rows are used to produce the zig zag ribbed lace stitch with pleasing reversibility and softly scalloped edges.

Since this project takes only a relatively small amount of yarn, it is ideal for indulging in a luxury fiber such as qiviut.



Shown in Windy Valley Musk Ox 2/14 Laceweight, 100% Qiviut, color Arctic Moss

Size

9" overall length.

Circumference of the narrower Collar Section — 18".

Circumference along edge of the wider Cowl/Yoke Section — 30".

Note: Circumference can be adjusted in multiples of the 8-stitch lace pattern.

Yarn and Needles

150 yards of lace weight or light fingering weight yarn.

US 5 (3.75 mm) circular needle or size you need to obtain gauge, 16" length.

US 7 (4.5 mm) circular needle or 2 sizes larger than needle used to obtain gauge, 16" length.

US 10 (6 mm) circular needle or 5 sizes larger than needle used to obtain gauge, 16" to 24" length.

Gauge 25 stitches per 4 inches over lace pattern stitch (unstretched) on smallest size needle.

Skill Level Advanced beginner.

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"I am very much looking forward to seeing more HeartStrings patterns from you. Your patterns are so well written, and creative and fun."

— Lynette K.

